# FALL 2023 WORTHINGTON COMMUNITY CLASSES & ACTIVITIES



**INFORMATION IN THIS PUBLICATION IS AS OF JULY 24, 2023** 

District 518 Community Education 827 N. Crailsheim Road Worthington, MN 56187

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#### Lifelong Learner



Engage • Enrich • Inspire

www.isd518.net/enrichment



#### **WELCOME**

I hope you are as excited about this fall as we are! We continue to work collaboratively with many different agencies, businesses, and talented people to bring fun and educational opportunities for all age groups! This catalog includes fun activities in art, Zumba, cooking, theatre camp, youth groups, book clubs, outdoor activities and more!

If you have not had the opportunity to attend the cooking classes, you still have time. We are offering pho and eggroll classes again. These fun and tasty classes will fill up fast, so sign up soon. Also enjoy other community events such as the Worthington Area Symphony Orchestra Holiday Concert, local art shows, the Turkey Day events and more!

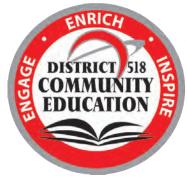
Also do not forget about the Dakota Players Children's Theatre Camp in mid-August for students who are interested in theater, drama, speech, and other performing arts. Up to 50 local youth, kindergarten through 8th grade, are assured roles in "On The Road To Bremen Town." Join a dog, a cat, and the most rock-a- doodlin' of roosters as they journey toward Bremen Town, discovering that life can be full of thrills and surprises. Living each moment to its fullest, you never know what tomorrow will bring. The final performance will be on August 18 and it is open to the public.

There is something for all age groups to enjoy. Hurry and sign up for classes and fun trips that you and your family members would like to join. Spots are limited and they fill up fast!

If you have suggestions on ideas for classes or would like to be an enrichment facilitator and teach a class, please contact Soom Chandaswang.

Thank you so much for your continued support!

Soom Chandaswang Enrichment Programs Coordinator





DISTRICT 518 COMMUNITY EDUCATION

#### District 518 COMMUNITY EDUCATION 827 N. Crailsheim Road

Worthington, MN 56187

507-376-6105 www.isd518.net/commed

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District 518 **Community Education** 



#### Photo Use:

Worthington District 518 Community Education and its representatives may take photos or video images of participants in their classes/activities. These images would be used for the Worthington District 518 Community Education catalog, webpage, social media, or other publications.

If you do not want yourself or your child's photo used for such purposes, please contact us via our webpage: www.isd518.net/enrichment and fill out the Denial of Photo Use Form.

Once completed, mail the form to: Worthington District 518 Community Education 827 N. Crailsheim Road Worthington, MN 56187

Cover Photo Credit: Chansouk Duangapai

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We invite you to become engaged in the community by enrolling in Worthington District 518 Community Education classes and activities. Programs are designed to enrich and inspire you to get the most out of life!

#### **OFFICE HOURS**

Monday - Thursday • 8:00 a.m. - 5:00 p.m. Friday • 8:00 a.m. - 4:30 p.m.

#### OFFICE LOCATION

827 N. Crailsheim Road • Worthington, MN 56187 Phone: (507) 376-6105 Webpage: www.isd518.net/enrichment

For your registration convenience, we offer Online Registration. This is one of many registration options for you.

#### **PAYMENT POLICY**

Payment must accompany registration to ensure enrollment in a class. Registrations without payment will be put on hold until payment is received. Registrations/payments received the date the class begins will be charged an additional \$5 processing fee. All walk-ins and late registrations will be charged the \$5 processing fee. Participants are strongly encouraged to register early. If you have any questions, please contact the Community Education office.

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WWW.ISD518.NET/ENRICHMENT | 507-376-6105



ECFE classes are held at the Community Education Building, 827 N. Crailsheim Road, Worthington, MN 56187

Classes are open to all families in the Worthington School District with children 0-5 years of age and not yet in Kindergarten.

Parents and children attend together and will experience activities, parent discussion and circle time. Spend time with your child/children and create lasting memories!





# HOW TO REGISTER



#### ONLINE

www.isd518.net/enrichment



**CALL** 507-376-6105



STOP IN Community Education Building 827 N. Crailsheim Road, Worthington, MN 56187 Monday-Thursday 8:00 a.m.—5:00 p.m. Friday 8:00 a.m.—4:30 p.m.

#### ECFE Class Fees - Fall 2023

Use your annual income to calculate fees. Please pay for classes when registering.

Household Size	Tuition Donation \$0.00	Reduced 50% Off \$24.00	Full Tuition \$48.00
2	0 - \$14,300	\$14,301 - 20,400	\$20,401 & above
3	\$14,301 - 18,000	\$18,001 - 25,600	\$25,601 & above
4	\$18,001 - 21,700	\$21,701 - 30,800	\$30,801 & above
5	\$21,701 - 25,300	\$25,301 - 36,100	\$36,101 & above
6	\$25,301 - 29,000	\$29,001 - 41,300	\$41,301 & above
7	\$29,001 - 32,700	\$32,701 - 46,500	\$46,501 & above
8	\$32,701 - 36,300	\$36,301 - 51,700	\$51,701 & above

If you have 1 child attending class at full tuition, 2nd child is reduced rate.

**REGISTER FOR SIBLING CARE WHEN YOU REGISTER FOR CLASSES (see below).** Household size is the total number of people living in your home - parents and children. ALL FAMILIES ARE WELCOME. No one will be denied participation due to inability to pay. District 518 residents have priority registration.

#### Sibling Care Services

ECFE has experienced child care assistants available to care for your children who are not enrolled while you attend classes. These child care services are available according to the sliding fee scale.

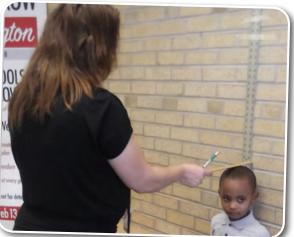
# of Children in Sibling Care	Sibling Care Donation	Reduced 50% Off	Full Tuition
1	\$0.00	\$5.00	\$10.00
2	\$0.00	\$8.00	\$15.00
3	\$0.00	\$11.00	\$20.00

HELP ME GROW

#### Worthington District 518 EARLŸ CHILDHOOD SCREENING

Do you have a child that is 2-5 years old? Has your child been to early childhood screening? If not, read on...

Minnesota State Law requires that children age 3 1/2 - 4 years participate in a developmental early childhood screening. This screening is free. The purpose of the screening is to identify children who may benefit from district and community resources that are available to help in their development.



The screening will consist of the following components: fine/gross motor skills, language development, concepts, height/weight, vision, hearing, review of child's health history, and immunization record (these are not substitutes for comprehensive exams).

District 518 will be sending out letters of invitation to children who are in the appropriate age range. If your child is 4 years of age and has not been screened or if you would like to check if your child is listed on our census, contact Melanie Kuhl, Early Childhood Screening Coordinator at (507) 727-1207 for more information. Early Childhood Screening Dates for this school year are:

> Tuesday, September 19, 2023 • 8 a.m. - 11 a.m. Friday, September 29, 2023 • 8 a.m. - 11 a.m. Tuesday, October 17, 2023 • 12:30 p.m. - 3:30 p.m. Tuesday, November 21, 2023 • 12:30 p.m. - 3:30 p.m. Tuesday, February 20, 2024 • 8 a.m. - 3:30 p.m. Wednesday, March 6, 2024 • 8 a.m. - 11 a.m. Wednesday, April 17, 2024 • 8 a.m. - 11 a.m. Held at the Community Ed Building



# Is your child on track?

#### Learn more and make sure.

#### HelpMeGrowMN.org or 1-866-693-GROW (4769)





# GYMNASTICS

#### 4 & 5 Year Olds

Students who are age 4 or 5 or who have not taken gymnastics before. Parents who have children younger than 4 may enroll their child, but must assist their child during class.

#### MONDAY

6101AF23 Mon., Sept. 11 - Oct. 23, 2023 5:00 - 6:00 p.m. Worthington Gymnastics Facility Head Coach: Joni Reitmeier

7 ses. \$40

#### Beginner I

Student has never taken gymnastics before or has not mastered a cartwheel.

#### WEDNESDAY

6101BF23Wed., Sept. 6 - Oct. 25, 20238 ses.4:15 - 5:45 p.m.\$63Worthington Gymnastics FacilityHead Coach: Joni Reitmeier

#### Beginner II

Student has taken gymnastics before and has mastered a cartwheel.

#### MONDAY

6101HF23Mon., Sept. 11 - Oct. 23, 20237 ses.6:00 - 7:30 p.m.\$55Worthington Gymnastics FacilityHead Coach: Joni Reitmeier

#### WEDNESDAY

6101CF23	
Wed., Sept. 6 - Oct. 25, 2023	8 ses.
5:30 - 7:15 p.m.	\$63
Worthington Gymnastics Facility	
Head Coach: Joni Reitmeier	



#### Parent & Child (Ages 18 mos. - 3 yrs.)

In this program, parents will participate with their children. It is great for bonding as well as getting to know your child's abilities! Our preschool classes are designed to provide your child with movement exploration and exercise in a fun and positive environment! Our lesson plans have specifically selected movements and skills which will enhance your child's cognitive development.

DISTRICT 518 COMMUNITY EDUCATION

#### PLEASE SIGN UP FOR THE CLASS THAT YOUR CHILD'S COACH HAS RECOMMENDED

#### Intermediate

Gymnast has experience on gymnastic equipment and is able to do a backbend kickover. Coaching staff highly recommends students to sign up for both days for best progression of gymnastics skills.

#### TUESDAY

#### 6101DF23

Tues., Sept. 5 - Oct. 24, 20238 ses.4:00 - 6:00 p.m.\$77Worthington Gymnastics FacilityHead Coach: Joni Reitmeier

#### THURSDAY

6101EF23	
Thurs., Sept. 7- Oct. 26, 2023	8 ses
4:00 - 6:00 p.m.	\$77
Worthington Gymnastics Facility	
Head Coach: Joni Reitmeier	

#### Advanced (SWAGS)

This class is focused on training for competitions and is by coach invitation only. You must call Community Education to register.

#### TUESDAY

6101FF23 Tues., Sept. 5- Oct. 24, 2023 8 ses. 5:30 - 8:00 p.m. \$96 Worthington Gymnastics Facility Head Coach: Joni Reitmeier

#### THURSDAY

6101GF23 Thurs., Sept. 7- Oct. 26, 2023 8 ses. 5:30 - 8:00 p.m. \$96 Worthington Gymnastics Facility Head Coach: Joni Reitmeier

#### MONDAY

 6123F23

 Mon., Sept. 11 - Oct. 23, 2023
 7 ses.

 4:15 - 5:00 p.m.
 \$40

 Worthington Gymnastics Facility

 Head Coach: Joni Reitmeier



REGISTER WITH COMMUNITY ED at 507-376-6105 TO BE A PART OF "On The Road to Bremen Town"

#### Dakota Players Children's Theatre Camp - August 14-18 PERFORMANCE - FRIDAY, AUGUST 18 - 7:00 P.M.

Tickets for the performance are available at the Memorial Auditorium Box Office. Up to 50 local youth, Kindergarten through 8th grade, are assured roles in On The Road To Bremen Town. Join a donkey, a dog, a cat, and the most rock a' doodlin' of roosters as

they journey toward Bremen Town, discovering that life can be full of thrills and surprises. Living each moment to its fullest, you never know what tomorrow will bring. COST \$25 - The cost for this activity includes all costs associated with rehearsals and other expenses. T-shirts are available for purchase. Tickets for the final production are not included in this fee for the actors' family members. Scholarships are available upon request with Worthington District 518 Community Education.





This residency is made possible by The Friends of the Auditorium and Worthington District 518 Community Education.

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Rehearsal Schedule

MONDAY AUDITIONS 8:00am-9:45am

10:00am-NOON Select Characters

TUESDAY 8:00am-9:45am Select Characters 10:00am-NOON Select Characters

> WEDNESDAY 8:00am-9:45am Full Company 10:00am-NOON Full Company

THURSDAY 8:00am-NOON Full Company

FRIDAY 8:00am-NOON Full Company Dress Rehearsal

DISTRICT 518 COMMUNITY EDUCATION

# ARCHERY

Are you interested in a sport that offers a lifetime and many levels of competition (from local to national) for everyone? The Southwest Bowbenders Archery Club of Worthington is hosting a beginner class for anyone that might be interested in the sport of archery. This class will teach the basics of archery from safety to proper shooting form. It is a good start for anyone that would like to be involved in a competitive sport or is looking at bowhunting in the future.

Come out to see what archery is all about and what opportunities archery may have for you. Must be 3rd grade or older to participate. Southwest Bowbenders Archery Club is located 3/4 mile south of Hwy 59/60 at 27150 Plotts Avenue (Cty Rd 57).

Instructors are certified by USA Archery.

6103F23 Mon., Oct. 16 - Nov, 6, 2023 6:30 - 8:00 p.m. 4 ses. SW Bowbenders Archery Club \$25/person Instructor: SW Bowbenders Archery Club

# **CELEBRATION CHORUS**



Celebration Chorus is an after school singing opportunity for third through fifth grade students. You will learn to sing music in two and three parts, make up some of your own accompaniments and perform out in the community. Come celebrate together in song!

#### 7916F23

Tues., Sept. 19 - Dec. 12, 2023 3:15 p.m. - 4:45 p.m. Intermediate School Music Room Instructor: Debra Moe

13 ses. \$30

# BEADING FOR YOUTH (GR. 3-8)

Turn sparkling beads into beautiful jewelry! Start learning jewelry making basics in this fun, hands-on workshop. Discover your creative side in this easy to follow class filled with hands-on training and individual guidance to create your own designs. You will create a piece of jewelry to take home so you can show off your new skills.

2002F23 Friday, Oct. 20, 2023 1:00 p.m. - 3:00 p.m. 1 Session Community Education Room 361 \$20 Instructor: Souane Sounthala DISTRICT 518 COMMUNITY EDUCATION



#### INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE - ONLINE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your

practice and study on your own. An optional periodic online question and answer session and a recording of the class is included. For ages 13+. You will be receiving a class link through email one week before class. Topics include: how chords work in a song, how to form the three main types of chords, how to tune your guitar, basic strumming patterns, how to buy a good guitar (things to avoid), and how to play along with simple tunes.



#### 2307F23

Tues., Sept. 26, 2023 6:30 p.m. - 9:00 p.m. Online

1 ses. \$69/person Instructor: Craig Coffman

#### INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE - ONLINE

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do - using chords. Since this class is being held online with



2308F23 Mon., Sept. 25, 2023 6:30 p.m. - 9:30 p.m. Online ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session as well as a recording of the class is also included. The course is partly lecture/demonstration and partly hands on instruction. You will be receiving a class link through email one week before class. Topics include: how chords work in a song, how to get more out of sheet music by reading less of it, how to form the three main types of chords, how to handle different keys and time signatures, how to avoid "counting", and how to simplify over 12,000 complex chords.

1 ses. \$69/person Instructor: Craig Coffman

# ACRYLICS FOR YOUTH (GR. 3-8)

Come learn the basics of acrylic painting! This in-person class is perfect for children who want to learn how to paint. During the session, your child will learn with step-by-step instruction on how to mix colors and apply different brushstrokes. Your child will have the opportunity to create their own masterpiece. No drawing or painting skills required. Supplies will be provided as part of the class fee. 2302F23

Fri., Oct. 20, 2023 1 ses. 9:00 a.m. – 11:00 a.m. \$20/person Community Education Room 361 Instructor: Souane Sounthala



DISTRICT 518 COMMUNITY EDUCATION

# YOUTH IN THE KITCHEN RAMEN NOODLES (GR. 6-8)

Empowering youth starts in the kitchen! In this class, participants will be shown how to turn the average Asian ramen noodle dish into something fun, easy, and nutritious to make. This hands-on class will give youth the opportunity to tap into their creative side and add different protein, vegetables, and spices into their cooking. No cooking experience needed to join! At the end of this class, participants will be

making their own bowl of ramen noodles with confidence.

1273F23 Mon., Aug. 14, 2023 3:00 p.m. - 5:00 p.m. Community Education - Room 361 Instructor: Souane Sounthala

1 ses. \$20/person

# OW TO COOK: EGG ROLLS

Get ready to learn the basics of making crunchy eggrolls from scratch. During this live interactive cooking class, you will learn how to prepare eggrolls by using fresh, high-quality ingredients, and smart cooking techniques. Chef Souane will begin by teaching you how to prepare various fillings to tuck into your eggroll wrappers. Then, you will learn the secrets of preparing a light and aromatic sauce to enjoy with the eggrolls. Class size is limited, so get your registration in early!

1274AF23	
Mon., Sept. 11, 2023	1 ses.
5:30-7:30 p.m.	\$35/pers
Community Education Room 361	
Instructor: Souane Sounthala	

1274BF23 Mon., Oct 9, 2023 5:30-7:30 p.m. son

1 ses.

Community Education Room 361 Instructor: Souane Sounthala

\$35/person

## HOW TO COOK: PHO

Have you had pho before? Do you want to know how to make it? Known as a popular street food in Vietnam, pho has become a globally loved comfort food. This dish allows for customizability with its various add ins and alternative proteins. In this class, Chef Souane will teach you how to make a traditional beef pho starting with making beef stock from scratch! No cooking experience is needed to join this class. At the end of this class, you will leave feeling more confident with pho making and you will also have an opportunity to enjoy a bowl of pho.

1274CF23 Mon., Oct. 9, 2023 5:30-7:30 p.m. Community Education Room 361 Instructor: Souane Sounthala

1 ses. \$35/person 1274DF23

Mon., Oct. 23, 2023 5:30-7:30 p.m. Community Education Room 361 Instructor: Souane Sounthala

1 ses. \$35/person

# ZUMBA

Would you like to dance your way into fitness? Join us as we bring Zumba to you! This class is open to all age groups. Whether you are a beginner or experienced, we would love for you to join the fun! Zumba is a total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Aleida is a certified Zumba instructor who has been teaching Zumba for many years.

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7129AF23 Mon., Wed., Thurs., Aug. 7 - 30, 2023 6:00 p.m. – 7:00 p.m. 11 ses. 7129BF23 Mon., Wed., Thurs., Sept. 6 - 28, 2023 6:00 p.m. – 7:00 p.m. 11 ses. 7129CF23 Mon., Wed., Thurs., Oct. 2 - 25, 2023 6:00 p.m. – 7:00 p.m. 11 ses. \$55/person Community Education Room 362 Instructor: Aleida Garcia Calzada

**DISTRICT 518 COMMUNITY EDUCATION** 

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# Keeping it Healthy CHILDREN, TEENS and YOUNG ADULTS

FREE benefit to children, teens and young adults enrolled in Medical Assistance

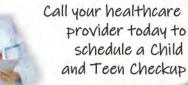


#### Birth through age 20 includes:

- · Complete head to toe physical
- · Checks on development and growth
- Hearing and vision checks
- Blood test
- Immunizations
- Time with your healthcare provider to discuss questions and concerns you have

#### Checkups are recommended:

- Between Birth and 1 month
- At 2, 4, 6, 9, 12, 15, 18, 24 and 30 months
- Every year starting at 3 years through 20
- · More often if needed





Always remember to buckle up your child! For more information or help finding a clinic, scheduling rides, finding interpreters or making appointments with specialists contact your local C&TC Contact.

Nobles County Community Services Main Number: 507-295-5213 or C&TC Contact at 507-295-5369





#### A Mantenerse Sanos NIÑOS, ADOLESCENTES Y ADULTOS JÓVENES

Beneficio GRATIS para niños, adolescentes y adultos jóvenes recibiendo Asistencia Médica

## Child and Teen Checkups

itta tenido un CHECKSP chequeo últimamente?

#### ¿Examen físico deportivo, para la escuela o Head Start?



¡Las visitas de niño sano cubren TODAS las bases en <u>una sola visita</u>!

#### Desde el nacimiento hasta los 20 años incluye:

- Físico completo de pies a cabeza
- Pruebas de desarrollo y crecimiento
- Prueba de oído y vista
- Prueba de sangre
- Vacunas
- Tiempo con su proveedor de atención médica para discutir las preguntas e inquietudes que tenga.

#### Se recomiendan chequeos:

- Entre el nacimiento y 1 mes
- A los 2, 4, 6, 9, 12, 15, 18, 24 y 30 meses
- Cada año a partir de los 3 años hasta los 20
- Más a menudo si es necesario

-	Llan
10.00	mismo
der	Chec
150	Ado

Llame a su médico hoy nismo y haga cita para el Chequeos para Niños y Adolescentes (C&TC)



Para obtener más información o ayuda para encontrar una clínica, programar transporte, encontrar intérpretes o concertar citas con especialistas, comuníquese con su contacto local de C&TC.

iRecuerde siempre abrochar a sus hijos!

Servicios comunitarios del condado de Nobles Número principal: 507-295-5213 o Contacto de C&TC al 507-295-5369







#### NOBLES COUNTY NTEGRATION COLLABORATIVE Adrian Ellsworth Fulda Heron Lake-Okabena Round Lake-Brewster Worthington

827 N. Crailsheim Road, Worthington, MN | 507-376-3300 | www.isd518.net/ncic

The mission of the Nobles County Integration Collaborative, a consortium of adjacent school districts, is to promote student success and community acceptance of cultural differences by providing opportunities for students, families and staff from diverse backgrounds to learn from and with one another.

Fall Opportunities 2023

(All our programs are open to all NCIC member districts and their communities)

#### Afterschool Youth Program (7-12 Grade)

Our 7th Grade Odyssey, 8th Grade Odyssey,



and Dynamic 507 afterschool programs will meet separately this year. The after-school programs are centered on increasing college and career readiness, promoting participation in leadership or civic engagement

activities, and achieving academic success. We will provide a snack and beverage as well as transportation by request. To register or to receive more information, please call (507)376-3300

7th & 8th Grade Odyssey Dates and times: Tuesday, 4:00 p.m. - 5:00 p.m. Location: NCIC, Room 342

Dynamic 507 (9th to 12th grade) Dates and times: Thursday, 4:00 p.m. - 5:00 p.m. Location: NCIC, Room 342

**Kick Off for all after-school youth programs** Date: September 15th, 2023

#### Homework Help (7-12 Grade)



Need a place to study? Do you need help with assignments? Or need help to better understand a subject that you are struggling with? We offer Homework Help for 7th-12th grade students. For this drop-off tutoring, we

will provide a snack and beverage.

Dates and times: Available by appointment throughout the school year by calling (507)376-3300.

#### 23-24 Home Visit Program

Did you know that home visits could increase student performance, jumpstart parent involvement, reduce discipline problems, and increase overall positive attitudes towards school? Home visits provide a great chance for students, parents, and teachers to connect and communicate outside of the traditional classroom environment. We are seeking teachers and school counselors to complete home visits with students and families in the 2023-2024 school year. Participants identify the families they would like to visit and arrange their visits independently. We provide training, a stipend, and mileage for each home visit completed.

#### To register or to receive more information, please call (507)376-3300.

#### Volunteer Opportunity: Serving at The Banquet

(8-12 Grade) NCIC is inviting area youth grades 8th-12th to serve a meal at The Banquet in Sioux Falls, SD. Volunteers are



the heart and soul of The Banquet. Come help serve a meal where people can gather, receive nourishment and experience love. Transportation will be provided. Space is limited, so sign up as soon as possible.

Eligible students: 8th - 12th grade Date: Friday, December 1st, 2023 Departure Time: 3:45 pm at Community Education Return Time: 9:00 pm at Community Education Location: The Banquet in Sioux Falls, SD **To register or to receive more information, please call (507)376-3300.** 

# College Visit at Bethel and Visiting The Urban Village

Attention area high school students. NCIC cares about our youth's future education. We are providing you with a college visit opportunity to learn about the college process. Information on admissions, financial



support such as FAFSA, programs offered, and more. It also includes a campus tour, an overview of Bethel, lunch on campus, and an opportunity to meet Bethel faculty. Following the Bethel visit, we will visit The Urban Village where arts and culture connect in the community.

Date: Friday, October 20, 2023 Depart Time: 8:00 a.m. at Community Education Campus Arrival Time: 11:00 a.m. Pick Up Time: 6:30 p.m. at Community Education To register or to receive more information, please call (507)376-3300.

\*\*Interpreters will be available in Spanish, Karen, and Laotian.

WWW.ISD518.NET/ENRICHMENT | 507-376-6105



#### NOBLES COUNTY NTEGRATION COLLABORATIVE Adrian Ellsworth Fulda Heron Lake-Okabena Round Lake-Brewster Worthington 827 N. Crailsheim Road, Worthington, MN | 507-376-3300 | www.isd518.net/ncic

The mission of the Nobles County Integration Collaborative, a consortium of adjacent school districts, is to promote student success and community acceptance of cultural differences by providing opportunities for students, families and staff from diverse backgrounds to learn from and with one another.

#### Fall Opportunities 2023

(All our programs are open to all NCIC member districts and their communities)

#### Discover the Power of Mentoring!

Our Mentoring Program is specifically designed for 3rd - 5th grade students who are seeking personalized guidance and support. Whether your child



is navigating the challenges of school, exploring their interests, or in need of a positive role model, our program is here to make a difference. We carefully match dedicated high school mentors with mentees based on shared interests and goals, ensuring a meaningful and impactful relationship. Through regular group sessions, our mentors provide guidance, encouragement, and a listening ear. Together, we will empower your child to unlock their potential, build important life skills, and achieve personal and academic success. Join us and let the journey of mentorship transform your child's life!

Date: Monday, starting October 3rd, monthly Time: 4:00 p.m. - 5:00 p.m. Location: NCIC, Room 342 Contact Alyssa at Alyssa.Sounthala@isd518.net for more information

#### Professional Development: Join the Nobles County Equity Advocates meetings!

We would like to invite you to our carefully designed biweekly meetings that focus on equity, under the umbrella of which fall aspects such as culture, race, LGBTQ+ and other underrepresented groups. We want everyone to feel safe and heard in the meetings and everyone's beliefs and values to be respected. We will be grateful for your voice and opinion on the variety of topics mentioned above and our goal is for everyone in the meetings to have the opportunity to share their feelings and educate and influence one another in a positive way. Half the meetings are in-person with the option of joining online, the other half are fully remote. The location for the in-person meetings is the Community Education building at 827 N. Crailsheim Rd. CEUs will be provided. Everyone is welcome!

Dates: Every other Monday 4:30 p.m. (9/11, 9/25, 10/9, 10/23, 11/6, 11/20). After the winter break there will be another 8 meetings, wrapping up on 5/8 Time: 4:30 p.m.

Location: NCIC, Room 342/online

#### Meet the new Coordinator

The NCIC has a new coordinator. Hi, my name is Ada and I am the new NCIC coordinator. I grew up in Poland and am half Polish and half English. I have a degree in English with a major in translation and a postgraduate degree in simultaneous and consecutive translation. In the



past I have been an English tutor, worked at English-immersion camps, done translation work and on-site interpreting. I am excited to create new programs that have a positive impact on the students' lives and am looking forward to contributing to a generation of kind and loving people who are self-aware and respectful of the world. Throughout my work as well as personal life, I have had the privilege and joy to cooperate and interact with people of many cultures. I feel that every culture and in fact every human being has something magical to share. I also value education and believe that it can make a huge difference in our lives and pave the way towards a wonderful future full of meaningful interactions and contribution. Personally, I enjoy spending time in water, nature and reading. My favorite moments in life include those when we understand others without words and feel a loving connection to all life on earth.

# Fall 2023 Kids Library Programs

#### **STORY TIME**

Wednesdays at 10 a.m. Starting Sept. 13, 2023 Toddlers & Preschoolers Join us for stories, action verses and a craft.

#### WII - U GRADE 5-9 Starts September 11, 2023 Mondays After School until 4:45 p.m. Snacks and beverages provided come challenge your friends!

#### AFTER SCHOOL PROGRAM GRADE K-5

Starts September 12 & 14, 2023 Tuesdays and Thursdays until 4:45 p.m. Join us for movie, snacks, crafts, experiments and games!

#### JUST GURLZ GRADE 5-9

#### Starts September 13, 2023

Wednesday, After School until 4:45 p.m. Join us for art & crafts, cooking, experiments & more. Snacks & beverages available,

HAUNTED HOUSE IS COMING SOON

Check our our website for details.

THESE NEW PROGRAMS ARE SUBJECT TO CHANGE. SEE THE NEW, MOBILE FRIENDLY WEBSITE **WWW.NCIDPARY.Org** 

FOR UPDATES AND MORE INFORMATION

# Fall 2023 Adult Library Programs

#### SAMMY JO MILLER PAINT PARTY

September 19 • 6 p.m. - 8 p.m. It will be fall themed. Supplies will be included and are brushes, paint, palette, and canvas. The program is for 16+. Younger people may participate if accompanied by an adult. Please sign up in advance by calling the library or going in person. There will be a cancellation list if the class fills up.

#### PRAIRIE SONGS WITH CURTIS & LORETTA

September 20 • 12 p.m. This folk music group will perform songs from Laura Ingalls Wilder's books. Fun for the whole family! OPEN MIC NIGHT

October 4 • 6 p.m. - 8 p.m. This is for adults only. Come showcase your talents!

#### IT'S AN INVASION October 10 • 7 p.m. - 8 p.m. It's an Invasion – Family Friendly!

It's an Invasion – Family Friendly! Come learn about invasive species from Blue Mounds State Park naturalist Tiffany Muellner.



DISTRICT 518 COMMUNITY EDUCATION



16,000 sq/ft Turf | Indoor Playground | Batting Cages | Open Field Time | Climate Controlled | Year Round Activity

# JBS FIELD HOUSE

The JBS Field House provides our community with access to a wide variety of recreation activities through program partnerships, field rentals, open community times and much more! We can accomodate your need for a practice space, allow you to try a new activity, or just be active when the weather is unfavorable to be outside. Rent a space for your next birthday party, family gathering or other special event.

Open Monday-Saturday 8am to 10pm and Sundays 12pm to 5pm.

#### **Upcoming Community and Special Events**

Boys & Girls High School Soccer Tournament Girls

December 27 & 28 2023

December 29 & 30 2023 8 Team, 2 day tournament

4 game guarantee

4 game guarantee

Boys

8 Team, 2 day tournament

Night to Unite

**Tractor Pedal Pull** 

21 & Older Winter Luau

**Open Batting Cage** 

**Open Golf** 

Open Community Field time

DON'T FORGET ABOUT THE WORTHINGTON ICE ARENA

Open Skate

**Family Skate** 

700 2nd Avenue Worthington, MN 56187 | 507-666-3250 | jbsfieldhouse.com | jbsfieldhouse.info@gmail.com

DISTRICT 518 COMMUNITY EDUCATION

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WWW.ISD518.NET/ENRICHMENT | 507-376-6105

#### DEFENSIVE DRIVER TRAINING MATURE DRIVER

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance. This course teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. It is taught by experienced, professional traffic safety instructors. The class consists of lectures, films, and discussions. There is no behind-the-wheel driving and there are no tests. According to Minnesota state law, people age 55 and older who complete a state-approved defensive driving course are eligible to receive a 10 percent, three-year discount on auto insurance. Contact your insurance agent for details. After you complete the course, you will receive a



certificate of completion to give to your insurance company. This 4-hour refresher course is for mature drivers who have completed the initial 8-hour class.

7204CS23 - 8-hour Beginner Course Sat., Aug. 12, 2023 8:30 a.m5:30 p.m.	1 ses. Rm #353	7204CF23 - 4-hour Refresher Course Thurs., Oct. 12, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #361
7204DS23 - 4-hour Refresher Course Thurs., Aug. 24, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #3	7204DF23 - 4-hour Refresher Course Thurs., Oct. 26, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #361
7204AF23- 4-hour Refresher Course Thurs., Sept. 14, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #361	7204EF23 - 4-hour Refresher Course Thurs., Nov. 9, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #361
7204BF23 - 4-hour Refresher Course Thurs., Sept. 28, 2023 1:00 p.m5:00 p.m.	1 ses. Rm #361	\$28 / per Session District 518 Community Education Building	

**Instructors: Certified AARP Smart Driver Instructors** A \$5 processing fee begins on the date of each class, so please register in advance.



**TEACHERS ON CALL** 



Food Vendors Free Inflatables Free Pancakes Featured Speaker Turkey Race featuring Paycheck vs. Ruby Begonia Daily Music including Johnny Holm Band KTD Grand Parade Free Movie on the Lawn Free Activities for the Kids Beer Garden

**Follow us on Facebook** 

www.kingturkeyday.org



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Vendedores de Comida Juegos Inflables Gratis Pancakes (HotCakes) Gratis Orador Invitado Carreras de Pavos-Paycheck contra Ruby Begonia Música Diario, incluye-Johnny Holm Band Gran Desfile de KTD (King Turkey Day) Película al Aire Libre Gratis Actividades para Niños Gratis Patio Cervecero

#### Síguenos en Facebook

www.kingturkeyday.org

# SOUTHWEST ADULT BASIC EDUCATION

827 N. Crailsheim Rd. Worthington, MN 56187 isd518.net/community-education/abe/

#### **Morning Classes**

Mon/Wed/Thurs 8:45 a.m. - 10:15 a.m. Mon/Wed/Thurs 10:15 a.m. - 11:45 a.m. \*Beginning Literacy English \*Intermediate English \*Advanced English

> Tues/Fri 8:45 a.m. - 10:15 a.m. \*Citizenship \*GED/Math/Reading

#### **Mid-Day Classes**

Mon/Wed/Thurs 12:00 p.m. - 1:30 p.m. \*High Beginning/Intermediate English

Tues/Fri 12:15 p.m. - 2:15 p.m. \*Digital Literacy/Computer

#### **Evening Classes**

Mon/Wed 6:00 p.m. - 8:00 p.m. \*Beginning Literacy/Beginning English \*High Intermediate/Advanced English

Tues/Thurs 6:00 p.m. - 8:00 p.m. \*Beginning English \*Intermediate English \*Citizenship \*GED/Math/Reading



#### CLASSES START AUGUST 28, 2023

CALL **507.376.6105** AND REGISTER TODAY!

#### FREE BUSING!

#### FREE CHILDCARE!

Call Petra at 507.376.6105 or Stacy at 507.727.1239 for more information.

#### CLASSES ARE AVAILABLE IN:

- Fairmont
- Fulda
- Luverne
- Madelia
- Mountain Lake
- Saint James
- Windom
- Worthington

DISTRICT 518 COMMUNITY EDUCATION

# FAMILY & COMMUNITY LIAISONS

# FAMILY & COMMUNITY LIAISON

Family and Community Liaisons help connect people with resources in the community and schools. Los Enlaces de Familias y con la Comunidad ayudan a conectar a las personas con recursos en la comunidad y las escuelas.

#### New location

**Nueva ubicación** Offices are still located in Community Education, now located at: Las oficinas siguen en el edificio de Community Education, que ahora se encuentra en: 827 N Crailsheim Rd Worthington, MN 56187

#### Staff



Liliana Perez Speaks Spanish 507-727-1123 Adry Stafford, Coordinator Speaks Spanish 507-370-3682





SaK Blu Promiseland Speaks Karen 507-372-1205

Nelson Bonilla Speaks Spanish 507-372-4664





Sagrario Lopez Speaks Spanish

This department will connect people with Community resources related needs such as: Housing Healthcare Employment Transportation Education Legal Services Financial Info Citizenship

The department will also connect people with School information, resources, and opportunities such as: School Registration Family Engagement Language Support Conferences Home Visits Referrals to school opportunities Training for on-call interpreters Este departamento conecta a personas con recursos en la comunidad que puedan necesitar, como: Vivienda Cuidados de Salud Empleo Transporte Educación Servicios Legales Información Financiera Ciudadanía

Este departamento también conecta a personas con Información, recursos y oportunidades escolares, como: Inscripciones Escolares Participación Familiar Apoyo con el Lenguaje Juntas Escolares Visitas a Domicilio Recomendaciones para Oportunidades Escolares Entrenamiento para Intérpretes ဝဲးကိုၤတခါအံၤကဒုးစဲဘူၤပှၤဂိၢမုၢ်ဃှာ်ဒီး ပှၤတဝၢအတၢ်ဟ့ဉ်မၤစၢၤလီၤတၢ်လၢအဘဉ်ထွဲလိာ်အသး တၢ်လၢအလိဉ်သ့ဉ်တဖဉ်ဒ်အမ့ၢ်: ဟံဉ်ဃီ ဆူဉ်ချ တဖံးတၢ်မၤ ဝံစိာ်တီဆှၢ တၢ်ကူဉ်ဘဉ်ကူဉ်သ့ သဲစးအတၢ်မၤစၢၤ ကိုုဉ်ဧိၤစ့ဧိၤအဂ္ဂၢ်အကိုုာ် တၢ်ကဲထံဖိကိၢိဖိ

ဝဲးကိုးတခါအံးကဒုးစဲဘူးပှးဂီၢိမုၢဴဃုာ်ဒီကို တဂ်ဂဲတဂ်ကိုဉ်, တဂ်ဟွဉ်မၤစၢၤလီၤတဂ်, ဒီးတဂ်ခွဲးအယာ်ဒ်အမ့ၢ်: တစဲးလီးမံၤလၢကို ဟံဉ်ဖိဃီဖိအတဂ်ရလ်ာ် ကျိာ်အတဂ်ဆီဉ်ထွဲမၤစၢၤ တဂ်အိဉ်ဖိုဉ်ကူဉ်လိာ် ဟံဉ်အတဂ်လဲၤအိဉ်သကိး တဂ်မၤစၢၤဆူကျိာ်တဂ်ခွဲးတဂ်ယာ်တဖဉ် တဂ်သိဉ်လိလၢပုၤကျိာ်ထံတဂ်အဂီဂ် Looking for a place for your special event?



Memorial Auditorium does rentals for private parties, movie screenings, meetings and other special events.

For information 507-376-9101 or email

thememorialauditorium@gmail.com

DISTRICT 518 COMMUNITY EDUCATION





#### SOUTHWEST MINNESOTA **OPPORTUNITY COUNCIL** FAMILY PLANNING



We offer annual exams, testing, preconception health & treatment of sexually transmitted infections.

#### Supported in part by Minnesota Department of Health

💓 Werthington 🖌 REGIONAL HEALTH CARE FOUNDATION, INC. OFFICES LOCATED IN WORTHINGTON MARSHALL • REDWOOD FALLS WWW.SMOC.US



#### MEDICAL SERVICES

Well-Women Exams STI Testing and Treatment **HIV** Testina **Pregnancy Testing** Pap Smears Breast Exams **Contraceptive Methods Reproductive Life Planning** Education and Counseling Preconception Healthcare **Emergency** Contraception **Community Education** SAGE Provider **Essential Community Provider** 

#### **SERVICIOS MEDICOS**

Analisis y Tratamiento para FTS Planificación de vida reproductiva y Pruebas de Embarazo

Analisis de Papiloma humano Exámenes para el seno Educación y Consejería Cuidado de Salud antes de la Concepción Anticoncepción de Emergencia

Educación en la comunidad proveedor de SAGE Proveedor esencial de la comunidad

#### Worthington

Office: 1.507.376.4195 Cell: 1.507.350.4436 Spanish and English Cell Worthington, MN 56187

#### Marshall Office: 1.507.537.1950

Cell: 1.507.591.6435 Marshall, MN 56258

Redwood Falls 1.507.591.6435 Redwood Falls, MN 56283 Broadway Building CentraCare

#### Clínica de Worthington

Lunes-Jueves 8:00am-4:00pm Números de oficina 1-507-376-4195 Números de cellular 1-507-350-4436 Celular Español e Inglés 909 4th Ave. Worthington, MN 56187

Clínica de Marshall Lunes-Jueves 8:00am-4:30pm Números de oficina 1-507-537-1950 Números de celular 1-507-591-6435 109 S 5th St. Suite 100 56258 Marshall, MN

Clínica de Redwood Falls Primer Jueves del mes por consulta o cita Número 1-507-591-6435 Red Wood Falls, MN (Si necesita asistencia inmediata Lunes-Viernes de cualquuer locación llame al 01-800-658-2444

#### တၢ်ကူဆါအကျဲတဖဉ်

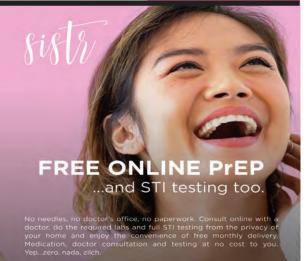
နိၢိခိက္ခၢ်ဂီးတၢ်မးကွာ်တဖဉ် ဆူပု၊သးစၢ်ပု၊နီၢိဒိဉ်သ့ဉ်တဖဉ်အဂ်ီ၊. STI တာ်မးကွာ်ငီးတာ်ကူဆါ. တၢ်ကူဉ်ထီဉ်ဖးလီးတၢ်အိုဉ်မူလ၊အိုဉ် ထီဉ်ဇီးဟုးသးဇီးတာ်မာကွာ်ပုံးမိား။ တာ်တြီဟုးသး. Pap Smears:တာ်မာကွာ်ဝိဉ်မှဉ် အလိုးခ်ိန်ထိုး/ Breast Exam: တါမးကွာ်နာ် ဟုဉ်ဆူဉ်ချပီညါစီးဟုဉ်ကူဉ်ဟုဉ်ဖးတ). တၢ်က္စာ်ထွဲစီးသူဉ်ညါဆိနီ၊ိဓိတၢ်အိုဉ် ဆူဉ်အိဉ်ချတချူးစထီဉ်. ကသံဉ်တြီဟုးသးလ၊ဂ့ၢ်ဂီးအူအဂ်ီ၊ တၢ်ဟ့ဉ်ပီညါနီးပူးတဝ၊အတၢ်သ္ဉ်ညါ အဂ်ိို.

ပု၊ကရ၊ကရိတ်၊ကသံဉ်သရဉ်တဖဉ်. တၢ်ကရာကရိလ၊ၦၤတဝ၊အတၢ်လိဉ်အဂ်ီ၊

#### တၢလီး

Marshall

SMOC Family Planning



za ahora en heysistr.com/smoc



Need help with child care? Looking for child care? Interested in providing child care? *Child Care Aware* can support you.



#### <u>www.parentaware.org</u> MN's child care search site

Region 8 Child Care Aware Southwestern MN Opportunity Council 1106 3<sup>rd</sup> Avenue PO 787 Worthington MN 507-376-4195 or 800-658-2444

#### The AHA and AmeriCorps

Recently, AmeriCorps and the Centers for Disease Control and Prevention have joined forces to launch a domestic service opportunity intended to:

 Help meet public health needs of local communities by providing needed capacity and support in state and local public health settings and advancing more equitable health outcomes for communities who are currently or historically underserved.

 Provide pathways to good quality public healthrelated careers by providing exposure through onsite experience, training, and more, with a focus on recruiting AmeriCorps members who reflect the communities in which they will serve.

Hola mi nombre es Steeven Vidal, soy un trabajador de la salud de la comunidad (CHW), y un voluntario de la Associacion Americana del el Corazon. Educacion con respecto a Presion Arterial, y Diabetes. Para esos que esten interesados y quieran aprender estas tecnicas, que pueden ayudar a salvar vidas.

AmeriCorps



Hello, my name is Steeven Vidal, I am a Community Health Worker (CHW), and a volunteer for the American Heart Association.I provide education regarding blood pressure, and diabetes. For those who are interested and want to learn about techniques that can help save lives.



Steeven Vidal HeartCorps Service Member Steeven.Vidal.HeartCorps@Heart.org 1-507-350-5833

# THE HISTORIC DAYTON HOUSE IS YOUR HOME FOR MEETINGS | CONFRENCES | SHOWERS | RECEPTIONS | PARTIES | ANNIVERSARIES SPECIAL EVENTS | REUNUIONS | TOURS | WEDDINGS | PHOTO SHOOTS | GUEST SUITES



# 1311 FOURTH AVENUE | WORTHINGTON, MN 56187 | 507-727-1311 | INFO@DAYTONHOUSE.ORG WWW.DAYTONHOUSE.ORG

HISTORIC DAYTON HOUSE

the

# Worthington Area YMCA FITNESS



#### Group Exercise Schedule/Clases de Ejercicio

Class	Monday	Tuesday	Wednesday	Thursday	Friday
Group Cycling (10)	5:40am				5:40am
Aquanastics (R-\$)	8-8:55am		8-8:55am		8-8:55am
Fusion	9-9:45am		9-9:45am		9-9:45am
SilverSneakers Classic	10-10:45am		10-10:45am		
PICKLEBALL	10am-	10am-	10am-	10am-	10am-
Strong In 30 (12)	5:15-5:50pm	8:30-9:05am	5:15-5:50pm	8:30-9:05am	
SilverSneakers Chair Yo	oga	9:15-9:55am		9:15-9:55am	
ForeverWell Strength C	lircuit	10-10:30am			
Strength Train Togethe	er (12)	4:15-5:15pm		4:15-5:15pm	
STEP It Up (12)		5:15-6:00pm		5:15-6:00pm	
ZUMBA		6:30-7:30pm		6:30-7:30pm	
Defend Together			4:15-5:15pm		
ForeverWell Strength 8	Balance Circuit			10-10:30am	
Drumming Alive					10-10:30am

# Personal Training Fortrenamiento Personal

Whether your goal is to lose pounds/inches, gain strength and balance, reduce stress, increase performance, build muscle/tone, or improve your health, our trainers are dedicated to your success.

Ya sea que su objetivo sea perder libras/pulgadas, ganar fuerza y equilibrio, reducir el estrés, aumentar el rendimiento, desarrollar músculo/tono o mejorar su salud, nuestros entrenadores están dedicados a su éxito.

Length	Number of Sessions			
Member	<mark>≶</mark> 6	8	12	
30 min	30 min \$125		\$220	
45 min	\$175	\$230	\$300	
60 min	\$220	\$380		
	Number of Sessions			
Non-	Numb	er of Ses	sions	
Non- membe		er of Ses 8	sions 12	
Non- membe 30 min		r 1	1	
30 min	<mark>≶</mark> 6	8	12	



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#### Active Teens Adolescentes Activos

Active teens: youth ages 13–15 years will learn how to correctly use the strength and cardio equipment in the Fitness Center. By passing this program, the student will receive their Active Teens pass allowing them to use the Fitness Center.

#### Member: \$15 Non-Members: \$20

Adolescentes activos: los jóvenes aprenderán cómo usar correctamente el equipo de fuerza y cardio en el gimnasio. Al aprobar este programa, el estudiante recibirá su pase que le permitirá usar el gimnasio.

#### Training Plans Tailored To You! Planes de entrenamiento a tu medida

Are you looking for a fitness plan that is tailored to your needs, but already have the motivation to work out on your own? Check out our website to see how we can help you create an individualized exercise program!

#### 2-Day: \$40, 3-Day: \$45, 4-Day: \$50, 5-Day: \$55 \*use your plan up to 12 weeks

¿Está buscando un plan de acondicionamiento físico que

se adapte a sus necesidades, pero ya tiene la motivación para hacer ejercicio por su cuenta? Visite nuestro sitio web para ver cómo podemos ayudarlo a crear un programa de ejercicios individualizad.

#### King Turkey Day Run/Walk September 16, 2023 @ 9:00am

#### Start Times

All races will begin at 9:00am and will be lined up with the walkers in the back of the crowd

The 5K and 10K are timed events. The 10K is a USATF certified course.

Packet pick up will be at the YMCA on Fri. September 15th from 4:00 - 7:00 pm or day of at Trends Salon parking lot from 7:30-8:30am. All registered participants will be required to wear their bibs while participating in the event.

#### Awards

There will be a brief ceremony to award medals to the top 3 finishers

in each age category for the 5K and 10K races

Register to race/walk Herel

To register for or view additional information go to:



\$25 April 17 - September 1, no shirt \$35 April 17 - September 1, shirt sizes guaranteed \$40 September 1 - 16, shirts are not guaranteed

5K/10K

KTD WALK \$25 April 17 - September 1, no shirt \$35 April 17 - September 1, shirt sizes guaranteed \$40 September 1 - 16, shirts are not guaranteed



Recognition ceremony. This event is to honor and appreciate our dedicated volunteers that help make our mission come to life!



Join us at the YMCA to give the gift of life!

The Worthington Area YMCA is a proud site host for the American Red Cross Blood Drives! These events are sponsored by Leading Edge Credit Union! You can make a huge impact is a small way!

Future dates at the YMCA:

September 26, 2023 from 12:00 pm - 6:00 pm December 20, 2023 from 12:00 pm - 6:00 pm

> Schedule your donation at: https://www.redcrossblood.org/



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WWW.ISD518.NET/ENRICHMENT | 507-376-6105

American **Red Cross** 



the

# Worthington Area YMCA Youth Sports and Rec

Get Registered Now iRegistrate ya!



PROGRAM	AGE/ GRADE	DAY OF THE WEEK	PROGRAM	AGE/ GRADE	DAY OF THE WEEK
Mini-Sports	Pre- school	Saturday Morning	Mini-Sports	Pre-school	Saturday Morning
Nerf Football	K - 1st Grade	Tuesday Nights	Nerf Football	K - 1st Grade	Tuesday Nights
Homeschool Gym	8th Grade and Under	Monday Afternoon	Homeschool Gym	8th Grade and Under	Monday Afternoon
Fall Soccer	K-6th Grade	Thursday Evenings	Fall Soccer	K-6th Grade	Thursday Evenings
Fall Volleyball	3rd - 6th Grade	Wednesday Night Practice with Saturday Morning Games	Fall Volleyball	3rd - 6th Grade	Wednesday Night Practice with Saturday Morning Games
Boys and Girls Traveling Basketball	4th - 8th Grade	Practice twice a week and play in various towns on 5 Saturdays throughout the season	Boys and Girls Traveling Basketball	4th - 8th Grade	Practice twice a week and play in various towns on 5 Saturdays throughout the season
3 on 3 Sports	3rd-6th Grade	Meets Wednesday after school	3 on 3 Sports	3rd-6th Grade	Meets Wednesday after school

#### More Info Available on Our Website www.ymcaworthington.org

# Para más información visite nuestra pagina www.ymcaworthington.org

# Worthington Area YMCA HEALTHCARE FOUNDATION. INC.

Fall Tuesday & Thursday Sept 5 - Sept 28	Aqua Tots	Preschool 1	Preschool 2	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
5:00-5:30 PM				x		x			
5:35 - 6:05 PM Stage 4 (5:35 - 6:15 PM)		x					x		
6:10 - 6:40 PM Stage 5&6 (6:20 - 7:00 PM)					x			x	x

Fall Monday & Wednesday Session 1 October 9 – November 1	Aqua Tots	Preschool 1	Preschool 2	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
5:00-5:30 PM	x	x							
5:35 - 6:05 PM			x		x				
6:10-6:40 PM				x		x			1

Fall Monday & Wednesday Session 2 November 6 - 29	Aqua Tots	Preschool 1	Preschool 2	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
5:00-5:30 PM	x		x						
5:35 - 6:05 PM Stage 5&6 (5:35 - 6:15 PM)				x				x	x
6:10 - 6:40 PM Stage 4 (6:20 - 7:00 PM)					Π	x	x		



Our mission is to enrich the lives of our aging population by providing a dedicated space to promote social interaction, physical activity, health guidance, resource assistance, and educational opportunities.

#### We are a community center for those 50+

We offer pickleball, racquetball, pool tables, walking track, cards, shuffleboard courts, computer lab, and so much more! We have an exciting year planned for 2023! Become a member and join in on the fun!

#### Aged 50+: business hours access: \$35/year Aged 50+ extended hours access: \$60/year + \$15 fob fee Courts Membership: \$125/yr +\$15 fob fee

A courts membership is for those aged 18-49 years and allows you gym and racquetball court access outside of regular business hours



We are the home of Senior Dining, a service of Lutheran Social Services.

211 11th Street, Worthington

FIND US ON FACEBOOK! 507-376-6457 www.centerforactiveliving.com

#### COMMUNITY/ SENIOR SERVICES



#### RSVP Bone Builders

Trained volunteers lead light weight training exercises that help in protecting against fractures caused by osteoporosis by increasing muscular strength and bone density. Class can help prevent and reverse bone loss, helps to improve balance, enhances energy and well-being, increases socialization, and provides health information. No reservation needed - come and join the fun!

For time and location in Reading, Adrian, Rushmore or Round Lake, please call A.C.E. of SWMN/Nobles Co. Coordinator Joanne Bartosh at 507-295-5262.

#### Worthington Senior Dining

Senior Dining ph#: 507-376- 9718 Dining site: Center for Active Living 211 11th Street, Worthington Senior Dining offers a good, healthy meal!

• Meals delivered daily (weekend meals available) • Congregate dining Monday – Friday: 11:30 a.m. Ages 60+ \$5.00 - suggested donation per meal Under age 60 \$8.75 suggested donation per meal Accepts SNAP benefits.

Call to reserve your meal by noon the day before.

VOLUNTEERS NEEDED FOR MEAL DELIVERY!

#### Manna Food Pantry

Mon., Wed., Fri. 11:00 a.m. - 2:00 p.m. Volunteers needed for distributions. Westminster Presbyterian Church, 230 Clary Street 507-329-1951 or mannafoodpantry1@yahoo.com

#### Important Information for Seniors/Boomers

Nobles County Community Services (Family Services and Public Health) 507-295-5213

Nobles County Veterans Service Officer 507-295-5292

A.C.E. of SW MN, Nobles County 507-295-5262

#### Active Older Adult Programming

Worthington Area YMCA, 1501 Collegeway 507-376-6197

Silver Sneakers Exercise programming and membership...YOU may qualify for FREE membership at the Y! Come check it out.

ForeverWell Strength Circuit & Balance every Tuesday and Thursday at 10 a.m. Free to members

Aquanastics Monday, Wednesday, Friday at 8 a.m. Cost is \$25 for members, \$50 for non-members.

Group Cycling Exercise Programs for all ages and abilities... Come join the fun for the HEALTH of it! Mondays & Fridays, 5:40 a.m. Free to members.

#### Mobile Meals of Worthington

Monday - Friday Meals delivered after 11:00 a.m.

If you are in need of good, healthy meals to be delivered to your home, contact Dee Ella at 376-4769. Meals are prepared for the noon meal and delivered Monday through Friday. Cost is \$5 per meal per day. Call and get on the list.

#### Worthington Christian Church Food Shelf

Tuesday 3 p.m. to 6 p.m. Thursday 1 p.m. to 5 p.m. Friday 1 p.m. to 3 p.m. First Sunday of each month 4 p.m. to 6 p.m.

Contact: LeAnn Thiner 507-376-5921



Senior Linkage Line® 1-800-333-2433

**MN Online Resources** www.minnesotahelp.info

#### **Nobles County** Senior Advisory Committee

Meets 4th Thursday of each month via Zoom at 11 a.m. Anyone is welcome to join us, and we encourage people over 55 to participate. Please contact Joanne Bartosh at 507-295-5262 to get on the notification list with further information.

# FALL 2023 August

August - October - Tuesdays August - October - Saturdays August 2-6 August 5, 2023 August 12, 2023 August 19, 2023 August 24, 2023 August 26, 2023 August 28, 2023 August 28, 2023

#### SEPTEMBER

September 10, 2023 September 15 & 16 September 23, 2023 September 25, 2023 September 28, 2023 September 29, 2023 September 30, 2023 September 10 - October 27

#### OCTOBER

October 7, 2023 October 14, 2023 October 14, 2023 October 23, 2023 October 23, 2023

#### NOVEMBER

November 2, 2023 November 6, 2023 November 14, 2023 November 22, 2023

#### DECEMBER

December 1, 2023 December 7, 2023 December 8, 2023 December 9, 2023 December 9, 2023

December 16, 2023 December 18, 2023

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5:30 p.m. 12:00 p.m. - 4:00 p.m.

2:00 p.m. - 4:00 p.m.

5:30 p.m.

12:00 p.m. - 4:00 p.m.

5:30 p.m. 7:00 p.m.

7:00 p.m. 6:30 p.m.

7:30 p.m.

5:00 p.m. - 7:30 p.m. 7:30 p.m.

12:00 p.m. & 6:00 p.m. 7:00 p.m. Farmers Market, Downtown Pavilion Farmers Market, Runnings Parking Lot Nobles County Fair Races, Worthington Speedway Races, Worthington Speedway Races, Worthington Speedway 9th Grade Transition Day Season Championship Races, Worthington Speedway Art Club at Nobles County Art Center Art Show, Creature Feature by Kelly Henkels

Art Opening Reception, Sarah Sampedro - Art Center King Turkey Days HS Marching Band at Waseca Marching Classic Art Club at Nobles County Art Center Learning Center Picture Day Homecoming HS Marching Band Tri-State Band Festival @ Luverne Art Show, Homestead Photography by Sarah Sampedro

HS Marching Band @ Festival of Bands-Sioux Falls HS Marching Band Youth in Music at Mpls Sassy Saturday Art Club at Nobles County Art Center HS/MS Choir Concert, HS Gym

HS/MS Indoor Marching Band Concert-HS Gym Choir Concert at Big S Choral Festival Helping Hand Annual Fundraiser MS Renaissance Program

Holiday Parade Event at JBS Fieldhous
HS Fall Play at Mem Auditorium
HS Fall Play at Mem Auditorium
Wild Turkey Shoot-Out
Worthington Wonderland
IMS Celebration Chorus
& 5th Gr Strings Concert at IMS
HS Madrigal Dinners, HS
MS/IMS Festival of Music Concert, HS Gym

DISTRICT 518 COMMUNITY EDUCATION

32

WWW.ISD518.NET/ENRICHMENT | 507-376-6105

# studi3

WGTN-TV (Studio 3) facilitates awareness, encourages involvement and promotes student and community participation through locally originated cable television. Studio 3 works for and is governed by the City of Worthington and District 518 Schools.

We have been working towards getting ready for our future. Cable television continues to make changes, and we know that some do not have cable in their homes any longer. We have 2 YouTube Channels that will have our Worthington and District 518 events on – concerts, Trojan soccer, football, volleyball, basketball and more. We will be doing less Facebook Live events and more live YouTube events for the coming school year. This is how to find us:



Community Feature Stories

Trojan News

District 518 Features

School Features

Worthington City Council Meetings

District 518 School Board Meetings

Focus Forward – Chamber Highlights

Special School Events

Nobles Co. Historical Society

Trojan Sports

Worthington Music – WASO, City Band

District 518 Music Programs

Church Services



Webpage: wgtntv3.isd518.net

Facebook: Search for WGTN-TV3

Phone Number: 507.727.1158

Email: Studio3@isd518.net





@worthingtonisd518events

We will be using the YouTube Channel for all live events -Homecoming, Graduation, Prom, Music Concerts, and more.

We will have Trojan Volleyball, Football, Soccer (b/g), Wrestling, and Basketball (b/g) games live on our YouTube channel as the game is happening. The recorded game will stay on the page for 24 - 48 hours and then deleted. Once the respective sports season has concluded, they will be re-added. We will have all archived broadcasts available after that point for your viewing.

Trojan News

School Features

Prairie Elementary & Intermediate

School Concerts

WMS & WHS Concerts

Special School Events

Trojan Sports



Webpage: wgtntv3.isd518.net

Facebook: Search for WGTN-TV3

Phone Number: 507.727.1158

Email: Studio3@isd518.net



Wow! What a busy and active summer it has been for District 518! We anxiously await the staff and students to begin our expanded preschool program at District 518 Community Education.

Our new student enrollment is currently open for the upcoming 2023-2024 school year. To help our staff be prepared, along with making sure we have planned correctly, we encourage you to enroll your children early. If your child or children did not attend school in District 518 last year, we would like to get them registered now. If you need registration information or have guestions on the process, please see the additional information in this catalog or call Community Education at 507.376.6105.

We do have a number of new staff along with new administrators throughout the district. Some other changes do include scheduling, program, and initiative changes to enhance the educational learning of students. All this leads to the excitement of a fun-filled educational experience for the school year. If you have the opportunity, please make sure to welcome the new members to the educational team.

As summer is coming to a close soon, we have a number of available jobs still available – teaching, paraprofessionals, custodial, sports and activities. We are always in need of substitutes for many of our teachers and paraprofessionals. For our current job listings isd518.net/district/employment/. The Worthington School District has partnered with Teachers On Call to fill our Substitute Teacher and Substitute Paraprofessional positions. If you are interested in applying, please visit www. teachersoncall.com or don't hesitate to contact Teachers on Call directly at 800.713.4439 with questions. If you are already employed by Teachers On Call in a surrounding district, please contact them for access to Worthington School District (you need not reapply).



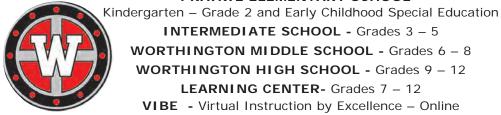
The plans are developing to have a Ribbon Cutting and Public Open House for the District 518 Administrative Office that will be held on Thursday, September 7 from 3 p.m. to 6 p.m. Building tours will be available along with light refreshments to be served. We welcome all to come and look at the renovated office building.

We look forward to a great 2023-2024 school year. Enjoy the rest of your summer!

- John Landgaard Worthington School District 518 Superintendent

#### DISTRICT 518 SCHOOLS FOR THE 2023-2024 YEAR

DISTRICT 518 COMMUNITY EDUCATION at West Learning Center - Preschool **PRAIRIE ELEMENTARY SCHOOL** -



**INTERMEDIATE SCHOOL -** Grades 3 – 5

WORTHINGTON MIDDLE SCHOOL - Grades 6 - 8

WORTHINGTON HIGH SCHOOL - Grades 9 – 12

**LEARNING CENTER-** Grades 7 – 12

VIBE - Virtual Instruction by Excellence - Online

#### EDUCATIONAL EXCELLENCE FOR ALL LEARNERS TO BE SUCCESSFUL CITIZENS IN THE FUTURE

We are a growing school district with many different options for each student enrolled to access. Accepting registrations and enrollments throughout the year for students interested in receiving their education with District 518. For more information www.isd518.net.



In the event of ISD 518 schools closing, having late starts, or being dismissed early due to weather, ISD 518 will notify the following news stations:

RADIO

95.1 FM • 93.5 FM 104.3 FM • 730 AM

**KELO TV • KSFY TV** WORTHINGTON CABLE 3

Also, check our social media pages on

Facebook, Instagram, and Twitter for weather related updates.

#### TROJAN ACTIVITY PASSES

On sale August 1st in the High School Office.

#### Students of District 518

- Students K-4 will receive passes for Free Entrance into Sporting and Fine Arts Events (Students K-6 must be also accompanied
  - by an adult)
- Students 5 12 will use their Student ID for free entrance into Sporting and Fine Arts Events

#### Students not from District 518

<ul><li> K-6 Pass (unlimited)</li><li> 10 Punch Pass</li></ul>	\$25.00 \$30.00							
Gr. 7-12 Pass (unlimited)	\$50.00							
Adult 10 Punch Pass Adult Pass (unlimited)	\$55.00 \$80.00							
Golden Age Pass (65+)(unlimited)	FREE							
Family Pass (unlimited) \$200.0								
Activity Passes are not honored at tournaments.								



#### FREE AND **REDUCED LUNCH** INFORMATION

If you believe your student(s) may qualify for free or reduced lunch service, please visit the ISD 518 website at www.isd518.net and locate the link for the "Free and Reduced Lunch Application" under the "Resources" section.

This application may also be found on the Minnesota Department of Education website.

Drop off completed forms at the ISD 518 District Office located at 117 11th Avenue.

Questions or need assistance? Contact Tracy at 507-372-2172 or by email at tracy. kunkel@isd518.net. Spanish families contact Adry Stafford at 507-370-3682. The USDA is an equal opportunity provider and employer.

2023 = 2024 JUNUL CALENDAR																				
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MAY 27..... NO SCHOOL - MEMORIAL DAY



DISTRICT OFFICE Phone: 507-372-2172 Fax: 507-372-2174 www.isd518.net

PRAIRIE ELEMENTARY Phone: 507-727-1250 Fax: 507-727-1255 www.isd518.net/pe

INTERMEDIATE SCHOOL Phone: 507.727.1275 Fax: 507.727.1176

www.isd518.net/schools/is

WORTHINGTON MIDDLE SCHOOL Phone: 507-376-4174 Fax: 507-372-1424 www.isd518.net/ms

WORTHINGTON HIGH SCHOOL Phone: 507-376-6121 Fax: 507-372-4304 www.isd518.net/hs

> LEARNING CENTER Phone: 507-372-1322 Fax: 507-372-1361 www.isd518.net/lc

COMMUNITY EDUCATION Phone: 507-376-6105 Fax: 507-376-6703 www.isd518.net/commed

SPECIAL EDUCATION Phone: 507-372-2983 Fax: 507-372-2980

DEPT. OF TEACHING & LEARNING Phone: 507-727-1247

#### **ISD 518 SOCIAL MEDIA**



K-12 REGISTRATIONS, along with all Community Education programs, will be at the new site as of February 13, 2023

## Community Education Center 827 N Crailsheim Rd Room #310

Documents needed to register a new student:

- Birth certificate
- Immunization records
- Power of attorney (if applicable) Information from previous school (if transferring)

For more information or to schedule an appointment, please call 507-376-6105. You can text or email Adry at 507-370-3682 or adry.stafford@isd518.net



Independent School District 518 Worthington, Minnesota



Las INSCRIPCIONES de Kínder a 12° del Distrito 518, junto con todos los programas de Community Education, van a estar en un lugar nuevo a partir del 13 de Febrero, 2023

#### Community Education Center 827 N Crailsheim Rd #310

Documentos necesarios:

- Acta de nacimiento Registro de vacunas Carta de poder legal (si aplica) Información de la escuela anterior
- (si vienen de otra escuela)

Si necesitan más información o hacer una cita, pueden llamar al 507-376-6105. Mensaje de texto o correo electrónico a Adry al 507-370-3682 o adry.staffordeisd518.net



Independent School District 518 Worthington, Minnesota

# PRAIRIE ELEMENTARY & INTERMEDIATE SCHOOL CONFERENCES



#### PRAIRIE ELEMENTARY CONFERENCES Thursday, August 24th from 8 a.m. to 8 p.m.

#### INTERMEDIATE SCHOOL CONFERENCES Wednesday, August 23rd from 8 a.m. to 8 p.m.

Conference times are assigned and have been sent to Prairie Elementary families. If you have not received a conference date and time, please contact the Prairie Elementary office.

#### **MEET YOUR STUDENT'S TEACHER!**

- See where the classroom is located
- Learn more about your teacher and the upcoming school year

#### HAVE YOUR PICTURE TAKEN!

- Have your picture taken in the gym by Ricker's Photography Studio
- Plan to do this before or after your scheduled conference time

#### LEARN ABOUT YOUR BUS!

- · Get information from the bus company including your bus number and schedule
- Make any necessary changes to information that would affect bussing

#### LEARN ABOUT IPADS AND FIELD TRIPS!

- · Fees will be collected for iPad insurance and field trips
- Fees may be paid ahead of time using Campus Parent Portal

#### •

#### PARENT PORTAL

- Receive important calls and alerts
- Complete necessary paperwork
- Check your student's grades and attendance
- Pay fees online and check lunch account
- Sign up at www.isd518.net/portal-application-english

#### SEE SAW

- · Receive school announcements including weather cancellations
- Check student work
- See activities information
- Communicate with teachers
- Sign up by contacting your student's teacher.

## 2023 - 2024 SCHOOL STARTING DATES

PRAIRIE ELEMENTARY School Starts Tuesday, August 29

INTERMEDIATE SCHOOL School Starts Tuesday, August 29

WORTHINGTON MIDDLE SCHOOL School Starts Monday, August 30

WORTHINGTON HIGH SCHOOL School Starts Monday, August 28 LEARNING CENTER School Starts Monday, August 28

COMMUNITY EDUCATION EARLY CHILDHOOD PRESCHOOLS School Starts Wednesday, September 6

# WMS · LEARNING CENTER · WHS BACK TO SCHOOL OPEN HOUSE & PICTURE DAY

WORTHINGTON HIGH SCHOOL Tuesday, August 15th | 10 a.m. – 6 p.m.

# WORTHINGTON MIDDLE SCHOOL

Thursday, August 17th | 10 a.m. – 6 p.m.

#### LEARNING CENTER

Thursday, August 24th | 9 a.m. – 6 p.m.

#### STUDENTS WILL RECEIVE:

- Schedule
- iPad and time to sign for device and pay \$20 insurance fee
- School picture by Ricker's Photography Studio\*
- Locker number and combination code
- Opportunity to walk the halls and find where classes are located

\*\*Learning Center photos will be taken at later date

#### WHILE YOU ARE HERE:

- Set up Parent Portal and Schoology to have access to important information
- Check on your lunch account & receive help with Free and Reduced Lunch forms
- Learn about field trips
- Get bussing information
- Talk to the school nurse about immunizations and other health records

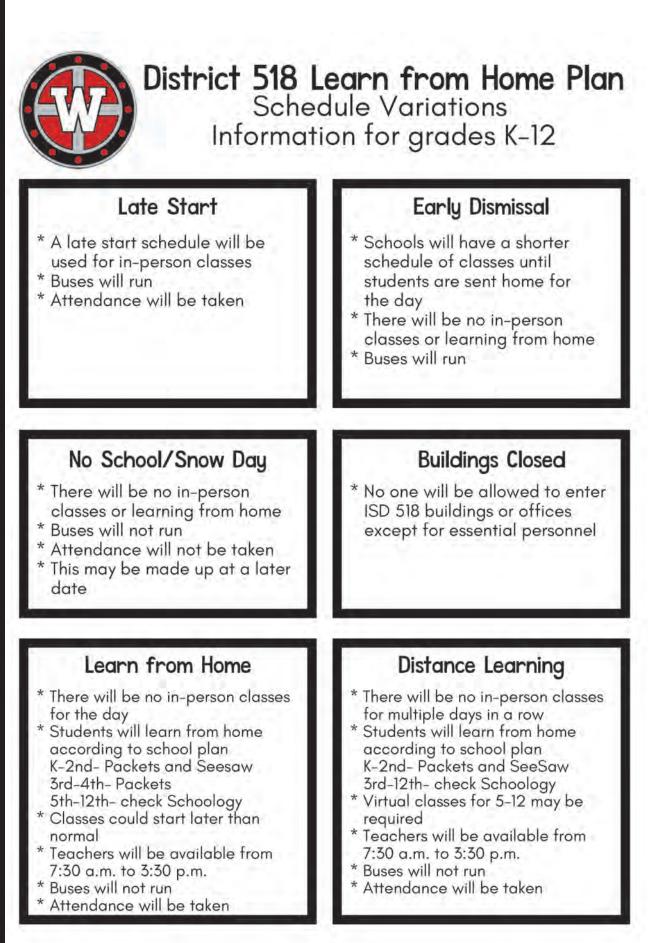
#### WHAT IS PARENT PORTAL?

- Receive important calls and alerts
- Complete necessary paperwork
- Check your student's grades and attendance
- Pay fees online and check lunch account
- Sign up at www.isd518.net/portal-application-english

#### WHAT IS SCHOOLOGY?

- Receive school announcements including weather cancellations
- Check student work
- See activities information
- Communicate with teachers
- Sign up by contacting your student's teacher.

Back to School Open House/Picture Day is an important day to prepare for the school year. Please make every effort for your student to attend. If unable to attend, parents/guardians will need to visit their student's school to complete paperwork at a later date.



#### DISTRICT 518 ADMINISTRATION OFFICE RIBBON CUTTING & PUBLIC OPEN HOUSE



# Ribbon Cutting & Public Open House

TUESDAY, SEPTEMBER 7, 2023 3:00 P.M. - 6:00 P.M. All are welcome and invited!

#### WAMBO

WAMBO is an organization of parents and music educators whose mission is to promote, encourage and maintain an enthusiastic interest in the music programs of District 518 throughout the community.

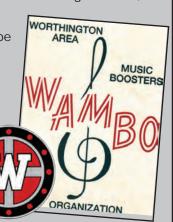
People can sign up for WAMBO at the WAMBO table at most of the music concerts.

- Individuals \$25
- Businesses \$50

People can also send in their membership fee to the WAMBO mailbox at the High School, 1211 Clary Street.

Annual meeting will be Tuesday, August 22 5:15 p.m. at the High School.

Meetings are held the 4th Tuesday of each month at 5:15 p.m. at the High School. Come join us!



#### **BOOSTER CLUB**

Membership for the sports booster club is • Family \$30 • Business \$60

The membership money can be mailed or turned in to WHS Office, 1211 Clary St. Worthington, MN 56187

> Meetings are held each month of the school year. Depending on the school session they are held in person or on Zoom through WHS. If you have questions, please contact Josh Dale, Athletic Director.

DISTRICT 518 COMMUNITY EDUCATION

# 4 Easy Ways To Register



#### 1. MAIL-IN:

Checks payable to District 518 Community Education 827 N. Crailsheim Road Worthington, MN 56187 Send registration form & payment.



#### PHONE-IN: 2.

Have a catalog handy! Call (507) 376-6105 Monday - Thursday, 8:00 a.m. - 5:00 p.m. Friday, 8:00 a.m. - 4:30 p.m. You may use your credit, debit card or e-check to pay.

#### 3. DROP-OFF:



#### District 518 Community Education Office 827 N. Crailsheim Road Monday - Thursday, 8:00 a.m. to 5:00 p.m. Friday, 8:00 a.m. - 4:30 p.m.



#### 4. ONLINE:

You may register & pay via our website: www.isd518.net/enrichment

#### **REGISTER ON TIME TO SAVE MONEY**

Persons interested in enrolling in a Community Education class may register by these four easy methods. Most programs have limited enrollment and are filled on a first-paid, first-served basis. Registrants may miss the first session of a class, but must be registered before the second session is held in order to participate in the class. Payment Policy: Payment must accompany registration to ensure enrollment in a class. Registrations without payment will be put on hold until payment is received. Registrations/ payments received the date the class begins will be charged an additional \$5 processing fee. All walk-ins and late registrations will be charged the \$5 processing fee. Participants are strongly encouraged to register early. If you have questions, please contact the Community Education office.

Each class has a minimum required enrollment. If this minimum is not met one week prior to a class starting, the class will be canceled and enrollment fees returned.

#### CONFIRMATION

Once your fee is paid you are officially registered. Plan to attend the first session as scheduled. You will be notified only if the class is canceled.

#### ENROLLMENT CANCELLATION

Please notify the Community Education office during office hours at 376-6105 prior to the start of a class to cancel from a class and request a refund.

#### **INCLEMENT WEATHER**

Weather related changes will be announced on 730 AM and US95 by 4:00 p.m. on the day of the class.

#### UCARE DISCOUNTS

A UCare discount of \$15 per class is available. Please ask about this program!

827 N. Crailsheim Road Worthington, MN 56187	unity Education	<b>District 518 Community Education</b> 827 N. Crailsheim Road Worthington, MN 56187 (507) 376-6105
REGISTRAT	ION FORM	REGISTRATION FORM
Class Name	Class #	Class Name Class #
Fee Start Date	Level	Fee Start Date Level
Class Name	Class #	Class Name Class #
Fee Start Date		•
UCare ID # Name		UCare ID # Name
Date of Birth		Date of Birth
Address		Address
City		City
Phone (Home) (C	ell)	Phone (Home) (Cell)
E-mail:		E-mail:
Check(s) Enclosed 🗋 Mastercar	d 🗋 Visa 🗋 Discover 🗋	Check(s) Enclosed 🗋 Mastercard 🗋 Visa 🗋 Discover 🗋
Card # Ex	piration Date	Card # Expiration Date
FOR YOUTH CI	asses ONLY	FOR YOUTH Classes ONLY
Parent's Name		Parent's Name
Student's Grade		Student's Grade
DISTRICT 518 COMMUNITY EDU	JCATION 2	42 WWW.ISD518.NET/ENRICHMENT   507-376-6105

# HOLIDAY CONCERT DANCE REVOLUTION TUESDAY, NOVEMBER 21ST • 7:30 p.m.

WORTHINGTON ARE



# MEMORIAL AUDITORIUM 714 13TH STREET WORTHINGTON, MN 507-376-9101 ADULTS - \$15 • STUDENTS - \$5 This activity is made possible by the voters of Minnesota through a grant from the SW MN Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

Helping Hand Pregnancy Center

FREE PREGNANCY TESTING & OPTIONS COUNSELING

# Pregnancy & Parenting Topics

- Healthy and complicated pregnancy
- Childbirth education
- Infant growth, development and concerns
- Healthy relationships and boundaries
- · Management of anger, time and money
- Discipline Training for parents of infants
  - Love & Logic
  - 1-2-3 Magic
- Emotional Support
  - Incentives for your efforts (diapers, baby clothes & items)

910 3rd Avenue • Worthington, MN 507-372-2111



# **Community Education** 827 N. Crailsheim Road • Worthington, MN • 507-376-6105

Adult Basic Education • Family & Community Liaisons Early Childhood Family Education • Enrichment Programs Nobles County Integration Collaborative



# Office Hours Monday - Thursday 8:00 a.m. - 5:00 p.m. Friday 8:00 a.m. - 4:30 p.m.

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