

# **Special Education Transition Resources**

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**Worthington, Minnesota**

**Adapted by:  
Emily Cowan, Worthington High School Special Education Teacher from  
Karen Covington's resource**

**COMMUNITY SERVICE AGENCY**

318 9<sup>th</sup> Street  
P.O. Box 189  
Worthington, MN 56187-0189



Phone: 507-295-5213

Fax: 507-372-5094

CommunityServices@co.nobles.mn.us

## Case Management with Nobles County Community Services

### Background

Case management includes activities that help people access, coordinate and monitor needed services as they relate to the person's assessed needs and preferences. Needed services include:

- Educational
- Medical
- Social
- Vocational

Case management activities may be provided to or arranged for a person. Activities may include but are not limited to the following:

- Coordinate services
- Develop a service plan based on people's assessed needs and preferences
- Evaluate and monitor services identified in the service plan
- Help people access needed services
- Help people identify potential service providers
- Inform people or their legal representative of service options

### Case Management Types

Multiple forms of case management are available through Nobles County Community Services. This includes:

Developmental Disability (Rule 185)  
Relocation Service Coordination (RSC)  
Targeted Case Management for Vulnerable Adults and Adults with Developmental Disabilities (VA/DD-TCM)  
Waiver Case Management  
Other Case Management -

- Child Welfare Targeted Case Management (CW-TCM)
- Mental Health Targeted Case Management (MH-TCM)

**Please contact Nobles County Community Services at the address or phone number above if you or someone you know would benefit from case management services.**





# Success in Employment

## Research and common model components

### Expectation of integrated, competitive employment

- High expectations and a belief that a person can work is one of the greatest factors in whether a person does work, regardless of disability.
- The expectation is that everyone can work if conditions and supports are right.

### Interest, strength and skills based job search

- The job search is based on individual choice, interests, skills and strengths.
- A person is successful in finding and keeping a job if it matches their interests in and what they are good at doing.

### Service eligibility is based on desire to work

- Getting a job is more likely if access to work support is based on a desire to work and starts right away.
- Looking for employment is open to everyone who wants to work.

### Employment services are coordinated with other services

- Success at finding and keeping a job is more likely when a person's employment supports work in coordination with other supports, including but not limited to: family support, housing support, daily living support, medical support.

### Personal, family and professional networks are utilized

- Most people find jobs through personal contacts and networking, regardless of disability. There is a plan about how to connect social capital to find a job.

### Job supports are not time limited

- There is no time limit for how long a person gets support to keep a job.

### Benefits and Work Incentive Planning

- People are more likely to make work part of their plan when they understand how employment will impact their money and benefits and utilize work incentives.

YOUR RESOURCE. YOUR WAY.



# DMV – Department of Motor Vehicles



The **Minnesota Department of Motor Vehicles (DMV)** is the state agency that registers motor vehicles and boats in the state of Minnesota. The DMV works with the courts in Minnesota to promptly record convictions against drivers' licenses, suspensions and revokes licenses when a driver accumulates too many convictions (as measured by a point-based system). License plates for vehicles are issued through the DVM. The DMV also issues identification cards to people who are ineligible for, or do not wish to have, a driver's license.

The first Department of Motor Vehicles was established in 1915. The DMV is part of the Minnesota State Transportation Agency. It's headquarters are located in our state capital.

Here is a list of some of the services the DMV provides:

- Obtaining a state ID card
- Obtaining a drivers permit
- Obtaining a drivers license
- Renewing an ID/drivers license
- Registering your vehicle/boat
- Renewing a vehicle registration
- Ordering personal license plates
- Transferring title/release of liability
- Placing a non-operational on a vehicle
- Obtaining a copy of your DMV record

There can be long wait times when going to the DMV. Fortunately many of these services, especially renewals, can be completed online at [www.dmv.mn](http://www.dmv.mn). If you do need to go into a DMV office, it is a good idea to make an appointment. Customers with appointments will have much shorter wait times than customers without. Appointments can be made on the DMV website listed above.

When arriving at the DMV office, you will need to get in the information line. Tell the employee why you are there and if you have an appointment. She will give you a small piece of paper with a number on it. That is the number you will listen for to know what line you will need to report too when it is your turn. Do not leave the office, you might miss your turn.

Nobles County DMV  
315 10<sup>th</sup> St,  
Worthington, MN 56187

For more information visit: [www.dmv.mn.gov](http://www.dmv.mn.gov)

# ***Autism Network Group of SW Minnesota***

Autism Network Group of SW Minnesota meets quarterly at Worthington High School to provide support to anyone impacted by Autism. This is a free resources for families. There are community resources available and guest speakers about a variety of topics. Each networking event has time for questions with an Autism Specialist and/or Speech Pathologists. Attendees have an option to do an “make and take” for a small fee.

## ***Quarterly Networking Groups***

Purpose:

- to gather together to learn about autism and strategies to help children with autism live and function more independently
- to form relationships with others that also are impacted by the effects of autism in a child they know

Autism Aware Blog

<https://www.smores.com/943xw-autism-aware>

Meeting Location:

Worthington High School  
Media Center  
1211 Clary St.  
Worthington, MN 56187

Contact: 507-727-1173



# Special Olympics

**Special  
Olympics**  
Minnesota



## **ABOUT SPECIAL OLYMPICS**

Special Olympics transforms lives through the joy of sport, every day, everywhere. We are the world's largest sports organization for people with intellectual disabilities: with 4.4 million athletes in 170 countries -- and millions more volunteers and supporters.

Through the power of sports, people with intellectual disabilities discover new strengths and abilities, skills and success. Our athletes find joy, confidence and fulfillment -- on the playing field and in life. They also inspire people in their communities and elsewhere to open their hearts to a wider world of human talents and potential.

**The mission** of Special Olympics Minnesota offers children and adults with intellectual disabilities year-round sports training and competition. Through Special Olympics' athletic, health, and leadership program, people with intellectual disabilities transform themselves, their communities, and the world.

### **Become an Athlete**

No matter the person's age or skill level, Special Olympics Worthington Warriors has something for every person with intellectual disabilities. They deliver high-quality, year round competition and training opportunities. By joining Special Olympics, an athlete can meet new friends and experience great rewards in achieving the best that they can.



**Spring/Summer Season:** Athletics (track and field) and Stayfit

**Fall/Winter Season:** Bowling and Stayfit

### **Who Can Participate?**

To be eligible to participate in Special Olympics, an athlete must be at least 8 years old

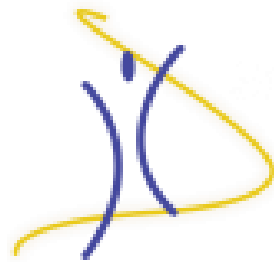
### **Hot to Get Started**

To get more information on how to become an athlete and the opportunities available in your community, please complete the Online Athlete Interest Form. This will provide us with important information so we can help get you started. Go to <http://specialolympicsminnesota.org/athletes/> to fill out the athlete application.

For additional information on how to get involved with Worthington Local Special Olympics visit their website at: [www.somn.org](http://www.somn.org)

Email [Emily.dierberger@somn.org](mailto:Emily.dierberger@somn.org) Telephone 507-329-4994

# Southwestern Center for Independent Living



The Southwestern Center for Independent Living (SWCIL) is a private, non-profit, consumer controlled, non-residential, community based organization whose direction is determined by and for people with disabilities. Emphasis is placed on improving the quality of life for all people with disabilities who live in southwestern Minnesota.

## Services:

Independent living services are available to assist people with disabilities to achieve the goals each individual sets for themselves. These services can be provided in a one-to-one or group setting. Consumer control means consumers have a responsibility to make decisions about their own life, set their own goals and choose which services or assistance to use.

## **Independent Living Skills Training**

Designed to assist in developing or enhancing personal daily living skills to attain or maintain the desired level of independent functioning.

## **Advocacy**

Provided on an individual, community, and systems level. Consumers can request assistance in advocating for specific needs or services.

## **Youth Transition Services**

SWCIL staff are available to work with youth on a variety of topics. These sessions can be conducted on a one-to-one basis or if possible, a group setting may take place when a school requests a topic for several students.

Topics may Include:

- Interpersonal/Social Skills
- Budgeting/Money Management
- Employment/Job Skills
- Preparation for Written Driver's Permit Test
- And many others



# Vocational Rehabilitation Services (VRS)



<https://mn.gov/deed/job-seekers/disabilities/>

## **Services available to students:**

- set employment goals, identify the steps, & provide services necessary
- interest and ability testing
- informational interviewing
- career exploration services.
- payment for materials and equipment, assistive technology, job placement, and job-seeking skills training.

VRS staff work with each student and their IEP team to create an individualized employment plan that helps students make informed choices about their job goals and identifies which services are needed and who will provide them.

## **Eligibility for Services**

In order to qualify for services, students must meet certain eligibility criteria. They include:

- Documentation of a physical or mental condition that causes a substantial impediment to employment (IEP/EVAL)
- Evidence that the individual requires vocational rehabilitation services in order to prepare for, secure, obtain or retain employment
- The presumption that the individual is able to benefit from vocational rehabilitation service

## **Cost of Services**

There is no charge for counseling, job placement and several other services. For some purchased services, a sliding fee schedule based on family income may apply. A family whose income is higher than the guidelines may be asked to pay part or all of the cost.



# Southwestern Minnesota Private Industry Council (PIC)

<http://www.swmnpic.org/>



## **Mission Statement**

The mission of SW MN PIC is Building Tomorrow's Workforce through partnerships with a shared focus on training, leadership, and education.

## **Services Available:**

- Career Pathways education in the areas of CNA, Metal Fabricator/Worker, Machine Tools, Carpentry, and CDL.
- future career planning and assistance for post-graduation plans
- work through the Pre-Employment Transition Services program for post-graduation work placement

## **CONTACT INFORMATION:**

SWMNPIC Administrative Office  
Lyon County Government Center  
607 West Main Street  
Marshall, MN 56258  
Phone: 507-476-4060  
Fax: 507-537-6362

# National Alliance on Mental Illness NAMI

<http://www.namihelps.org/>

NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy. NAMI Minnesota vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

**Did you know?** NAMI Minnesota offers more than 500 free classes and presentations and over 70 support groups each year, and was recently recognized with prestigious national and state awards for its advocacy successes!

## Contact Us

*NAMI Minnesota*  
*800 Transfer Road, #31*  
*Saint Paul, MN 55114*  
*phone: 651-645-2948*  
*toll free: 1-888-NAMI-Helps*  
*(1-888-626-4435)*  
*fax: 651-645-7379*  
*email: [namihelps@namimn.org](mailto:namihelps@namimn.org)*



# Keagan's Cause



<http://www.keaganscause.org/>

**Keagan's Cause is a nonprofit organization dedicated to helping meet the needs of children and families affected by autism. Founded in Worthington, MN by parents and individuals affected by autism. We aim to increase public awareness about the day-to-day issues faced by individuals with Autism Spectrum Disorder.**

## **Mission:**

**To raise awareness for Autism in SW Minnesota and NW Iowa and raise money to provide grants to those living with Autism for therapy or continued growth.**



## **Contact Information:**

### **Keagan's Cause:**

604 W. Shore Drive  
Worthington, MN 56187, US

Email: [keaganscause@gmail.com](mailto:keaganscause@gmail.com)



Like them on Facebook: Keagan's Cause

# Designer Genes Southwest Minnesota Down Syndrome Network

## About:

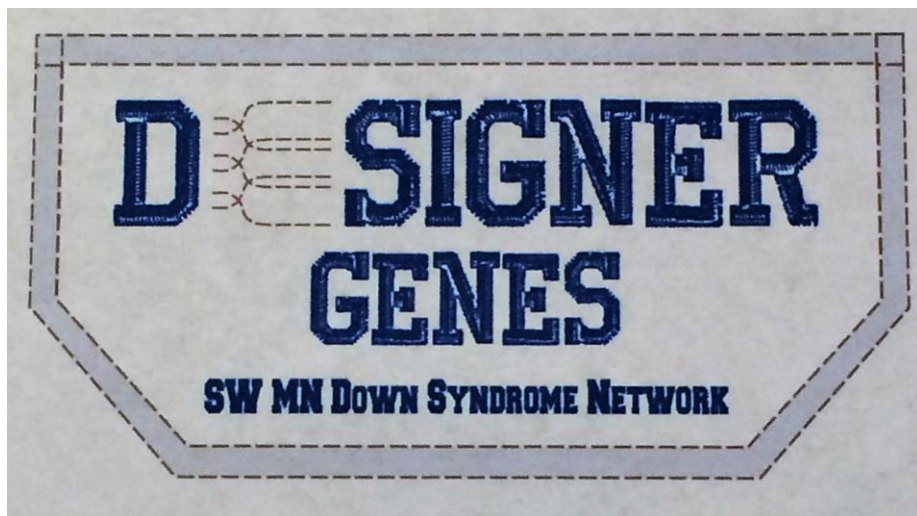
Designer Genes is a group of families that have someone they love with Down syndrome. This group was formed to promote acceptance and awareness of people with Down syndrome and to provide support to those dealing with a loved one with Down syndrome.

Host events for families of Down Syndrome children throughout Southwest Minnesota.



Like them on Facebook: Designer Genes Down  
Syndrome Network of SW Minnesota

Contact  
Information:  
designergenese321  
@gmail.com





# Project Lifesaver



<https://projectlifesaver.org/>

## Mission:

To provide timely responses to save lives and reduce potential injuries for adults and children who wander due to Alzheimer's, autism, and other related cognitive conditions or disorders.

There are seven Nobles County Law Enforcement personnel trained to help locate and find missing loved ones.

We provide services to any autistic, down syndrome, or another cognitive disabled children.

## To Enroll:

--contact Chris or Melissa at The Nobles County Sheriff's Office

## Cost to Families: FREE!



The Nobles County Sheriff's Office  
Phone: 507-295-5400  
Address: 1530 Airport Rd.  
Worthington, MN  
[cdybevic@co.nobles.mn.us](mailto:cdybevic@co.nobles.mn.us)



TECHNOLOGY YOU CAN RELY ON. PROTECTION YOU CAN TRUST.  
**PROJECT LIFESAVER**  
BRINGING LOVED ONES HOME

# Social Security Administration



The United States **Social Security Administration (SSA)** is an Independent agency of the United States federal government that administers Social Security, a social insurance Program consisting of retirement, disability, and survivors' benefits. To qualify for most of these benefits, most workers pay Social Security taxes on their earnings; the claimant's benefits are based on the wage earner's contributions.

## **Services provided at your local SS Office:**

- Apply for Social security Benefits
- Medicare
- SSI
- Disability (SSDI)
- Social Security Card or number
- Name Change
- Qualify for Social Security Benefits
- Manage or change Social Security Benefits
- Social Security forms

## **Tips When Applying for SSI (Supplemental Security Income) Benefits**

The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources.

## **Here is what you need to do to apply for benefits online:**

- Print the Adult Disability Checklist (<https://www.ssa.gov/hlp/radr/10/ovw001-checklist.pdf>)
- Complete the Disability Benefits Application (<https://secure.ssa.gov/iClaim/dib>)

## **You will need:** Information About Your Medical Condition

- Name, address and phone number of someone we can contact who knows about your medical conditions and can help with your application
- Detailed information about your medical illnesses, injuries or conditions:
  - Names, addresses, phone numbers, patient ID numbers and dates of treatment for all doctors, hospitals and clinics;
  - Names of medicines you are taking and who prescribed them; and
  - Names and dates of medical tests you have had and who sent you for them.

## **You can also apply:**

- By phone - Call us at 1-800-772-1213 from 7 a.m. to 7 p.m
- If you are deaf or hard of hearing, you can call us at TTY 1-800-325-0778.
- In person - Visit your local Social Security office. (Call first to make an appointment.)

Marshall Social Security Office Address: 507 Jewett St. Marshall, MN 56258  
Social Security Phone (Local) : 1-855-210-0122

# Hope Haven



<https://www.hopehaven.org/>

For 50 years, Hope Haven has served people with disabilities. We have a track record of successfully developing and implementing new services in response to needs. Today we have programs in over 30 communities around the Midwest.

Hope Haven is accredited and highly commended for quality services by the Commission on Accreditation of Rehabilitation Facilities.

Innovative job training programs for people with disabilities have been central to our programs and we work with Iowa Creative Employment Options to develop statewide models.

Although we began by serving people with disabilities, today Hope Haven provides:

- Adult Living Services and Support
- Vocational Services and Job Placement
- Mental Health & Recovery
- Children and Family Services
- Hope Haven International
- Religious Services
- Additional/Supplemental Services

## **Our Mission**

As followers of Christ, we unleash potential in people through work and life skills so that they may enjoy a productive life in their community.

## **Contact Information:**

Hope Haven, Inc.

1800 19th Street

PO Box 70

Rock Valley, IA 51247

712-476-2737

Office Hours: 8-4:30, M-F

# The Achievement Center (TAC)

**OUR MISSION**  
Unleashing Potential  
in People,  
by God's Power

<http://www.theachievementcenter.org/aboutus.html>

## **Eligibility Requirements:**

Mental, Physical and/or psychiatric disabilities that are barriers to gainful employment and/or independent living

- Ability to benefit from the program
- Consent from individual or from legal guardian
- Funding for services
- Free from active chemical abuse
- Not a serious threat to self or others

## **Services to the Community**

**Employment Services and Consultation:** assistance provided to employers who wish to employ persons with disabilities in their company.

•**Religious Services and Consultation:** Assistance provided to churches, agencies, and religious organizations that wish to include people with disabilities. Spiritual retreats can be arranged.

•**Program Development and Consultation:** assistance provided to persons and organizations that wish to establish or expand programs that enable people with developmental and/or psychiatric disabilities to live and work in the community.

•**Public Education and Awareness:** presentations and tours are provided for persons and organizations that wish to learn more about The Achievement Center and Hope Haven. Specific information is available in the areas of social and community integration.

•**ADA Standards:** Assistance provided to churches, businesses, and communities that desire to be in compliance with the rules and guidelines of the Americans Disabilities Act (ADA).

•**Volunteer Services:** Opportunities given to those who wish to give their time and talents to serve: mailings and fund raising contacts, providing support for our contracts area supervisor and/or job coaches at some of our community work sites, providing transportation to those in need, general light duty maintenance at our facility, lunch room monitoring, working our annual May Sale, and various other activities.



## **Contact Information:**

414 Industrial Lane  
Worthington, MN 56187  
P 507-376-3168  
F 507-372-4360



# The Arc: Minnesota Southwest

<http://www.arcmnsw.org/>

**Our Vision:** a world where people with intellectual disabilities are treated with dignity and respect and have equal opportunities to live, learn, work, socialize, and participate in their home communities.

## **The Arc Provides and Promotes:**

Arc Southwest provides support and advocacy for individuals with intellectual and developmental disabilities and their families. We service individuals from birth to death. We provide this support through public policy and legislation as well as direct supports to individuals and families. We meet with a person with disability, the person's family members/guardian, and the person's providers to assess individual needs, opportunities, concerns, and goals. In addition to providing workshops that help seek and locate suitable, affordable and accessible housing options, we also assist with transitions from school to employment.

501 South Second Street  
Mankato MN, 56001  
507.345.4223  
866.502.4082



# Semi Independent Living Services (SILS)

**Goal: to support people in ways that will enable them to achieve personally desired outcomes and lead self-directed lives in the community.**

Services include training and assistance in independent living skills for adults with developmental disabilities or related conditions.

Services provided may include training and assistance in:

- \* First aid and obtaining assistance in an emergency
- \* Learning and exercising rights and responsibilities of community living
- \* Meal planning and preparation
- \* Obtaining and maintaining a home
- \* Personal appearance and hygiene
- \* Self-administration of medication
- \* Shopping
- \* Social, recreation and transportation skills, including appropriate social behavior
- \* Using the phone and other utilities
- \* Managing money
- \* Engaging in activities that make it possible for adults with developmental disabilities or related conditions to live in the community

SILS services are funded by counties and the Minnesota Department of Human Services Disability Services Division.

## **Eligibility**

To be eligible to receive SILS, the adult (18 or older) must:

- \* Be determined to have a developmental disability or related condition(s) as defined by the state of Minnesota
- \* Be unable to function independently without SILS
- \* Not be at risk of placement in an Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD)
- \* Not be residing in an institution, ICF/DD, or nursing facility
- \* Not be using home and community based waiver services

## **Application Instructions:**

The county human services office will provide an assessment and determine eligibility for the program.

## **Specialized Vocational Services, Inc.**

Semi Independent Living Services  
320 10th St, Worthington, MN,  
56187-2316  
(507) 376-3550