

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/02/2016																
Prairie Elementary Lunch	Total	1000														
Chili Crisпитos	1 crisp/1 cheese	850	292	29	426	3.00	1.80	240.0	950	190	0.0	14.24	23.28	15.4	3.84	0.00
Turkey Sandwich	2 oz meat 2 bre	100	191	24	839	4.67	2.39	48.4	19	0	3.23	16.26	28.69	2.04	0.19	0.00
Chef Salad (Students)	Serving	50	419	32	888	6.38	2.99	294.8	8273	1663	22.8	22.71	50.48	16.17	3.04	*0.00
Peas, Frozen	1/2 Cup	800	62	0	58	4.00	1.26	20.0	1700	340	7.8	4.0	11.0	0.0	0.00	0.00
Veggie Sticks	3/4 Cup	900	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Applesauce, Unsweetened	1/2 cup	850	51	0	2	1.00	0.00	0.0	0	0	0.0	0.0	14.0	0.0	0.00	0.00
Jelly Sandwich	slice	900	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			594	39	805	*10.08	*3.69	600.1	7259	1313	14.20	29.46	81.15	17.69	5.01	*0.00
% of Calories												19.8%	54.6%	26.8%	7.6%	*0.0%

Tue - 05/03/2016																
Prairie Elementary Lunch	Total	1000														
Chicken Nuggets	4 Pieces	700	240	35	340	2.00	1.44	20.0	0	0	0.0	14.0	15.0	14.0	3.50	0.00
Pizza Burger	2 OZ.	200	365	51	947	3.56	2.99	*407.2	480	117	4.66	18.03	35.41	17.39	*6.95	*0.00
Chef Salad (Students)	Serving	100	419	32	888	6.38	2.99	294.8	8273	1663	22.8	22.71	50.48	16.17	3.04	*0.00
BROCCOLI: frozen, boiled	1/2 CUP	900	26	0	10	2.76	0.56	30.4	930	174	36.89	2.85	4.92	0.11	0.02	*N/A*
Veggie Sticks	3/4 Cup	850	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Pears Diced	1/2 cup	900	80	0	5	2.00	0.36	0.0	0	0	1.2	0.0	20.0	0.0	0.00	0.00
Bread & Butter	slice	900	70	*0	131	*2.00	*0.72	*40.0	*0	*0	*0.0	*3.0	*12.0	2.11	0.25	0.25
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			567	*48	805	*9.68	*3.49	*512.1	*6205	*1104	*43.77	*29.61	*72.07	19.58	*5.96	*0.23
% of Calories												*20.9%	*50.8%	31.0%	*9.5%	*0.4%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/04/2016																
Prairie Elementary Lunch	Total	1000														
CHEESEBURGER ON A BUN	1 EACH	800	317	42	741	3.71	3.31	323.7	134	41	0.0	18.5	32.94	13.6	5.11	*0.43
Baked Potato	1 Each	150	371	57	965	3.81	2.23	618.5	553	164	16.61	14.6	38.69	18.25	10.30	*N/A*
Chef Salad (Students)	Serving	50	419	32	888	6.38	2.99	294.8	8273	1663	22.8	22.71	50.48	16.17	3.04	*0.00
Baked Beans	1/2 CUP	800	167	0	507	6.99	4.51	46.5	439	84	1.32	6.6	28.97	2.35	0.00	*N/A*
Veggie Sticks	1/2 Cup	850	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
Apple	1 APPLE	900	36	0	1	1.66	0.08	4.1	37	3	3.17	0.18	9.53	0.12	0.02	*N/A*
Jelly Sandwich	slice	950	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			708	54	1452	*13.40	*7.57	765.3	4125	751	12.57	34.97	101.70	20.01	7.38	*0.34
% of Calories												19.7%	57.4%	25.4%	9.4%	*0.4%

Thu - 05/05/2016																
Prairie Elementary Lunch	Total	1000														
Chicken and Noodles	1 cup	750	170	58	501	0.33	0.69	10.9	86	18	0.01	16.33	8.04	7.32	1.88	*0.01
MEATLOAF	3/4" SLICE	150	189	62	155	1.39	2.08	37.0	167	31	2.6	15.28	8.42	10.27	3.88	*N/A*
Chef Salad	1 Serving	100	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
Mashed Potatoes	4.94 oz	800	1	*N/A*	5	0.02	*N/A*	0.3	*N/A*	*N/A*	0.06	0.03	0.27	0.02	*N/A*	*N/A*
Veggie Sticks	1/2 Cup	900	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
Mandarin Oranges	1/2 cup	900	80	0	20	1.00	0.36	20.0	300	60	21.0	0.99	20.01	0.0	0.00	*N/A*
Dinner Roll	1 Roll	900	120	0	210	2.00	1.80	40.0	0	0	0.0	5.0	19.0	2.0	1.00	*N/A*
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			491	*69	817	*4.14	*3.10	424.3	*4006	*668	*25.56	30.79	59.77	13.29	*4.90	*0.00
% of Calories												25.1%	48.6%	24.3%	*9.0%	*0.0%

Fri - 05/06/2016																
Prairie Elementary Lunch	Total	1														
Cheese Quesadilla	slice	1	330	10	830	4.00	2.70	200.0	300	60	0.0	16.0	40.0	12.0	3.50	0.00
Tater Tot Hot Dish	4 oz	1	339	79	651	*1.62	2.34	17.2	213	43	*7.27	21.43	19.54	18.69	7.78	*N/A*
Chef Salad	1 Serving	1	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
CARROTS:frozen, boiled	1/2 CUP	1	27	0	43	2.41	0.39	25.5	12357	1292	1.68	0.42	5.64	0.5	0.09	*N/A*
Veggie Sticks	3/4 Cup	1	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Peaches	1/2 cup	1	46	*N/A*	9	*N/A*	*N/A*	*N/A*	274	55	*N/A*	*N/A*	10.97	*N/A*	*N/A*	*N/A*
Jelly Sandwich	slice	1	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			1283	*153	2376	*14.74	*8.75	*968.3	*21847	*2626	*26.34	*72.23	131.17	*52.80	*17.32	*0.00
% of Calories												*22.5%	40.9%	*37.0%	*12.1%	*0.0%

Mon - 05/09/2016																
Prairie Elementary Lunch	Total	1														
Pizza (Smart) Cheese	4x6	1	290	15	540	4.00	2.70	300.0	500	60	0.0	15.0	34.0	11.0	4.00	0.00
Sub Sandwich	Sandwich	1	221	38	823	2.00	2.43	249.0	134	41	0.0	13.77	24.12	7.51	*2.56	*0.00
Chef Salad	1 Serving	1	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
Peas, Frozen	1/2 Cup	1	62	0	58	4.00	1.26	20.0	1700	340	7.8	4.0	11.0	0.0	0.00	0.00
Veggie Sticks	3/4 Cup	1	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	1	66	0	1	1.01	0.49	17.6	48	1	9.45	0.45	16.95	0.15	0.01	*N/A*
Milk	HALF PINT	1	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			1085	117	2145	*15.72	*9.48	1272.2	*11084	*1619	*34.64	64.61	120.08	39.28	*12.52	*0.00
% of Calories												23.8%	44.3%	32.6%	*10.4%	*0.0%

Tue - 05/10/2016																
Prairie Elementary Lunch	Total	1000														
Popcorn Chicken	12 pc	900	240	35	340	2.00	1.44	20.0	0	0	0.0	14.0	15.0	14.0	3.50	0.00
BBQ Chicken Pizza	slice	50	309	*30	405	*2.16	*2.86	*37.9	*145	*29	*3.95	*16.59	47.25	*5.53	*1.08	*N/A*
Chef Salad	1 Serving	50	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
BROCCOLI: frozen, boiled	1/2 CUP	700	26	0	10	2.76	0.56	30.4	930	174	36.89	2.85	4.92	0.11	0.02	*N/A*
Veggie Sticks	3/4 Cup	875	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Mandarin Oranges	1/2 cup	825	80	0	20	1.00	0.36	20.0	300	60	21.0	0.99	20.01	0.0	0.00	*N/A*
Jelly Sandwich	slice	900	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			544	*46	644	*7.52	*3.01	*435.8	*5644	*965	*50.26	*28.76	71.87	*17.43	*5.01	*0.00
% of Calories												*21.2%	52.9%	*28.9%	*8.3%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/11/2016																
Prairie Elementary Lunch	Total	1000														
Pork Pattie on Bun	3.75OZ.	800	440	35	620	6.00	3.60	190.0	0	40	0.0	21.0	50.0	18.0	4.50	0.00
Chicken Quesadilla	Serving	150	320	20	770	4.00	2.70	200.0	300	100	0.0	18.0	38.0	11.0	2.50	0.00
Chef Salad	1 Serving	50	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
Corn FZ	1/2 cup	750	55	*N/A*	1	1.66	0.32	8.3	135	7	2.41	1.73	13.13	0.46	0.07	*N/A*
Veggie Sticks	1/2 Cup	850	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
Apple	1 APPLE	900	36	0	1	1.66	0.08	4.1	37	3	3.17	0.18	9.53	0.12	0.02	*N/A*
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			612	*44	791	*8.88	*3.80	529.9	*3495	*610	*10.20	30.65	80.30	20.05	*5.83	*0.00
% of Calories												20.0%	52.5%	29.5%	*8.6%	*0.0%

Thu - 05/12/2016																
Prairie Elementary Lunch	Total	1000														
Nachos with Beef	4 oz	900	260	*25	354	2.62	*1.17	52.5	*165	*27	*1.23	9.71	22.04	13.72	3.64	*N/A*
Turkey Wrap	wrap	50	244	50	963	*3.00	1.82	240.5	112	26	3.9	21.06	*22.29	9.2	2.85	*N/A*
Chef Salad	1 Serving	50	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
Refried Beans	1/2 cup	800	140	0	320	8.00	1.80	40.0	0	0	1.2	8.0	24.0	0.5	0.00	0.00
Veggie Sticks	3/4 Cup	850	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	900	69	0	7	1.21	0.35	7.3	248	25	2.3	0.48	18.07	0.08	0.01	*N/A*
Bread & Butter	slice	900	70	*0	131	*2.00	*0.72	*40.0	*0	*0	*0.0	*3.0	*12.0	2.11	0.25	0.25
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			626	*38	933	*12.83	*3.78	*475.6	*5001	*821	*11.13	*29.13	*84.29	18.76	*5.45	*0.23
% of Calories												*18.6%	*53.9%	27.0%	*7.8%	*0.3%

Fri - 05/13/2016																
Prairie Elementary Lunch	Total	1000														
Corn Dog	1 Serv	850	280	50	570	1.00	1.80	880.0	0	0	1.2	10.0	32.0	14.0	4.50	*N/A*
Chicken Alfredo	3 oz	1	317	73	557	1.30	1.64	78.0	0	0	0.0	18.53	32.01	12.77	6.26	*0.00
Chef Salad	1 Serving	1	319	54	561	*3.72	*2.47	359.7	*3565	*303	*10.45	22.65	17.33	17.93	*4.38	*0.00
California Blend	.50 cup	900	21	0	17	0.75	13.50	1.3	469	94	1.35	0.75	3.75	0.2	0.00	*N/A*
Veggie Sticks	3/4 Cup	850	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Applesauce	.50 CUP	900	84	0	2	1.48	0.15	3.7	7	1	2.09	0.2	21.51	0.21	0.04	*N/A*
Bread & Butter	slice	900	70	*0	131	*2.00	*0.72	*40.0	*0	*0	*0.0	*3.0	*12.0	2.11	0.25	0.25
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			522	*53	778	*5.50	*14.57	*1112.8	*4877	*844	*10.41	*20.76	*77.00	16.88	*5.67	*0.23
% of Calories												*15.9%	*59.0%	29.1%	*9.8%	*0.4%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/16/2016																
Prairie Elementary Lunch	Total	1000														
Hamburger on a Bun	Sandwich	850	280	35	480	4.00	3.60	170.0	100	20	1.2	20.0	33.0	9.0	2.50	*0.00
Corn FZ	1/2 cup	900	55	*N/A*	1	1.66	0.32	8.3	135	7	2.41	1.73	13.13	0.46	0.07	*N/A*
Veggie Sticks	3/4 Cup	850	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	900	69	0	7	1.21	0.35	7.3	248	25	2.3	0.48	18.07	0.08	0.01	*N/A*
Bread & Butter	slice	900	70	*0	131	*2.00	*0.72	*40.0	*0	*0	*0.0	*3.0	*12.0	2.11	0.25	0.25
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			539	*40	690	*8.63	*4.42	*518.3	*4875	*804	*11.53	*30.37	*83.13	12.72	4.00	*0.23
% of Calories												*22.5%	*61.7%	21.2%	6.7%	*0.4%
Tue - 05/17/2016																
Prairie Elementary Lunch	Total	1000														
Mini Corn Dogs	serving (6)	800	360	38	720	1.50	1.08	20.0	0	0	2.4	9.0	33.0	21.0	6.78	0.00
Broccoli	1/2 cup	750	39	*N/A*	37	2.49	*N/A*	49.8	685	137	100.94	3.74	7.48	*N/A*	*N/A*	*N/A*
Veggie Sticks	1/2 Cup	850	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
Peaches, Diced	1/2 cup	900	60	0	10	0.00	0.00	0.0	300	60	1.2	0.0	14.0	0.0	0.00	0.00
Jelly Sandwich	slice	1000	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			588	*40	883	*5.63	*1.66	413.3	3921	697	83.72	21.56	80.92	*20.45	*6.99	*0.00
% of Calories												14.7%	55.0%	*31.3%	*10.7%	*0.0%
Wed - 05/18/2016																
Prairie Elementary Lunch	Total	1000														
Chicken Sandwich	Sandwich	800	400	45	700	4.00	3.60	170.0	100	20	0.0	23.0	44.0	15.0	3.00	0.00
CARROTS:frozen, boiled	1/2 CUP	750	27	0	43	2.41	0.39	25.5	12357	1292	1.68	0.42	5.64	0.5	0.09	*N/A*
Veggie Sticks	1/2 Cup	850	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
Mandarin Oranges	1/2 cup	900	80	0	20	1.00	0.36	20.0	300	60	21.0	0.99	20.01	0.0	0.00	*N/A*
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			535	46	760	*6.47	*3.57	493.1	12755	1579	25.18	28.17	72.75	15.03	4.04	*0.00
% of Calories												21.1%	54.4%	25.3%	6.8%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

May 2, 2016 thru May 20, 2016 Spreadsheet - Portion Values Prairie Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/19/2016																
Prairie Elementary Lunch	Total	1000														
Pizza (Smart) Pepp	4x6 Servin	900	314	20	735	1.96	2.65	343.2	294	90	0.0	15.69	35.3	12.75	4.41	*N/A*
GREEN BEANS: frozen,boiled	1/2 CUP	800	19	0	1	2.03	0.45	28.4	376	27	2.77	1.01	4.35	0.11	0.03	*N/A*
Veggie Sticks	3/4 Cup	850	14	0	26	1.00	0.13	13.7	4617	769	4.45	0.41	3.16	0.09	0.02	*0.00
Pears Diced	1/2 cup	900	80	0	5	2.00	0.36	0.0	0	0	1.2	0.0	20.0	0.0	0.00	0.00
Garlic Toast	1 oz	900	70	0	95	1.00	0.72	0.0	0	0	0.0	2.0	12.0	2.5	0.50	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			559	28	910	*6.93	*3.82	655.4	5010	861	9.57	25.40	80.27	16.49	6.02	*0.00
% of Calories												18.2%	57.5%	26.6%	9.7%	*0.0%

Fri - 05/20/2016																
Prairie Elementary Lunch	Total	1000														
Hot Dog on Bun	2 oz	800	300	*0	700	*2.00	2.52	*100.0	*0	*0	*17.14	10.0	26.0	16.5	6.00	*N/A*
Baked Beans	1/2 CUP	750	167	0	507	6.99	4.51	46.5	439	84	1.32	6.6	28.97	2.35	0.00	*N/A*
Veggie Sticks	1/2 Cup	900	9	0	17	0.66	0.09	9.1	3078	513	2.97	0.27	2.1	0.06	0.01	*0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	900	66	0	1	1.01	0.49	17.6	48	1	9.45	0.45	16.95	0.15	0.01	*N/A*
Jelly Sandwich	slice	900	95	0	120	2.00	0.72	40.0	0	0	0.0	3.0	21.0	1.0	0.00	0.00
Milk	HALF PINT	1000	114	10	135	*N/A*	*N/A*	312.2	520	104	2.5	8.32	13.53	2.6	1.56	*N/A*
Weighted Daily Average			632	*10	1201	*10.14	*6.57	*487.1	*3663	*629	*28.38	24.63	92.10	18.65	6.38	*0.00
% of Calories												15.6%	58.3%	26.5%	9.1%	*0.0%

Weighted Average			659	*55	1066	*9.35	*5.42	*644.3	*6918	*1059	*26.50	*33.41	*85.91	*21.27	*6.83	*0.08
												*20.3%	*52.1%	*29.1%	*9.3%	*0.1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

ISD518

Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	659		664	99%		5		Correction Required - Calories are Low									
Cholesterol (mg)	55				Missing												
Sodium (mg)	1066				Missing												
Fiber (g)	9.35				Missing												
Iron (mg)	5.42		3.50	155%	Missing												
Calcium (mg)	644.3		286.00	225%	Missing												
Vitamin A (IU)	6918		1120	618%	Missing												
Vitamin A (RE)	1059		224	473%	Missing												
Vitamin C (mg)	26.50		15.00	177%	Missing												
Protein (g)	33.41	20.28%	10.00	334%	Missing												
Carbohydrate (g)	85.91	52.14%			Missing												
Total Fat (g)	21.27	29.05%	<=30.00%		Missing												
Saturated Fat (g)	6.83	9.33%	<10.00%		Missing												
Trans Fat (g)	0.08	0.11%			Missing												

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.