

School Wellness Policy Action Plan

School Name: Prairie Elementary School Worthington District 518

Date: 2018-2019

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start/end dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
1. <i>Walking path challenge at Prairie</i>	Map out ¼, ½ and 1 mile paths throughout Prairie Make posters advertising path and encouraging to walk/use it Start a walking club outside of work hours	January - February 2019	Visibly seeing staff and students use the walking path Participation in walking club	Julie L	Staff Students Community	
2. <i>Health tidbits</i>	Research brief health topics-tidbits to be shared on weekly announcements or newsletters	Monthly through the 18-19 school year	Increase student knowledge of health topics (self care, illness/diseases, germs, safety, mental health, etc)	Wendy DeeAnn	Students	

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<i>3. Health Newsletter for Staff</i>	Effectively communicate current research on healthy eating and active living.	Monthly 18-19	Increased knowledge and understanding of healthy lifestyle living.	Wendy	Staff	