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-INDEPENDENT-
SCHOOL DISTRICT **518**

WORTHINGTON, MN

COVID-19 Protocols

(Masking Optional)

ISD 518 strongly encourages Staff and Students to wear mask to avoid quarantine and exposure.

Positive COVID-19 Case:

- Individuals who test positive for COVID-19 will be required to isolate for 10 days from onset of symptoms. You can return to work or education after 10 days if all three of the following are true:
 - You feel better. Your cough, shortness of breath, or other symptoms are better.
and
 - It has been 10 days since you first felt sick.
and
 - You have had no fever for at least 24 hours, without using medicine that lowers fevers.
- If you have tested positive for COVID-19 but do not have symptoms, you must still stay home and away from others for 10 days.

General Notice of Exposure to COVID-19 Positive Case:

- Individuals who are notified of a possible exposure to a positive COVID-19 case.
 - **If you are fully vaccinated** (it has been two weeks since your last dose of vaccine):
 - Testing is recommended five to seven days after exposure to someone with COVID-19.
 - Recommend you wear a mask in public, indoor settings for 14 days following exposure or until your test is negative.
 - **If you are not fully vaccinated:**
 - Testing is recommended 5-7 days after exposure.
 - If the test is negative but you start to experience symptoms it is recommended you retest.
 - Recommend you wear a mask in public, indoor settings for 14 days following exposure or until your test is negative.

Close Contact to COVID-19 Positive Case:

- Individuals that have been identified as close contacts may enter the school building for work or education but must be masked. If they choose not to mask, they will then need to quarantine for the required time frame of:
 - 7-day return with negative test result after 5 days from exposure and no symptoms and continue mask.
 - 10-day quarantine and no symptoms exist.
 - Masks are still highly recommended during the 14-day quarantine period.

Positive Household:

When a family member living in the same household is positive:

- **Unvaccinated** household members need to quarantine at **home** for 14 days from last exposure.
- **Vaccinated** family members can return to school **but must** wear a mask.

Please remember if you are ill (not feeling well), you need to stay home to avoid infecting others.

Who does not need to quarantine?

- If you have recovered from COVID-19 in the past 90 days and have close contact with someone who tested positive for COVID-19, you do not need to quarantine if **ALL** the following are true:
 - Your illness was confirmed with a positive lab test in the past 90 days.
 - You are fully recovered.
 - You do not currently have any symptoms of COVID-19.
- If you are fully vaccinated and have close contact with someone with COVID-19, you do not need to quarantine if **BOTH** of the following are true:
 - It has been at least two weeks since your last dose of vaccine.
 - You do not currently have any symptoms of COVID-19.

The Worthington School District is committed to providing a safe and healthy environment for all our students, employees, and the public we serve. We will continue to monitor our local situation and work closely with area health professionals on COVID-19 mitigation strategies. Only through this cooperative effort can we establish and maintain the safety and health of our students, employees, and the community.