

ISD 518

Dec 31, 2018 thru Feb 1, 2019

Base Menu Spreadsheet

Prairie Elementary Breakfast

Weighted Values - Detailed

Generated on: 12/31/2018 7:30:25 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 12/31/2018 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| NO SCHOOL | 1 | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|-------|---|-----|---|---|------|------|--------|-----|-------|------|------|------|--------|--------|------|
| Tue - 01/01/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| NO SCHOOL | 1 | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Wed - 01/02/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Burrito | Burrito | 1 | 130 | 105 | 430 | 2.00 | 1.08 | 40.0 | 200 | 1.2 | 1 | 6.0 | 17.0 | 5.0 | 1.50 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Banana | 1/2 cup | 1 | 72 | *N/A* | 1 | 2.00 | 0.18 | *N/A* | 50 | 7.2 | *N/A* | 1.0 | 19.0 | *N/A* | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 436 | *111 | 702 | *6.00 | 2.08 | *550.0 | 1200 | 44.40 | *19 | 19.00 | 79.41 | *6.68 | *1.90 | *0.00 |
| % of Calories | | | | | | | | | | | *17.2% | 17.4% | 72.8% | *13.8% | *3.9% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-----|-----|-------|------|-------|-----|------|-------|------|-------|------|------|------|
| Thu - 01/03/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Omelet | Omelet | 1 | 110 | 195 | 210 | 0.00 | 0.72 | 80.0 | 400 | 0.0 | 0 | 8.0 | 1.0 | 8.0 | 3.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Grapes | 1/2 CUP | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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ISD 518

Dec 31, 2018 thru Feb 1, 2019

Base Menu Spreadsheet

Prairie Elementary Breakfast

Weighted Values - Detailed

Generated on: 12/31/2018 7:30:26 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 375 | 201 | 482 | *2.41 | 1.67 | 596.4 | 1396 | 37.84 | *25 | 20.29 | 52.30 | 9.84 | 3.46 | 0.00 |
| % of Calories | | | | | | | | | | | *26.9% | 21.6% | 55.8% | 23.6% | 8.3% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Fri - 01/04/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-------|-------|------|--------|------|--------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Banana Bread | Slice | 1 | 280 | 0 | 220 | 2.00 | 1.08 | 80.0 | 100 | 0.0 | 25 | 5.0 | 44.0 | 10.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Kiwi | 1/2 cup | 1 | 69 | *N/A* | *N/A* | 3.20 | 0.35 | 38.4 | 96 | *N/A* | *N/A* | 1.28 | 16.66 | 0.64 | *N/A* | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 523 | *6 | *381 | *5.20 | 1.53 | 478.4 | 1146 | *36.00 | *41 | 15.28 | 93.07 | 11.32 | *2.40 | *0.00 |
| % of Calories | | | | | | | | | | | *31.2% | 11.7% | 71.1% | 19.5% | *4.1% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Mon - 01/07/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|---|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Cereal | 1 Cup | 1 | 110 | 0 | 180 | 2.00 | 4.50 | 100.0 | 500 | 6.0 | 10 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Applesauce | 1/2 cup | 1 | 51 | 0 | 2 | 1.00 | 0.00 | 0.0 | 0 | 0.0 | 11 | 0.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 395 | 6 | 453 | *5.00 | 5.32 | 610.0 | 1450 | 42.00 | *39 | 14.00 | 80.41 | 2.67 | 0.40 | 0.00 |
| % of Calories | | | | | | | | | | | *39.2% | 14.2% | 81.4% | 6.1% | 0.9% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Tue - 01/08/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Pizza | 3.2 oz | 1 | 210 | 15 | 480 | 2.00 | 1.80 | 100.0 | 200 | 0.0 | 9 | 9.0 | 26.0 | 7.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Banana | 1/2 cup | 1 | 72 | *N/A* | 1 | 2.00 | 0.18 | *N/A* | 50 | 7.2 | *N/A* | 1.0 | 19.0 | *N/A* | *N/A* | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 456 | *21 | 642 | *4.00 | 2.08 | *460.0 | 1200 | 43.20 | *25 | 19.00 | 77.41 | *7.67 | *2.41 | *0.00 |
| % of Calories | | | | | | | | | | | *21.7% | 16.7% | 67.9% | *15.1% | *4.7% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

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Prairie Elementary Breakfast

Weighted Values - Detailed

Generated on: 12/31/2018 7:30:26 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 01/09/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| French Toast Sticks | 3 Sticks | 1 | 255 | 0 | 255 | 3.00 | 5.40 | 150.0 | 1125 | 1.8 | 7 | 6.0 | 33.0 | 12.0 | 2.25 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Orange | 1/2 cup | 1 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 534 | 6 | 526 | *7.30 | 6.32 | 698.4 | 2291 | 88.87 | *34 | 18.90 | 87.69 | 13.79 | 2.67 | *0.00 |
| % of Calories | | | | | | | | | | | *25.6% | 14.1% | 65.6% | 23.2% | 4.5% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-------|-------|------|--------|------|--------|--------|-------|-------|--------|--------|-------|
| Thu - 01/10/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Pancake on Stick | 1 SERV. | 1 | 210 | 20 | 390 | 0.00 | 1.44 | 20.0 | 0 | 0.0 | 8 | 7.0 | 20.0 | 12.0 | 3.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Kiwi | 1/2 cup | 1 | 69 | *N/A* | *N/A* | 3.20 | 0.35 | 38.4 | 96 | *N/A* | *N/A* | 1.28 | 16.66 | 0.64 | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 513 | *26 | *661 | *5.20 | 2.61 | 568.4 | 1046 | *36.00 | *26 | 20.28 | 80.07 | 14.32 | *3.40 | *0.00 |
| % of Calories | | | | | | | | | | | *20.1% | 15.8% | 62.4% | 25.1% | *6.0% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|----|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|------|
| Fri - 01/11/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Cinnamon Roll | 2.5 oz. | 1 | 190 | 15 | 210 | 3.00 | 1.44 | 20.0 | 100 | 0.0 | 8 | 5.0 | 33.0 | 5.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Mixed Fruit | 1/2 Cup | 1 | 60 | 0 | 5 | 1.00 | 0.00 | 0.0 | 0 | 0.0 | 12 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 424 | 21 | 376 | *4.00 | 1.54 | 380.0 | 1050 | 36.00 | *36 | 14.00 | 80.41 | 5.67 | 2.40 | 0.00 |
| % of Calories | | | | | | | | | | | *33.7% | 13.2% | 75.8% | 12.0% | 5.1% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Prairie Elementary Breakfast

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Generated on: 12/31/2018 7:30:26 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 01/14/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Cereal | 1 Cup | 1 | 110 | 0 | 180 | 2.00 | 4.50 | 100.0 | 500 | 6.0 | 10 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Apple | 1/2 cup | 1 | 59 | *N/A* | 1 | 2.72 | 0.16 | 9.1 | 45 | 5.44 | *N/A* | *N/A* | 15.42 | *N/A* | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 403 | *6 | 452 | *6.72 | 5.48 | 619.1 | 1495 | 47.44 | *28 | *14.00 | 81.83 | *2.67 | *0.40 | *0.00 |
| % of Calories | | | | | | | | | | | *27.6% | *13.9% | 81.2% | *6.0% | *0.9% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|----|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Tue - 01/15/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Pizza | 3.2 oz | 1 | 210 | 15 | 480 | 2.00 | 1.80 | 100.0 | 200 | 0.0 | 9 | 9.0 | 26.0 | 7.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Orange | 1/2 cup | 1 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 429 | 21 | 641 | *4.30 | 2.00 | 498.4 | 1366 | 87.07 | *34 | 18.90 | 69.69 | 7.79 | 2.42 | *0.00 |
| % of Calories | | | | | | | | | | | *31.4% | 17.6% | 64.9% | 16.3% | 5.1% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-----|-------|-------|--------|-------|--------|--------|-------|--------|--------|--------|-------|
| Wed - 01/16/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Pancake | 102 Grams | 1 | 220 | 25 | 470 | 2.00 | *N/A* | 40.0 | *N/A* | *N/A* | *N/A* | 6.0 | 39.0 | 4.0 | 0.50 | *N/A* |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Banana | 1/2 cup | 1 | 72 | *N/A* | 1 | 2.00 | 0.18 | *N/A* | 50 | 7.2 | *N/A* | 1.0 | 19.0 | *N/A* | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 526 | *31 | 743 | *6.00 | *1.00 | *550.0 | *1000 | *43.20 | *18 | 19.00 | 101.41 | *5.68 | *0.90 | *0.00 |
| % of Calories | | | | | | | | | | | *13.5% | 14.4% | 77.1% | *9.7% | *1.5% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 01/17/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Sliders | Serving(2 each) | 1 | 160 | 30 | 290 | 2.00 | 1.44 | 80.0 | 100 | 0.0 | 7 | 8.0 | 22.0 | 4.5 | 1.50 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Grapes | 1/2 CUP | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 425 | 36 | 562 | *4.41 | 2.39 | 596.4 | 1096 | 37.84 | *32 | 20.29 | 73.30 | 6.34 | 1.96 | 0.00 |
| % of Calories | | | | | | | | | | | *30.3% | 19.1% | 69.0% | 13.4% | 4.1% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-------|-------|------|--------|------|--------|--------|-------|-------|--------|--------|-------|
| Fri - 01/18/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Dutch Waffle | Serving | 1 | 300 | 20 | 350 | 3.00 | 1.80 | 40.0 | 0 | 0.0 | 12 | 4.0 | 43.0 | 13.0 | 3.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Kiwi | 1/2 cup | 1 | 69 | *N/A* | *N/A* | 3.20 | 0.35 | 38.4 | 96 | *N/A* | *N/A* | 1.28 | 16.66 | 0.64 | *N/A* | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 543 | *26 | *512 | *6.20 | 2.25 | 438.4 | 1046 | *36.00 | *28 | 14.28 | 92.07 | 14.32 | *3.40 | *0.00 |
| % of Calories | | | | | | | | | | | *20.4% | 10.5% | 67.8% | 23.7% | *5.6% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|-------|---|-----|---|---|------|------|--------|-----|-------|------|------|------|--------|--------|------|
| Mon - 01/21/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| NO SCHOOL | 1 | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|----|-----|-------|------|-------|-----|-------|-------|-----|-------|------|------|-------|
| Tue - 01/22/2019 | | | | | | | | | | | | | | | | |
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Pizza | 3.2 oz | 1 | 210 | 15 | 480 | 2.00 | 1.80 | 100.0 | 200 | 0.0 | 9 | 9.0 | 26.0 | 7.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Orange | 1/2 cup | 1 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

ISD 518

Dec 31, 2018 thru Feb 1, 2019

Base Menu Spreadsheet

Prairie Elementary Breakfast

Weighted Values - Detailed

Generated on: 12/31/2018 7:30:26 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 429 | 21 | 641 | *4.30 | 2.00 | 498.4 | 1366 | 87.07 | *34 | 18.90 | 69.69 | 7.79 | 2.42 | *0.00 |
| % of Calories | | | | | | | | | | | *31.4% | 17.6% | 64.9% | 16.3% | 5.1% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Wed - 01/23/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Bites | 3 Pieces | 1 | 190 | 25 | 480 | 1.00 | 1.44 | 40.0 | 0 | 0.0 | 7 | 8.0 | 19.0 | 10.0 | 3.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Banana | 1/2 cup | 1 | 72 | *N/A* | 1 | 2.00 | 0.18 | *N/A* | 50 | 7.2 | *N/A* | 1.0 | 19.0 | *N/A* | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 496 | *31 | 753 | *5.00 | 2.44 | *550.0 | 1000 | 43.20 | *25 | 21.00 | 81.41 | *11.67 | *3.41 | *0.00 |
| % of Calories | | | | | | | | | | | *20.0% | 16.9% | 65.6% | *21.2% | *6.2% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Thu - 01/24/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|----|-----|-------|------|--------|-----|-------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| French Toast | 2 Slices | 1 | 168 | 7 | 137 | 0.00 | 1.33 | 21.1 | 0 | 0.0 | *N/A* | 3.16 | 24.21 | 7.37 | 2.11 | *N/A* |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Grapes | 1/2 CUP | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 434 | 14 | 409 | *2.41 | 2.28 | 537.5 | 996 | 37.84 | *25 | 15.45 | 75.51 | 9.20 | 2.56 | *0.00 |
| % of Calories | | | | | | | | | | | *23.3% | 14.3% | 69.7% | 19.1% | 5.3% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Fri - 01/25/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-------|-------|------|-------|-----|-------|-------|------|-------|------|-------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Muffin - Blueberry | Muffin | 1 | 190 | 10 | 135 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 15 | 2.0 | 30.0 | 7.0 | 1.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Kiwi | 1/2 cup | 1 | 69 | *N/A* | *N/A* | 3.20 | 0.35 | 38.4 | 96 | *N/A* | *N/A* | 1.28 | 16.66 | 0.64 | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 493 | *16 | *406 | *6.20 | 1.89 | 548.4 | 1046 | *36.00 | *33 | 15.28 | 90.07 | 9.32 | *1.40 | *0.00 |
| % of Calories | | | | | | | | | | | *26.6% | 12.4% | 73.0% | 17.0% | *2.6% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Mon - 01/28/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|---|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Cereal | 1 Cup | 1 | 110 | 0 | 180 | 2.00 | 4.50 | 100.0 | 500 | 6.0 | 10 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Apple | 1 APPLE | 1 | 77 | 0 | 1 | 3.58 | 0.18 | 8.9 | 80 | 6.85 | 15 | 0.39 | 20.58 | 0.25 | 0.04 | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 422 | 6 | 453 | *7.58 | 5.50 | 618.9 | 1530 | 48.85 | *43 | 14.39 | 86.99 | 2.93 | 0.45 | *0.00 |
| % of Calories | | | | | | | | | | | *41.0% | 13.6% | 82.5% | 6.2% | 1.0% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Tue - 01/29/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|----|-----|-------|------|--------|------|-------|--------|-------|-------|--------|--------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Pizza | 3.2 oz | 1 | 210 | 15 | 480 | 2.00 | 1.80 | 100.0 | 200 | 0.0 | 9 | 9.0 | 26.0 | 7.0 | 2.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Orange | 1/2 cup | 1 | 45 | 0 | 0 | 2.30 | 0.10 | 38.4 | 216 | 51.07 | 9 | 0.9 | 11.28 | 0.12 | 0.01 | *N/A* |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average | | | 429 | 21 | 641 | *4.30 | 2.00 | 498.4 | 1366 | 87.07 | *34 | 18.90 | 69.69 | 7.79 | 2.42 | *0.00 |
| % of Calories | | | | | | | | | | | *31.4% | 17.6% | 64.9% | 16.3% | 5.1% | *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Wed - 01/30/2019 | | | | | | | | | | | | | | | | |
|------------------------------|------------|---|-----|-------|-----|-------|------|-------|-----|------|-------|------|-------|-------|-------|-------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Waffles | 2 Waffles | 1 | 206 | 10 | 482 | 1.58 | 4.56 | 202.6 | 878 | 0.0 | 3 | 4.75 | 32.53 | 6.34 | 1.08 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Banana | 1/2 cup | 1 | 72 | *N/A* | 1 | 2.00 | 0.18 | *N/A* | 50 | 7.2 | *N/A* | 1.0 | 19.0 | *N/A* | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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ISD 518

Dec 31, 2018 thru Feb 1, 2019

Base Menu Spreadsheet

Prairie Elementary Breakfast

Weighted Values - Detailed

Generated on: 12/31/2018 7:30:26 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|----------------|-----------------|----------------|-------------------------|
| Weighted Daily Average % of Calories | | | 512 | *16 | 754 | *5.58 | 5.56 | *712.6 | 1878 | 43.20 | *21 *16.5% | 17.74 13.9% | 94.94 74.1% | *8.02 *14.1% | *1.48 *2.6% | *0.00 *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Thu - 01/31/2019 | | | | | | | | | | | | | | | | |
|--------------------------------------|------------|---|-----|-----|-----|-------|-------|--------|------|--------|---------------|----------------|----------------|----------------|--------------|----------------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Sandwich | Sandwich | 1 | 243 | 123 | 477 | *3.00 | 37.89 | 248.0 | 234 | *0.0 | *1 | 10.8 | 27.65 | 11.3 | 4.00 | *0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Grapes | 1/2 CUP | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average % of Calories | | | 508 | 129 | 749 | *5.41 | 38.84 | 764.4 | 1230 | *37.84 | *26 *20.7% | 23.09 18.2% | 78.95 62.1% | 13.14 23.3% | 4.46 7.9% | *0.00 *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| Fri - 02/01/2019 | | | | | | | | | | | | | | | | |
|--------------------------------------|------------|---|-----|-------|-------|-------|------|--------|------|--------|---------------|----------------|-----------------|----------------|----------------|----------------|
| Prairie Elementary Breakfast | Total | 1 | | | | | | | | | | | | | | |
| Breakfast Bar - BeneFit | Bar | 1 | 280 | 15 | 220 | 3.00 | 1.80 | 20.0 | 0 | 0.0 | 23 | 5.0 | 48.0 | 8.0 | 3.00 | 0.00 |
| Fruit Juice | 1/2 Cup | 1 | 60 | 0 | 0 | *N/A* | 0.10 | 110.0 | 200 | 36.0 | *N/A* | 1.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Kiwi | 1/2 cup | 1 | 69 | *N/A* | *N/A* | 3.20 | 0.35 | 38.4 | 96 | *N/A* | *N/A* | 1.28 | 16.66 | 0.64 | *N/A* | *N/A* |
| Toast | 1 SLICE | 1 | 60 | 0 | 110 | 2.00 | 0.72 | 150.0 | 0 | 0.0 | 2 | 3.0 | 11.0 | 1.0 | 0.00 | 0.00 |
| Milk, ISD 518 | Half Pints | 1 | 114 | 6 | 161 | 0.00 | 0.00 | 250.0 | 750 | 0.0 | 16 | 8.0 | 17.41 | 0.67 | 0.40 | 0.00 |
| Weighted Daily Average % of Calories | | | 583 | *21 | *491 | *8.20 | 2.97 | 568.4 | 1046 | *36.00 | *41 *28.0% | 18.28 12.5% | 108.07 74.1% | 10.32 15.9% | *3.40 *5.3% | *0.00 *0.0% |
| Nutrient Guideline | | | 483 | | | | 2.50 | 200.00 | 792 | 11.25 | | 6.67 | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|-----|------|-------|-------|--------|-------|--------|---------------|------------------|----------------|-----------------|----------------|----------------|
| Weighted Average | | | 468 | *36 | *565 | *5.26 | *4.53 | *561.0 | *1284 | *48.77 | *30 *58.2% | *17.74 *15.2% | 82.02 70.1% | *8.59 *16.5% | *2.28 *4.4% | *0.00 *0.0% |
|------------------|--|--|-----|-----|------|-------|-------|--------|-------|--------|---------------|------------------|----------------|-----------------|----------------|----------------|

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|------------|--|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Calories | 468 | | Weekly Target | 483 | 97% | Miss Data | Shortfall | 15 | Overage | Error Messages (if any) | | | | | | | |
| Cholesterol (mg) | 36 | | | | | Missing | | | 565 | Correction Required - Calories are Low | | | | | | | |
| Sodium (mg) | 565 | | | | | Missing | | | | | | | | | | | |
| Fiber (g) | 5.26 | | | | | Missing | | | | | | | | | | | |
| Iron (mg) | 4.53 | | | 2.50 | 181% | Missing | | | | | | | | | | | |
| Calcium (mg) | 561.0 | | | 200.00 | 280% | Missing | | | | | | | | | | | |
| Vitamin A (IU) | 1284 | | | 792 | 162% | Missing | | | | | | | | | | | |
| Sugars (g) | 30 | 25.85% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 48.77 | | | 11.25 | 434% | Missing | | | | | | | | | | | |
| Protein (g) | 17.74 | 15.16% | | 6.67 | 266% | Missing | | | | | | | | | | | |
| Carbohydrate (g) | 82.02 | 70.11% | | | | | | | | | | | | | | | |
| Total Fat (g) | 8.59 | 16.52% | | <=30.00% | | Missing | | | | | | | | | | | |
| Saturated Fat (g) | 2.28 | 4.38% | | <10.00% | | Missing | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | Missing | | | | | | | | | | | |

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