

Living Your Best Life

**COME AND JOIN US FOR FOOD,
FUN & EDUCATION!**

Wednesday, May 2nd

American Reformed Church

3 PM - 8 PM

Cost - \$12 Advance, \$15 at the door

Your \$12.00 early bird fee will allow you to join in multiple breakout sessions, visit local business and agency booths, food, and FUN. We have an incredible line up of local experts that will share information on a variety of topics to help you live your best life. Even if you come late, come join us!

Keynote Speaker - Patty Wetterling
"Don't give up your dreams."

Patty will describe the dynamics of child abduction, sexual exploitation and their widespread impact. This presentation is for anyone who works with children and wants to be engaged in building a safer community. She will share lessons learned, safety components and her life commitment to fight for a world where children have the right to grow up healthy, safe and follow their dreams.



Schedule of Events

3pm – 3:45 pm	Registration and Booth Visits
3:45 – 4:15 pm	Booth Door Prize Drawings
4:15 – 4:45 pm	Breakout Session #1
4:45–5:15 pm	Breakout Session #2
5:15–6 pm	Dinner by The Beach House
6–6:30 pm	Breakout Session #3
6:30–7 pm	Breakout Session #4
7–8 pm	Keynote Speaker - Patty Wetterling

Break Out Sessions

- Becoming a Better Informed Shopper, Claire Jucht from HyVee
- Essential Oils and Healthy Living, Amanda Walljasper-Tate from The Daily Apple
- Making Healthy 5 Ingredient Salsa, a make and take home activity, Shalynn Anderson from The Beach House
- Quinceañera Celebrations, Nobles County Integration Collaborative
- Scams Beware! Worthington Police Department
- Tai Chi, Kathleen Kusz

Please register by calling Worthington District 518 Community Education at 507-376-6105 or online registration at www.isd518.net/enrichment.

*Booths, Door Prizes, Entertainment & Fun
Throughout the Event!*

Catered by The Beach House (Light Meal included in the price)