

SPRING 2024

# WORTHINGTON

## COMMUNITY CLASSES & ACTIVITIES



INFORMATION IN THIS PUBLICATION IS AS OF FEB. 5, 2024

District 518 Community Education  
827 N. Crailsheim Road  
Worthington, MN 56187

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
PERMIT NO. 1  
WORTHINGTON, MN  
56187

Lifelong Learner



Engage • Enrich • Inspire

[www.isd518.net/enrichment](http://www.isd518.net/enrichment)



(Left) SaK Blu Promiseland; (Right) Molly Schultz

## WELCOME

Spring is just around the corner, and we are thrilled to announce a variety of fun and exciting activities for you and your family.

We have planned an enjoyable trip to the Minnesota Twins game. Bring your family and friends to cheer for your favorite team. Although the game is not until June, tickets sell out fast for the Twins trip. To avoid disappointment, call now to register. This would also make a perfect Father's Day gift!

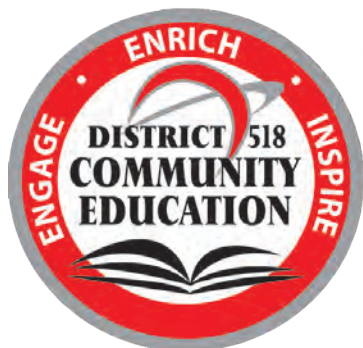
Our spring catalog features a diverse range of classes including spring archery, Child & Babysitting Safety class, Home Alone class, youth soccer camp, watercolor classes, art camp, Zumba, cross-stitching for beginners, and more.

The spring catalog is brought to you by trusted organizations, offering great opportunities and events for our community. We encourage you to take your time and browse through the catalog. There is something for everyone, regardless of age. We look forward to seeing you in one of our classes or activities soon.

If you sign up for any enrichment classes, you will be greeted by one of our Enrichment Aides in the picture above. We would like to extend our appreciation to SaK Blu Promiseland and Molly Schultz for taking on these crucial roles in our Enrichment Programs department. Their responsibilities include welcoming and checking in participants for enrichment classes, as well as assisting with bulk mailing preparation of the quarterly catalogs. We value and appreciate the work that they do!

Thank you for your support!

Soom Chandaswang  
Enrichment Programs Coordinator



## District 518 COMMUNITY EDUCATION

827 N. Crailsheim Road  
Worthington, MN 56187

**507-376-6105**

[www.isd518.net/commed](http://www.isd518.net/commed)

### COMMUNITY EDUCATION DIRECTOR



**SHARON JOHNSON**  
[sharon.johnson@isd518.net](mailto:sharon.johnson@isd518.net)  
727-1200

### ENRICHMENT PROGRAMS COORDINATOR



**SOOM CHANDASWANG**  
[soom.chandaswang@isd518.net](mailto:soom.chandaswang@isd518.net)  
727-1149

### ADULT BASIC EDUCATION COORDINATOR



**STACY EVERDING**  
[stacy.everding@isd518.net](mailto:stacy.everding@isd518.net)  
727-1239

### EARLY CHILDHOOD AND FAMILY EDUCATION COORDINATOR



**MELANIE KUHLE**  
[melanie.kuhl@isd518.net](mailto:melanie.kuhl@isd518.net)  
727-1207

### FAMILY & COMMUNITY LIAISONS COORDINATOR



**ADRY STAFFORD**  
[adry.stafford@isd518.net](mailto:adry.stafford@isd518.net)  
727-1227

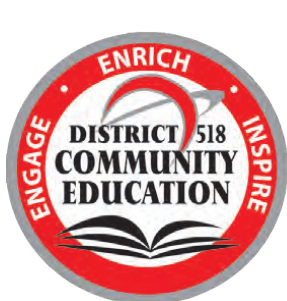
### NOBLES COUNTY INTEGRATION COLLABORATIVE COORDINATOR



**BRIDGET BORER**  
[Bridget.borer@isd518.net](mailto:Bridget.borer@isd518.net)  
727-1145

## YOUTH ACTIVITIES

Archery	Page 6
Art Camp	Page 7
Census Information Needed	Page 4
Child & Babysitting Safety Class	Page 6
Child & Teen Checkups	Pages 8 & 9
Cross Stitching For Beginners	Page 13
Early Childhood Screening	Page 4
Family Fun at Early Childhood	Page 4
Gymnastics	Page 5
Home Alone Class	Page 6
Intro to Boxing	Page 7
Nobles County	
Integration Collaborative	Pages 10 & 11
Nobles County Library	Page 12
Watercolor Layering with Bugs & Insects	Page 7
YMCA	Pages 18-23



District 518  
Community Education



### Photo Use:

Worthington District 518 Community Education and its representatives may take photos or video images of participants in their classes/activities. These images would be used for the Worthington District 518 Community Education catalog, webpage, social media, or other publications.

If you do not want yourself or your child's photo used for such purposes, please contact us via our webpage: [www.isd518.net/enrichment](http://www.isd518.net/enrichment) and fill out the Denial of Photo Use Form.

Once completed, mail the form to:  
Worthington District 518 Community Education  
827 N. Crailsheim Road  
Worthington, MN 56187

**Cover Photo Credit: NCIC Staff**

## ADULT ACTIVITIES

Adult Basic Education (ABE)	Page 15
Center for Active Living	Page 31
Community/Senior Services	Page 32
Cross Stitching for Beginners	Page 13
Defensive Driver Training	Page 14
Family & Community Liaisons	Page 16
Helping Hand Pregnancy Center	Page 43
JBS Scholarships	Pages 29 & 30
Memorial Auditorium	Page 24 & 25
Minnesota Twins Trip	Page 14
Minnesota West	Page 17
Nobles County Library	Page 12
Registration	Page 42
SMOC - Energy Assistance	Page 28
SMOC - Family Planning	Pages 26 & 27
SMOC - Head Start	Page 27
Spring Community Events	Page 33
Tax Help	Page 28
Teachers on Call	Page 14
The Historic Dayton House	Page 17
Watercolor for Adults	Page 13
Worthington Area Symphony Orchestra	Page 43
Worthington ISD 518	Pages 34 - 41
YMCA	Pages 18 - 23
Zumba	Page 13

We invite you to become engaged in the community by enrolling in Worthington District 518 Community Education classes and activities. Programs are designed to enrich and inspire you to get the most out of life!

### OFFICE HOURS

Monday - Thursday • 8:00 a.m. - 5:00 p.m.  
Friday • 8:00 a.m. - 4:30 p.m.

### OFFICE LOCATION

827 N. Crailsheim Road • Worthington, MN 56187  
Phone: (507) 376-6105  
Webpage: [www.isd518.net/enrichment](http://www.isd518.net/enrichment)

For your registration convenience, we offer Online Registration. This is one of many registration options for you.

### PAYMENT POLICY

Payment must accompany registration to ensure enrollment in a class. Registrations without payment will be put on hold until payment is received.  
**Registrations/payments received the date the class begins will be charged an additional \$5 processing fee. All walk-ins and late registrations will be charged the \$5 processing fee.** Participants are strongly encouraged to register early. If you have any questions, please contact the Community Education office.





# Family Fun at Early Childhood

## Join us Saturdays

9:00 a.m. – 11:00 a.m.

March 2	April 6
March 9	April 13
March 16	April 20
March 23	April 27

At Community Education  
827 N. Crailsheim Road, Worthington  
1-5 year old children (not yet in Kindergarten)

Drop in, no registration required. Suggested donation \$1 per child.  
Activities for parents and children together.

En Community Education  
827 N. Crailsheim Road en Worthington  
con tus niños de 1 a 5 años de edad (los que no han entrado al Kinder)

Ven cuando quieras, no te tienes que registrar. Se sugiere una donación de \$1 por cada niño.  
Actividades para padres junto con sus niños.

## Worthington District 518

## EARLY CHILDHOOD SCREENING

Minnesota State Law requires that children age 3 1/2 - 4 years participate in a developmental early childhood screening. This screening is free. The purpose of the screening is to identify children who may benefit from district and community resources that are available to help in their development.

The screening will consist of the following components: fine/gross motor skills, language development, concepts, height/weight, vision, hearing, review of child's health history, and immunization record (these are not substitutes for comprehensive exams).

District 518 will be sending out letters of invitation to children who are in the appropriate age range.

*If your child is 4 years of age and has not been screened or if you would like to check if your child is listed on our census, contact Melanie Kuhl, Early Childhood Screening Coordinator at (507) 727-1207 for more information.*

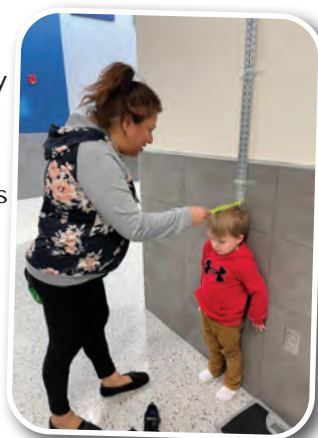
*Early Childhood Screening Dates for this school year are:*

<b>March 6, 2024</b>	<b>April 17, 2024</b>
<b>8:00 a.m. to 11:00 a.m.</b>	<b>8:00 a.m. to 11:00 a.m.</b>

**Held at Community Ed Building**

## CENSUS INFORMATION NEEDED

Are you new to the community and have young children? Was your baby born someplace other than Worthington? Do you have new neighbors with young children? We need your help! ECFE funding depends upon having accurate information about the children, ages birth to kindergarten who reside in our school district. Please call our office at 507-727-1225 so we can add the child's name to our census data. Being in the census ensures that you will receive Early Childhood Family Education mailing, be notified for Early Childhood Screening, and receive preschool and kindergarten information when your child becomes eligible to attend.





# GYMNASTICS

## 4 & 5 Year Olds

Students who are age 4 or 5 or who have not taken gymnastics before. Parents who have children younger than 4 may enroll their child in the 4-5 year old class but must assist their child during class.

6101AS24

Mon., Mar. 11 – May 6, 2024 7 wks.  
4:45 - 5:45 p.m. \$40

No Class: March 25, April 1

## Beginner I

Beginner I student has never taken gymnastics before or has not mastered a cartwheel.

6101BS24

Wed., Mar. 13 – May 8, 2024 8 wks.  
4:15 - 5:45 p.m. \$63

No Class: March 27

## Beginner II

Student has taken gymnastics before and has mastered a cartwheel.

MONDAY

6101CS24

Mon., Mar. 11 – May 6, 2024 7 wks.  
5:45 - 7:15 p.m. \$55

No Class: March 25, April 1

WEDNESDAY

6101DS24

Wed., Mar. 13 – May 8, 2024 8 wks.  
5:45 - 7:15 p.m. \$63

No Class: March 27



## Intermediate

Intermediate gymnast has experience on gymnastic equipment and is able to do a backbend kickover.

TUESDAY

6101ES24

Tues., Mar. 12 – May 7, 2024 8 wks.  
4:00 - 6:00 p.m. \$77

No Class: March 26

THURSDAY

6101FS24

Thurs., Mar. 14 – May 9, 2024 8 wks.  
4:00 - 6:00 p.m. \$77

No Class: March 28

## SWAGS SKILLS BUILDING

This class is open to current members of SWAGS or those who have been invited by staff. Our experienced coaching staff highly recommends students sign up for both days to achieve the best progression of their skills

TUESDAY

6101GS24

Tues., Mar. 12 – May 7, 2024 8 wks.  
5:30 - 8:00 p.m. \$96

No Class: March 26

THURSDAY

6101HS24

Thurs., Mar. 14 – May 9, 2024 8 wks.  
5:30 - 8:00 p.m. \$96

No class: March 28

**All Classes are taught by Joni Reitmeier & the Worthington Gymnastics Staff.**  
**Location: Worthington Gymnastics Facility**

## Parent & Child (Ages 18 mos. - 3 yrs.)

In this class parents will participate with their children. It's great for bonding as well as getting to know your child's abilities! Our lesson plans have specifically selected movements and skills which will enhance your child's and cognitive development.

6123S24

Mon., Mar. 11-May 6, 2024 7 wks.  
4:00 - 4:45 p.m. \$40

No Class: March 25, April 1

# ARCHERY

Are you interested in a sport that offers a lifetime and many levels of competition (from local to national) for everyone? The Southwest Bowbenders Archery Club of Worthington is hosting a beginner class for anyone that might be interested in the sport of archery. This class will teach the basics of archery from safety to proper shooting form. It is a good start for anyone that would like to be involved in a competitive sport or is looking at bowhunting in the future. Instructors are certified by USA Archery.

Come out to see what archery is all about and what opportunities archery may have for you. Must be 3rd grade or older to participate. Southwest Bowbenders Archery Club is located 3/4 mile south of Hwy 59/60 at 27150 Plotts Avenue (Cty Rd 57).

6103S24

Mon., Apr. 8 - 29, 2024

6:30-8:00 p.m.

SW Bow Benders Archery Club

Instructor: SW Bow Benders Archery Club

4 wks.

\$25



# CHILD & BABYSITTING SAFETY CLASS

The Child and Babysitting Safety (CABS) program from the American Safety and Health Institute gives you everything you need to know for safe and successful babysitting. From getting started with your business, to working with parents and children, to key safety, caregiving, and first aid tips, CABS will help set you up for babysitting success. Students must be present for the entire class

and complete achievement of the core learning objectives to receive certification valid for two years. Students attend this class independently and should come prepared with a notebook and pen.

3919S24

Sat., Apr. 27, 2024

9:00 a.m. - 12:00 p.m.

Community Education Room 353

1 ses.

\$55/person

Instructor: Lori Hameister



# HOME ALONE CLASS

Is your child ready for the independence of being home alone? This class for children will address several topics relating to being "home alone" including age guidelines, safe habits, house rules, after school routines, phone calls and door knocks, dog emergencies, personal safety, handling the unexpected, gun safety, severe weather, fire safety, intruders, and first aid tips. Students attend this class independently and should come prepared with a notebook and pen. Parents are encouraged to review the take home information and discuss it with their child.

3905S24

Sat., Apr. 27, 2024

12:30 p.m. - 2:30 p.m.

Community Education Room 353

1 ses.

\$30/person

Instructor: Lori Hameister

## INTRO TO BOXING (GR. 4+)

Are you interested in boxing but don't know where to start? Our beginner's boxing class is the perfect place for you! This class is specifically designed to teach you the essential skills of boxing, including proper form and technique. Not only will you improve your strength and coordination, but you'll also have a great time doing it! Our high-energy workout is both empowering and invigorating, leaving you feeling strong and confident. It's important to note that this class does not include any sparring sessions, so you can focus solely on mastering the basics of boxing. Don't miss out on this amazing opportunity to learn a new skill while improving your overall fitness!



5831AS24

Tues. & Thurs., March 5-21, 2024

6:00 p.m. - 7:00 p.m.

Education Large Motor Room

6 ses.

\$55

Instructor: Aldo Efrain Rodriguez Lopez

**\*No class 03/05. Class will start on 03/06.**

5831BS24

Tues. & Thurs., Apr. 2-18, 2024

6:00 p.m. - 7:00 p.m.

Education Large Motor Room

6 ses.

\$55

Instructor: Aldo Efrain Rodriguez Lopez

## WATERCOLOR LAYERING WITH BUGS & INSECTS (GR. 8+)



This class will work on the basics of layering watercolor from light to dark to create a bug or insect. We will work on two images at the same time with step-by-step direction. You will have the chance to work on another one on your own, if time allows, or you can take it home to practice on your own. You need to have a general understanding of the basics of watercolor before taking this class, for example, controlling the amount of water needed to make multiple shades of a color. Space is limited, register soon!

2419W23

Thurs., Mar. 14, 2024

5:00 p.m. - 8:00 p.m.

Community Education Room 361

1 ses.

\$35

Instructor: Kelly Henkels

## ART CAMP (GR. 4-7)

Are you looking for a fun and creative way to spend your spring break? Look no further than our Art Camp where you will learn the basics of acrylic painting and create your very own masterpiece. But that's not all - you will also get the chance to illustrate your very own storybook bringing your imagination to life on the page. And if that's not enough we'll also introduce you to the art of card making, perfect for sending personalized greetings to your loved ones. This camp is perfect for anyone who loves to create and wants to explore different art forms. Don't miss out on this exciting opportunity to unleash your inner artist!



1160S24

March 25-26, 2024

9:00 a.m. - 11:00 a.m.

Community Education Room 361

2 ses.

\$25

Instructor: Lay Yu Paw





## Keeping it Healthy CHILDREN, TEENS and YOUNG ADULTS

FREE benefit to children, teens and young adults enrolled in Medical Assistance

### Child and Teen Checkups



Don't Rush when  
you Brush!

- It's never too early!

**Brush 2 minutes twice  
a day – morning and night**

- Fluoride varnish is a protective coating applied to strengthen the teeth:
  - Helps prevent new cavities, and helps stop cavities that have already formed

May be done by your healthcare provider, dental office or local public health



SPRING ahead with  
PREVENTION

**Birth through age 20 includes:**

- Complete head to toe physical
- Checks on development and growth
- Hearing and vision checks
- Blood test
- Immunizations
- Time with your healthcare provider to discuss questions and concerns you have

**Checkups are recommended:**

- Between Birth and 1 month
- At 2, 4, 6, 9, 12, 15, 18, 24 and 30 months
- Every year starting at 3 years through 20
- More often if needed



**Call your healthcare  
provider today to  
schedule a Child  
and Teen Checkup**

For more information or help finding a clinic, scheduling rides, finding interpreters or making appointments with specialists contact your local C&TC Contact.



Always remember to  
buckle up your child!

**Nobles County Community Services**

Main Number: 507-295-5213 or  
C&TC Contact at 507-295-5369







## A Mantenerse Sanos NIÑOS, ADOLESCENTES Y ADULTOS JÓVENES

Beneficio GRATUITO para niños, adolescentes y adultos jóvenes que reciben Asistencia Médica

### Child and Teen Checkups



La **PREVENCIÓN** es importante

¡No se apresuren cuando se cepillen!

- ¡Nunca es demasiado temprano!



**Cepillense los dientes 2 minutos, 2 veces al día - mañana y noche**

- El barniz de fluoruro es una capa protectora que se le pone a los dientes para fortalecerlos:
  - Ayuda a prevenir nuevas caries y a detener caries que se hayan formado.

Se puede llevar a cabo en un consultorio médica, dental, o en la oficina local de salud pública.



¡Acuérdense de abrochar el cinturón de seguridad de sus niños siempre!

### De nacimiento a 20 años incluye:

- Examen físico completo de la cabeza a los pies
- Pruebas de desarrollo y crecimiento
- Pruebas de oído y vista
- Prueba de sangre
- Vacunas
- Tiempo con su médico para discutir las preguntas e inquietudes que tenga

### Se recomiendan chequeos:

- Entre el Nacimiento y 1 mes
- A los 2, 4, 6, 9, 12, 15, 18, 24 y 30 meses
- Anuales, a partir de los 3 años, hasta los 20
- Más a menudo si es necesario



Llame a su médico hoy mismo y haga cita para el Chequeos para Niños y Adolescentes (C&TC)

Para conseguir más información o ayuda para encontrar una clínica, programar viajes, encontrar intérpretes o hacer citas con especialistas, comuníquese con su contacto local de Chequeos para Niños y Adolescentes (C&TC).

Servicios a la Comunidad del Condado de Nobles  
(Nobles County Community Services)

Número principal: 507-295-5213 o  
Contacto local de C&TC: 507-295-5369





# NOBLES COUNTY INTEGRATION COLLABORATIVE

Adrian Ellsworth Fulda Heron Lake-Okabena Round Lake-Brewster Worthington  
827 N. Crailsheim Road, Worthington, MN | 507-376-3300 | [www.isd518.net/ncic](http://www.isd518.net/ncic)

*The mission of the Nobles County Integration Collaborative, a consortium of adjacent school districts, is to promote student success and community acceptance of cultural differences by providing opportunities for students, families and staff from diverse backgrounds to learn from and with one another.*

## Spring Opportunities 2024

*(All our programs are open to all NCIC member districts and their communities)*

### **FALLING BEHIND IN SCHOOL? NEED SOME EXTRA SUPPORT? WE'RE HERE TO HELP!**



#### **Homework Help (7-12 Grade)**

We offer Homework Help for 7th-12th grade students, when you need a place to study, help with assignments, or help to better understand a subject that you are struggling with. For this drop-off tutoring, we will provide snack and beverage.

Dates and times: Available by appointment

throughout the school year by calling

(507)376-3300

Location: NCIC Room 342

#### **Afterschool Youth Program (7-12 Grade)**

Join our 7th & 8th Grade Odyssey and 9-12th grade Dynamic 507 afterschool programs. These programs are centered on increasing college and career readiness, promoting participation in leadership or civic engagement activities, and achieving academic success. We will provide a snack and beverage as well as transportation by request.

To register or to receive more information, please call (507)376-3300



Odyssey 7th & 8th Grade

Dates and times: Tuesday, 4:00 p.m. - 5:00 p.m.

Location: NCIC Room 342



Dynamic 507 9th to 12th grade

Dates and times: Thursday, 4:00 p.m. - 5:00 p.m.

Location: NCIC Room 342

**KEEP UP WITH US  
BY FOLLOWING US  
ON SOCIAL MEDIA!**



[facebook.com/ncic507](https://facebook.com/ncic507)





# NOBLES COUNTY INTEGRATION COLLABORATIVE

Adrian Ellsworth Fulda Heron Lake-Okabena Round Lake-Brewster Worthington  
827 N. Crailsheim Road, Worthington, MN | 507-376-3300 | [www.isd518.net/ncic](http://www.isd518.net/ncic)

*The mission of the Nobles County Integration Collaborative, a consortium of adjacent school districts, is to promote student success and community acceptance of cultural differences by providing opportunities for students, families and staff from diverse backgrounds to learn from and with one another.*

## Spring Opportunities 2024

*(All our programs are open to all NCIC member districts and their communities)*

### NCIC Updates

#### Welcome Bridget!



Hello, my name is Bridget Borer. As of December 18, 2023, I am the new NCIC Achievement & Integration Coordinator. As the coordinator I will support our dedicated team of Cultural Liaisons

and Youth Development Leaders in developing, organizing, and implementing programs that inspire and encourage our youth members. I will also assist in expanding and supporting our professional development programs. I am originally from Minneapolis, MN. I have a BA from Augsburg University in Communication and an MATESOL from Hamline University. For six years I taught English as a second/foreign language in South Korea and China. I also performed EL level assessments as an IELTS examiner for seven years. In my free time, I enjoy traveling, outdoor activities, and spending time with family.

Visit [www.isd518.net/district/employment](http://www.isd518.net/district/employment) for NCIC employment opportunities.

### Collaborative Equity Council and Joint Powers Board Meetings

Collaborative Council meetings will begin at 5:30 p.m. Joint Powers Board meetings will start immediately after the Council meetings. Meetings will be held at NCIC, Room 342. Dates include 2/5, 4/1 and 6/3.

DISTRICT 518 COMMUNITY EDUCATION

### NCIC Fall Highlights



On December 1, 2023, twelve students from our Dynamic 507 program volunteered at The Banquet meal ministry in Sioux Falls, SD. With the support of the Youth Development Leaders, the students helped with cleaning tables, serving families as they entered, and serving drinks and condiments. They also helped with prep, setting up, and getting everything ready.

**Everyone did such an awesome job!**



### NCIC Upcoming Events

University of Minnesota - Twin Cities  
Campus Visit

**March 27 & 28, 2024**

**Depart March 27 at 7:30 a.m.**

**Return March 28 5:00 p.m.**

**Open to 9th-12th grade students.**

# Spring 2024 Kids Library Programs

## STORY TIME

Wednesdays at 10 a.m.

Toddlers & Preschoolers  
Join us for stories, action  
verses and a craft.

## WII - U

GRADE 5-9

Mondays After School  
3:15 until 4:45 p.m.

Snacks and beverages provided -  
come challenge your friends!

## AFTER SCHOOL PROGRAM

GRADE K-5

Tuesdays and Thursdays

3:30 until 4:45 p.m.

Join us for movie, snacks, crafts,  
experiments and games!

## JUST GURLZ

GRADE 5-9

Wednesdays, After School

3:15 until 4:45 p.m.

Join us for art & crafts, cooking, experiments  
& more. Snacks & beverages available,

## EASTER PARTY GRADE K-5

Join us Wednesday, March 27, 2024 at 10am & 1 pm as we celebrate Easter!

Please sign up for one program.

## SUMMER PROGRAMS

### COMING JUNE 2024

Check out our website in for updates.

[www.nclibrary.org](http://www.nclibrary.org)

FOR UPDATES AND MORE INFORMATION

# Spring 2024 Adult Library Programs

## AARP'S ONLINE FRAUD & CYBER CRIMES

February 21, 2024 • 2-3 p.m.

Live aia Zoom at Ecumen Meadows Come join us  
at the Meadows as we learn about internet safety.

## BOARD GAME NIGHT

February 27, 2024 • 6-8 p.m.

Bring your own board game or come play one of our  
own! Please come before the library closes at 7.

## MARY CASANOVA

March 18, 2024 • 10-11 a.m.

Come see author Mary Casanova in person!

This program is funded in part or in whole with money  
from Minnesota's Arts & Cultural Heritage Fund.

## CROSS STITCH CLASS

with Julie Buntjer • 6-8 p.m.

March 5 & 12

This class will teach you the basics of cross stitch  
in two sessions. There is a sign up required.

## BOARD GAME NIGHT

March 19, 2024 • 6-8 p.m.

Bring your own board game or come play one of our  
own! Please come before the library closes at 7.

## DOUG OHMAN

APRIL 2, 2024 • 6-8 p.m.

Come see photographer Doug Ohman as he delves  
into Minnesota courthouses.

## POETRY SLAM

April 18, 2024 • 6-8 p.m.

Come share your original works in honor of National  
Poetry Month! There will be prizes awarded for first,  
second, and third place!

## EARTH MONTH:

### HELPING YOUR HOUSEHOLD

APRIL 23, 2024 • 6:30-7:30 p.m.

Come see what the future of energy consumption

holds at our evening program. We will also have

bill consultations that can be booked in 30 minute

increments. See how you can save money on your energy  
bills. Please call the library or stop by to sign up.

## CHARLIE MAGUIRE

May 7, 2024 • 6 - 7 p.m.

The Nobles County Library Presents Charlie Maguire –

“Pastures of Plenty: Woody Guthrie's Life and Times in

His Own Words and Songs” – Come see musician Charlie

Maguire cover Woody Guthrie's work

## STARGAZING

MAY 15, 2024 • 6 - 8 p.m.

The Nobles County Library Presents: Stargazing with

Mark Job – Come see Mark Job of the Minnesota

Astronomical Society give a talk. After a safety briefing,

we will go out to view the sun. Then we will learn about  
what is in the night sky and how to find these features!

# NOBLES COUNTY LIBRARY

407 12TH STREET • WORTHINGTON, MN

WWW.NCLIBRARY.ORG • 507-295-5340

## ZUMBA CLASS

Would you like to dance your way into fitness? Join us as we bring Zumba to you! This class is open to all age groups. Whether you are a beginner or experienced, we would love for you to join the fun! Zumba is a total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Aleida is a certified Zumba instructor who has been teaching Zumba for many years.

7129AS24

Mon., Wed., Thurs., Mar. 4-28, 2024

6:00-7:00 p.m. **\*No class: 03/14, 03/18**

Learning Center Gym

Instructor: Aleida Garcia Calzada

10 ses.  
\$50

7129BS24

Mon., Wed., Thurs., Apr. 1-25, 2024

6:00-7:00 p.m. **\*No class: 04/11, 04/15**

Learning Center Gym

Instructor: Aleida Garcia Calzada

10 ses.  
\$50

7129CS24

Mon., Wed., Thurs., May 1-23, 2024

6:00-7:00 p.m.

Learning Center Gym

Instructor: Aleida Garcia Calzada

11 ses.  
\$55



## WATERCOLOR FOR ADULTS



Get ready to dive into the world of liquid watercolors! In this hands-on class, Adry will teach you what liquid watercolors are and how to use them. Learn the difference between liquid and traditional watercolors, fun painting techniques, and how to loosen up and let go of the control that can come with painting. All materials will be provided, and students will have a completed project to take home by the end of class. Come paint with us!

2104S24

Tues., April 16, 2024

5:30-7:30 p.m.

Community Education Room 361

Instructor: Adry Stafford

1 ses.  
\$25

## CROSS STITCHING FOR BEGINNERS

In this class, you will learn the basic fundamentals of cross-stitching, from threading a needle and doing a loop start to ending your threads and changing colors. This is an introductory class for people who have not previously cross-stitched or would like a refresher.

1170AS24

Tues. & Wed., April 23-24, 2024

6:00-8:00 p.m.

Community Education Room 361

Instructor: Julie Buntjer

2 ses.  
\$20

1170BS24

Tues. & Wed., May 14-15, 2024

6:00-8:00 p.m.

Community Education Room 361

Instructor: Julie Buntjer

2 ses.  
\$20





## TWINS TRIP

We will watch the Twins take on the Oakland Athletics at the 1:10 p.m. game from seats located in the upper rows of the shaded infield box straight out from 1st base. There will be a breakfast and a supper stop. (All meal costs are on your own.) Fee includes game ticket and charter bus ride. Tickets go fast for this Twins trip! Registration deadline is Friday, May 24.

2807S24

Sun., June 16, 2024

\$122/person

Instructor: Lisa & Tom Nath



Departure Location	Departure Time	Approx. Return
Sioux Falls—Active Generations	7:00 a.m.	9:30 p.m.
Luverne—Comm. Ed Parking Lot	7:30 a.m.	9:00 p.m.
Worthington—Comm. Ed Parking Lot	8:00 a.m.	8:30 p.m.

## DEFENSIVE DRIVER TRAINING

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance. This course teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. It is taught by experienced, professional traffic safety instructors. The class consists of lectures, films, and discussions. There is no behind-the-wheel driving and there are no tests. According to Minnesota state law, people age 55 and older who complete a state-approved defensive driving course are eligible to receive a 10 percent, three-year discount on auto insurance. Contact your insurance agent for details. After you complete the course, you will receive a certificate of completion to give to your insurance company. The 4-hour refresher course is for mature drivers who have completed the initial 8-hour class.

7204AS24

Thurs., March 7, 2024

1:00 p.m.-5:00 p.m.

Community Education Room 353

1 ses.

\$28

7204CP24

Sat., April 20, 2024

9:00 a.m.-6:00 p.m.

Community Education Room 353

1 ses.

\$28

7204BS24

Thurs., March 21, 2024

1:00 p.m.-5:00 p.m.

Community Education Room 353

1 ses.

\$28

7204DS24

Thurs., May 2, 2024

1:00 p.m.-5:00 p.m.

Community Education Room 353

1 ses.

\$28

7204CS24

Thurs., April 4, 2024

1:00 p.m.-5:00 p.m.

Community Education Room 353

1 ses.

\$28

7204ES24

Thurs., May 16, 2024

1:00 p.m.-5:00 p.m.

Community Education Room 353

1 ses.

\$28

**We're hiring!**  
No experience necessary.



A Kelly® Education Company

**800.713.4439**

**teachersoncall.com**



Teachers On Call is a Kelly® Education company.  
An Equal Opportunity Employer © 2022 Kelly Services, Inc.  
All rights reserved MT1399A

# FREE ONLINE DRIVER'S PREP CLASSES



CHOOSE YOUR SESSION!

Session #1

April 2-5 and 8-11

9 a.m. - 12 p.m.

OR

Session #2

Mondays and Wednesdays

April 8 - May 1

6 p.m. - 8 p.m.

**SPACE IS LIMITED  
CALL TODAY!**

TO REGISTER  
CALL

**507-376-6105**

**SPANISH LANGUAGE  
SUPPORT WILL BE  
OFFERED**



**Southwest Adult  
Basic Education**

827 N. Crailsheim Rd. Worthington, MN 56187

# FAMILY & COMMUNITY LIAISONS

Family and Community Liaisons help connect people with resources in the community and schools.  
*Los Enlaces de Familias y con la Comunidad ayudan a conectar a las personas con recursos en la comunidad y las escuelas.*

## New location

### Nueva ubicación

Offices are still located in Community Education, now located at:

*Las oficinas siguen en el edificio de Community Education, que ahora se encuentra en:*

827 N Crailsheim Rd  
 Worthington, MN 56187

## Staff



	Liliana Perez
	Speaks Spanish
	507-727-1123
Adry Stafford	
Coordinator	
Speaks Spanish	SaK Blu Promiseland
507-370-3682	Speaks Karen
	507-372-1205
Nelson Bonilla	
Speaks Spanish	Sargrario Lopez
507-372-4664	Speaks Spanish
	507-727-1163

<p>This department will connect people with Community resources related needs such as:</p> <ul style="list-style-type: none"> <li>Housing</li> <li>Healthcare</li> <li>Employment</li> <li>Transportation</li> <li>Education</li> <li>Legal Services</li> <li>Financial Info</li> <li>Citizenship</li> </ul>	<p>Este departamento conecta a personas con recursos en la comunidad que puedan necesitar, como:</p> <ul style="list-style-type: none"> <li>Vivienda</li> <li>Cuidados de Salud</li> <li>Empleo</li> <li>Transporte</li> <li>Educación</li> <li>Servicios Legales</li> <li>Información Financiera</li> <li>Ciudadanía</li> </ul>	<p>ဝဲကျိတခါအံကဒုးစဲဘူပုဂံမု်ဃုာ်ဒီး ပုတဝါအတံဟ့ၣ်မၤစၢလီၤတံလၢအဘၣ်ထွဲလိာ်အသး တံလၢအလိာ်သ့ၣ်တဖၣ်ဒ်အမ့ၢ်:</p> <p>ဟံၣ်ဃီ</p> <p>ဆူၣ်ချ့</p> <p>တဖံးတံမၤ</p> <p>ဝံစိာ်တီဆုၢ်</p> <p>တံကူၣ်ဘၣ်ကူၣ်သ့</p> <p>သဲစးအတံမၤစၢ</p> <p>ကျိၣ်ဇိၤစ့ဇိၤအဂ့ၢ်အကျိာ်</p> <p>တံကဲထံဖိကီၢ်ဖိ</p>
<p>The department will also connect people with School information, resources, and opportunities such as:</p> <ul style="list-style-type: none"> <li>School Registration</li> <li>Family Engagement</li> <li>Language Support</li> <li>Conferences</li> <li>Home Visits</li> <li>Referrals to school opportunities</li> <li>Training for on-call interpreters</li> </ul>	<p>Este departamento también conecta a personas con Información, recursos y oportunidades escolares, como:</p> <ul style="list-style-type: none"> <li>Inscripciones Escolares</li> <li>Participación Familiar</li> <li>Apoyo con el Lenguaje</li> <li>Juntas Escolares</li> <li>Visitas a Domicilio</li> <li>Recomendaciones para Oportunidades Escolares</li> <li>Entrenamiento para Intérpretes</li> </ul>	<p>ဝဲကျိတခါအံကဒုးစဲဘူပုဂံမု်ဃုာ်ဒီးတံကူၣ်ဘၣ်ကူၣ်သ့, တံဟ့ၣ်မၤစၢလီၤတံလၢအဘၣ်ထွဲလိာ်အသး ဒီးတံခွဲးအယာ်ဒ်အမ့ၢ်:</p> <p>တဖံးလီၤမံလၢကျိ</p> <p>ဟံၣ်ဖိဃီဖိအတံရဲလိာ်</p> <p>ကျိၣ်အတံဆိာ်ထွဲမၤစၢ</p> <p>တံအိၣ်ဖျိာ်ကူၣ်လိာ်</p> <p>ဟံၣ်အတံလဲၤအိၣ်သကိး</p> <p>တံမၤစၢဆူၣ်ကျိာ်တံခွဲးတံယာ်တဖၣ်</p> <p>တံသိာ်လိလၢပုဂံကျိာ်ထံတံအဂီၢ်</p>



## Start your career now!

MINNESOTA WEST

### WORTHINGTON CAMPUS

- Agriculture
- Education Pathway
- Liberal Arts
- Nursing
- Occupational Therapy Assistant
- Peace Officer and more!



EXPLORE  
PROGRAMS

[www.mnwest.edu](http://www.mnwest.edu)

800-658-2330



OVER **\$220K** IN  
**SCHOLARSHIPS**  
AWARDED IN THE FALL



Minnesota West is a member of Minnesota State and an affirmative action, equal opportunity educator and employer.



## THE HISTORIC DAYTON HOUSE IS YOUR HOME FOR

MEETINGS | CONFRENCES | SHOWERS | RECEPTIONS | PARTIES | ANNIVERSARIES  
SPECIAL EVENTS | REUNIONS | TOURS | WEDDINGS | PHOTO SHOTS | GUEST SUITES



1311 FOURTH AVENUE | WORTHINGTON, MN 56187 | 507-727-1311 | [INFO@DAYTONHOUSE.ORG](mailto:INFO@DAYTONHOUSE.ORG)

**WWW.DAYTONHOUSE.ORG**





# YOUTH SPORTS \* FITNESS

SPORTS & REC DIRECTOR: Payton Marquardt

email: [payton.marquardt@ymcaworthington.org](mailto:payton.marquardt@ymcaworthington.org) phone: (507) 376-6197 ext. 226



## PRESCHOOL SPORTS

Mini-Kickers is a non-competitive intro to soccer program for youth ages 3-5. This program will teach basic skills, rules, teamwork, and sportsmanship while having fun outdoors! Saturdays | 10:00AM | April 23-May 28

## YOUTH SPORTS

8-week outdoor co-ed soccer program designed for youth in k - 6th grade (split: K-1, 2-3, 4-6). Youth will have the opportunity to practice on a team, receive a team jersey, and play games against other teams!

Practice starts the second week of April. 1 night, (TBD) schedule is based on coach availability.

Games start on April 20th.

Teams will play one game on Saturday mornings.



## YOUTH RUN THE YMCA



This is an organized running group for youth ages 12-18 years old designed to assist them with their running needs and goals. Instructors will showcase the skills used to become a stronger runner, increase mileage, while safely tailoring to their level of ability and motivating them every step of the way! KTD registration included.

JUNE  
2024

Members: \$75  
Non-Mems: \$115



## SWIFT Performance

SUCCEED WITH INTEGRATED FITNESS TRAINING

## SPORTS TRAINING

This program is designed for young athletes to improve on their • muscle mass • dexterity • agility • physicality and athletic performance. Instructors will provide opportunities for the athletes to focus and practice the skills to improve their speed while changing direction, jumping higher, running faster, and using their body more efficiently.



JUNE  
2024

Members: \$75  
Non-Mems: \$115

## ACTIVE TEENS

Youth 13-15 years learn how to correctly use the strength and cardio equipment in the Fitness Center. Youth will receive an Active Teens Pass allowing use to the Fitness Center.

## Adolescentes Activos

Adolescentes activos: los jóvenes aprenderán cómo usar correctamente el equipo de fuerza y cardio en el gimnasio. Al aprobar este programa, el estudiante recibirá su pase que le permitirá usar el gimnasio.

Member: \$20  
Non-Members: \$35





## HEALTHY LIVING FOR ALL

All group ex classes performed on land & in water are included in the YMCA membership fee. Aquanastics \* Aqua Lap Swim \* Cycling \* Defend Together \* Drum Fit \* ForeverWell Strength & Balance Circuit \* Fusion \* Pickleball \* SilverSneakers Classic & Chair Yoga \* Strength Train Together \* Strong in 30min \* Zumba. Be on the lookout for new classes coming soon.

Schedule subject to change, please refer to the online schedule: [www.ymcaworthington.org](http://www.ymcaworthington.org)

Have interest in becoming a Fitness Instructor? Contact Trista at 507-376-6197 Ext:230.



## PERSONAL TRAINING

Whether your goal is to lose pounds/inches, gain strength and balance, reduce stress, increase performance, build muscle/tono, or improve your health, our trainers are dedicated to your success.

## ENTRENAMIENTO PERSONAL

Ya sea que su objetivo sea perder libras/pulgadas, ganar fuerza y equilibrio, reducir el estrés, aumentar el rendimiento, desarrollar músculo/tono o mejorar su salud, nuestros entrenadores están dedicados a su éxito.

### Members:

	30 MINUTES	45 MINUTES	60 MINUTES
6 sessions	\$125	\$175	\$220
8 sessions	\$170	\$230	\$295
12 sessions	\$220	\$300	\$380

### Non-Members:

	30 MINUTES	45 MINUTES	60 MINUTES
6 sessions	\$190	\$235	\$285
8 sessions	\$250	\$315	\$380
12 sessions	\$345	\$425	\$505

## Training Plans Tailored to You!

Are you looking for a fitness plan that is tailored to your needs, but already have the motivation to work out on your own? Let us help you create an individualized exercise program! \*Plans designed up to 12 weeks

## Planes de entrenamiento a tu medida

¿Está buscando un plan de acondicionamiento físico que se adapte a sus necesidades, pero ya tiene la motivación para hacer ejercicio por su cuenta? Visite nuestro sitio web para ver cómo podemos ayudarlo a crear un programa de ejercicios individualizado.



Plans	Cost
2-Days	\$40
3-Days	\$45
4-Days	\$50
5-Days	\$55

email: [trista.jacobs@ymcaworthington.org](mailto:trista.jacobs@ymcaworthington.org) phone: (507) 376-6197 ext. 230

FITNESS DIRECTOR: Trista Jacobs

HEALTH \* WELLNESS \* FITNESS





**YOUTH DEVELOPMENT \* HEALTHY LIVING \* SOCIAL RESPONSIBILITY**

Worthington Area YMCA / DEGROOT Family Center CEO: Karri Olmanson  
email: karri.olmanson@ymcaworthington.org phone: (507) 376-6197 ext. 225

# Worthington Area YMCA DEGROOT FAMILY CENTER

39TH ANNUAL YMCA

## CRUISE DINNER GALA

COME AND PARTY FOR A PURPOSE

ALL PROCEEDS GO TO SUPPORT YOUTH AND FAMILIES IN THE AREA

### STRENGTHENING COMMUNITY TOGETHER

Join us on March 8th, 2024 for the 39th Annual Gala event.

Purchase Admittance Tickets at: <http://bidpal.net/cruise2024>

Purchase Raffle Tickets at: YMCA Front Desk

1501 Collegeway Worthington, MN 56187



### GIVE THE GIFT OF LIFE!

The Worthington Area YMCA is a proud site host for the American Red Cross Blood Drives! These events are sponsored by Leading Edge Credit Union! You can make a huge impact in a small way!

Future dates at the YMCA:

February 22, 2024

12:00 pm - 6:00 pm



### YOUTH SPORTS: SUMMER

Tennis, Track & Field, Softball, Baseball,  
Tee Ball, Basketball, Volleyball, Soccer

NEW School Age summer program offers weekly themed day camps  
for youth entering Kindergarten through 5th grade.

Member registration opens April 1st, April 15th for non-members.

This program consists of something new every day to keep youth  
engaged and active from games, crafts, swimming, to Character  
Development lessons utilizing the YMCA 4 Core Values.



# THE Y. FOR A BETTER US



## Membership Benefits:

Nationwide Membership.

Use of Indoor Track, Gymnasium, Rock Wall.

Aquatic center includes 6-lane lap pool, zero-depth entry pool, water slides, and diving board.

Fitness Center includes over 60 pieces of cardiovascular and Strength Training equipment.

Gymnasiums, Indoor Track, Rockwall & Childwatch room (6mo-8yrs)

3 Locker rooms: Women's, Men's, and Family/Special Needs).

Discounted Member rates on programs and specialty classes.

Group Exercise classes on land in water.

2 GUEST passes per person on Annual Memberships.

**Join today!**



## BIRTHDAY PARTIES & FACILITY RENTALS

Looking for indoor space to host an upcoming event? We have a variety of rental options available to fit your needs!

Upon availability, YMCA facilities are available to rent at specified times.

Event must be booked at least two weeks in advance.

Visit: [www.ymcaworthington.org](http://www.ymcaworthington.org) for rental options and pricing info.

# Worthington Area YMCA Spring Group Swim Lessons



Non-Member: \$60 per student / Member: \$30 per student

## March Tuesday & Thursday

Dates: March 5th – 28th	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
5:00-5:30 PM	X	X				
5:35 – 6:05 PM Stage 5: 5:35 – 6:15 PM			X		X	
Stage 4: 6:10pm – 6:50pm Stage 6: 6:20pm – 7:00pm				X		X

## Spring Saturday Mornings

Dates: March 16th – May 4th	Stage 1	Stage 2	Stage 3
9:30am-10:00am			X
10:05am-10:35am		X	
10:40am-11:10am	X		

## April Mondays & Wednesdays

Dates: April 8th – May 1st	Parent/Child	Preschool 1	Preschool 2	Stage 1	Stage 2	Stage 3
5:00-5:30 PM	X	X				
5:35 – 6:05 PM				X	X	
6:10pm – 6:40pm			X			X

## May Tuesdays & Thursdays

Dates: May 7th – 30th	Parent/Child	Preschool 1	Preschool 2	Stage 3	Stage 4	Stage 5	Stage 6
5:00-5:30 PM		X		X			
5:35 – 6:15 PM					X	X	X
6:20pm – 6:50pm	X		X				



Worthington Area YMCA & Worthington Water World

# **HIRING LIFEGUARDS FOR SUMMER 2024!**



**WORK OUTSIDE!**  
Trabajar fuera

**END OF SUMMER BONUS!**  
Bono al final del verano

**FREE YMCA MEMBERSHIP!**  
Membresía gratis al YMCA

## **Lifeguard Classes**

Clases de salvavidas

ALL IN PERSON CLASS

**May 3rd - 5th**

**June 7th - 9th**

Blended Class (Online + In Person)

**February 16th - 18th**

**March 22nd - 24th**

**May 24th - 26th**

## **FILL OUT AN APPLICATION TODAY**

Llena tu aplicación hoy



Once the application is completely filled out, please drop it off at the Worthington Area YMCA or email it to [joelle.kielkopf@ymcaworthington.org](mailto:joelle.kielkopf@ymcaworthington.org). Must be 15 years old to take the Lifeguarding Class.

Una vez que la solicitud esté completamente llena, déjala en el YMCA del área de Worthington o envíela por correo electrónico a [joelle.kielkopf@ymcaworthington.org](mailto:joelle.kielkopf@ymcaworthington.org). Debe tener 15 años para tomar la clase de salvavidas.



Looking  
for a  
place for  
your  
special  
event?



Memorial Auditorium does  
rentals for private parties,  
movie screenings, meetings  
and other special events.

For information  
**507-376-9101**  
or email  
[thememorialauditorium@gmail.com](mailto:thememorialauditorium@gmail.com)





2024 SPRING SEASON

# UPCOMING SHOWS



**Greatest Hits!**

**ABBAolutely Fab**

**Tribute to the Music of ABBA**  
Saturday, March 16, 2024 - 7:00 p.m.

**ABBAolutely Fab** is an all-star lineup of stellar Twin Cities and British musicians performing the songs of pop/disco supergroup, ABBA. Led by powerhouse vocalists Jenny Russ and Katy Vernon, ABBAolutely Fab will have you dancing and singing along to hits like "Dancing Queen," "SOS," "Mamma Mia," "Take A Chance On Me," "Waterloo" and many more. Take a trip back to the best of the '70s with this very popular ABBA tribute show. St. Patrick's Day Weekend!

**Gone Country Local Country Music Roundup** features the very best local talent performing the greatest hits of country music through the decades accompanied by a six piece fantastic live house band of professional musicians. This amazing evening of song is a fundraiser for the Friends of the Auditorium. Enjoy a night of excellent local music while supporting the performing arts in your community!

**Six Piece Band!**

**Gone Country**

**Local Country Music Roundup**  
Saturday, April 6, 2024 - 7:00 p.m.

**Hall of Fame Award-Winning!**

**Wild Angels & Handsome Devils**

**Women of Rock, Pop & Country**  
Saturday, April 13, 2024 - 7:00 p.m.

**Wild Angels - Women of Rock, Pop & Country** features Minnesota Music Hall of Fame singers Mary Jane Alm, Pamela McNeill and Aimée Lee. Hear songs by Adele, Madonna, Janis Joplin, Heart, The Dixie Chicks, Carrie Underwood, Dolly Parton, Linda Ronstadt, Cher, Stevie Nicks, tlc, Pat Benatar, Taylor Swift, Tina Turner, Miranda Lambert and many, many others. With stunning harmonies alongside a phenomenal 7 piece A-list band, "The Handsome Devils", these powerful and iconic songs will have you on your feet cheering!

**Michael Martin Murphey** is best known for his chart-topping hits "Wildfire," "Carolina In The Pines," "What's Forever For," "Long Line of Love," "Geronimo's Cadillac," "Cowboy Logic," and many more across his 35 albums released to date. The legendary Murphey's original songs have been recorded by The Monkees, Kenny Rogers, The Nitty Gritty Dirt Band, John Denver, Hoyt Axton, Johnny Cash, Tracy Byrd, Lyle Lovett, Jerry Jeff Walker, Dolly Parton, Johnny Rivers, Billy Ray Cyrus, and many others. Watch for Michael starring in the soon to be released movie "Wildfire - The Legend of the Cherokee Ghost Horse," based on his song!

**Second Show Added!**

**Michael Martin Murphey**

**Special Concerts with the Legendary Singer-Songwriter**  
Saturday, May 4, 2024 - 7:00 p.m.  
Sunday, May 5, 2024 - 3:00 p.m.

**MEMORIAL AUDITORIUM PERFORMING ARTS CENTER**

[www.friendsoftheauditorium.com](http://www.friendsoftheauditorium.com) • 714 13th St. Worthington, MN • 507-376-9101





# SOUTHWESTERN MINNESOTA OPPORTUNITY COUNCIL

## FAMILY PLANNING



Sexual & Reproductive Health Services

Supported in part by Minnesota Department of Health

### MEDICAL SERVICES

Well-Women Exams  
STI Testing and Treatment  
HIV Testing  
Pregnancy Testing  
Pap Smears  
Breast Exams  
Contraceptive Methods  
Reproductive Life Planning  
Education and Counseling  
Preconception Healthcare  
Emergency Contraception  
SAGE Provider  
Essential Community Provider

### SERVICIOS MEDICOS

Exámenes para la Mujer  
Análisis y Tratamiento para ETS  
Pruebas de VIH  
Planificación de Vida Reproductiva  
Pruebas de Embarazo  
Análisis de Papiloma Humano  
Exámenes de Senos  
Métodos Anticonceptivos  
Educación y Asesoramiento  
Cuidado de Salud Antes de la Con-  
cepción  
Anticoncepción de Emergencia  
Proveedor de SAGE  
Proveedor Fundamental en la  
Comunidad

### တၢ်ကူဆါအကျဲတဖၣ်

နီၣ်မိကူၢ်ဂီၢ်တၢ်မၤကူၢ်တဖၣ်  
ဆူပုၤသးစၢ်ပုၤနီၣ်ဒိၣ်သ့ၣ်တဖၣ်အဂီၢ်.  
STI တၢ်မၤကူၢ်ဒီးတၢ်ကူဆါ.  
တၢ်ကူၣ်ထီၣ်ဖးလီၤတၢ်ဆိၣ်မုၢ်လၢအိၣ်  
ထီၣ်ဒီးဟ့ၣ်သးဒီးတၢ်မၤကူၢ်ပုၤမိၢ်အ.  
တၢ်ငြိၣ်ဟ့ၣ်သး.  
Pap Smears:တၢ်မၤကူၢ်ပိၣ်မုၢ်  
အလီၤဒိၣ်ထီၣ်/ Breast Exam:  
တၢ်မၤကူၢ်န့ၢ်.  
ဟ့ၣ်ဆူၣ်မုၢ်ညါဒီးဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးတၢ်.  
တၢ်ကူၢ်ထွဲဒီးသ့ၣ်ညါဆိၣ်နီၣ်မိတၢ်ဆိၣ်  
ဆူၣ်အိၣ်ဃုာ်ဃုာ်အထီၣ်.  
ကသံၣ်ငြိၣ်ဟ့ၣ်သးလၢဂၢၢ်ဂီၢ်အအဂီၢ်.  
တၢ်ဟ့ၣ်ပိၣ်ညါဒီးပုၤတၢ်အတၢ်သ့ၣ်ညါ  
အဂီၢ်.  
ပုၤကရၢကရိတၢ်ကသံၣ်သရၣ်တဖၣ်.  
တၢ်ကရၢကရိလၢပုၤတၢ်အတၢ်လိၣ်အဂီၢ်.

### WORTHINGTON

Monday – Thursday 8-4:30  
Thursday Evening by Appt.  
Office: 507.376.4195  
Cell: 507.350.4436  
Spanish and English Cell  
909 4th Ave  
Worthington, MN 56187

### MARSHALL

Monday – Thursday 8-4:00  
Office: 507.537.1950  
Cell: 507.591.6435  
109 S 5th St. Suite 100  
Marshall, MN 56258

### REDWOOD FALLS

First Thursday of the Month by Appt.  
507.591.6435  
1100 E Broadway Street  
Redwood Falls, MN 56283  
CentraCare Broadway Building

### Clínica en Worthington

Lunes a Jueves 8:00–4:30  
Los Jueves en la tarde por cita  
Número de oficina  
507.376.4195  
Número de celular  
507.350.4436  
Celular Español e Inglés  
909 4th Ave.  
Worthington, MN 56187

### Clínica en Marshall

Lunes a Jueves 8:00–4:00  
Número de oficina  
507.537.1950  
Número de celular  
507.591.6435  
109 S 5th St. Suite 100 56258  
Marshall, MN 56258

### Clínica en Redwood Falls

Primer Jueves del mes por cita  
Número 507.591.6435  
1100 E Broadway Street  
Redwood Falls, MN 56283  
En el edificio CentraCare

### တၢ်လိၤ Worthington

ပုၤနီၣ်-ပုၤညါ 8-4:30  
ပုၤညါတၢ်သ့ၣ်ထီၣ်ပုၤနီၣ်ဖးသီ  
Office: 1.507.376.4195  
Cell: 1.507.350.4436  
Spanish and English Cell  
909 4th Ave  
Worthington, MN 56187

### Marshall

ပုၤနီၣ်-ပုၤညါ 8-4:00  
Office: 1.507.537.1950  
Cell: 1.507.591.6435  
109 S 5th Suite 100 56258

### Redwood Falls

ပုၤညါအဆိကတၢ်တၢ်နီၣ်လၢတၢ်အတၢ်လိၤ  
သ့ၣ်ထီၣ်ပုၤနီၣ်ဖးသီအဂီၢ်.  
1.507.591.6435  
1100 E Broadway Street  
Broadway Building CentraCare  
(မုၢ်လိၣ်ဘၣ်ဂီၢ်အတၢ်မၤတၢ်)  
ပုၤနီၣ်-ပုၤညါ  
ပဲတၢ်လိၤတၢ်ပုၤလၢသးကိၣ်ဘၣ်  
1.800.658.2444



OFFICES LOCATED IN WORTHINGTON  
MARSHALL • REDWOOD FALLS  
WWW.SMOC.US





## PROVIDER SCHEDULE

CALL FOR AN APPOINTMENT  
MARSHALL 507-537-1950 CELL: 507-591-6435  
WORTHINGTON 800-658-2444 OR 507-376-4195 CELL: 507-350-4436

FEBRUARY 1	MARSHALL
FEBRUARY 6	WORTHINGTON
FEBRUARY 8	WORTHINGTON
FEBRUARY 15	MARSHALL
FEBRUARY 22	WORTHINGTON
FEBRUARY 26	WORTHINGTON
MARCH 1	WORTHINGTON
MARCH 5	MARSHALL
MARCH 14	WORTHINGTON
MARCH 18	WORTHINGTON
MARCH 21	MARSHALL
MARCH 25	WORTHINGTON
MARCH 28	WORTHINGTON

SMOCFAMILYPLANNING

*sistr*

## FREE ONLINE PrEP ...and STI testing too.

No needles, no doctor's office, no paperwork. Consult online with a doctor, do the required labs and full STI testing from the privacy of your home and enjoy the convenience of free monthly delivery. Medication, doctor consultation and testing at no cost to you. Yep...zero, nada, zilch.

Comienza ahora en [heysistr.com/smoc](https://heysistr.com/smoc)



SMOC Family Planning

Services in Murray,  
Nobles, Rock &  
Pipestone County



English Application

REGISTER NOW FOR OUR 2023-2024 SCHOOL YEAR

### What is Early Head Start & Head Start?

- Early Head Start (EHS) and Head Start (HS) are comprehensive early education programs for eligible children from birth to age 5 and pregnant women.
- Head Start recognizes the role of parents as their child's first and lifelong educators and engages parents as equal partners.

1077 Pleasant Ave,  
Worthington, MN 56187

## SMOC HEAD START

507-727-1759



REGÍSTRASE AHORA PARA NUESTRO AÑO ESCOLAR 2023-2024

¿Qué es Early Head Start y Head Start?

- Early Head Start (EHS) y Head Start (HS) son programas integrales de educación temprana para niños elegibles desde el nacimiento hasta los 5 años de edad y mujeres embarazadas.
- Head Start reconoce el papel de los padres como los primeros y educadores de por vida de sus hijos e involucra a los padres como socios iguales.



Spanish Application

Servicios en los  
Condados de  
Murray, Nobles,  
Rock e Pipestone

## WHAT IS IT?

THIS PROGRAM PROVIDES HOME HEATING COST AND FURNACE REPAIR ASSISTANCE FOR INCOME QUALIFIED CUSTOMERS IN PIPESTONE, MURRAY, ROCK, AND NOBLES COUNTIES.

## THIS PROGRAM IS FREE!

-INCOME ELEGIBILITY BASED ON PAST ONE MONTH GROSS INCOME

-RENTERS AND HOMEOWNERS ARE ELIGIBLE

-HELP WITH CURRENT AND PAST DUE BALANCES

# ENERGY ASSISTANCE

Let us help you pay your utility bills this winter!

Household Size	1 Month max. Income
1	\$2,722
2	\$3,559
3	\$4,397
4	\$5,235
5	\$6,072
6	\$6,910
7	\$7,067
8	\$7,224

visit our website  
OR  
scan the QR code below  
to fill out an online  
application



507-376-4195

eap@smoc.us

www.smoc.us

1106 3rd Ave- Po Box 787  
Worthington, MN 56187



## TAX HELP

AARP Tax Volunteers will again be providing free tax counseling and electronic filing of tax returns in Worthington. Trained and certified volunteers will be working at the Center for Active Living, 211 11th Street, Worthington. Your tax appointment will be held at the Center for Active Living.



**Mondays & Thursdays**

**February 5 – April 13**

**Time: 9:00 a.m. – 11:30 a.m.**

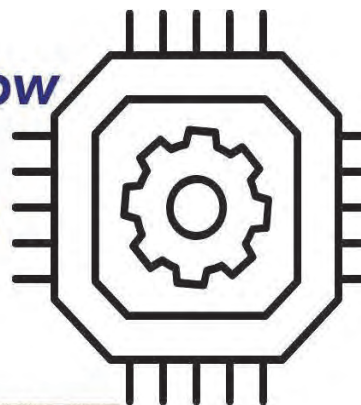
**For AARP tax program appointments and cancellations,  
call 507-295-2784. No Appointments will be made until 1/15/24**

**THERE WILL BE NO WALK-INS.**

There are no income guidelines for this program. Program is funded by AARP and encourages seniors to utilize this free service.

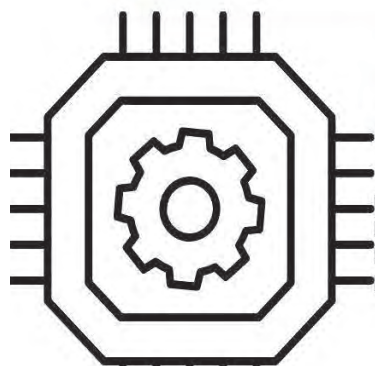


**Do you or someone you know  
interested in a  
maintenance scholarship  
opportunity?**



JBS is offering scholarships to individuals interested in pursuing an education & career in Maintenance with JBS. This 3 semester degree and hands-on training program starts August 2024 and includes:

- Basic Hydraulics & Pneumatics
- Electrical & Programmable Logic Controls
- Computer Aided Design
- Fluid Power Calculations
- Prepares students for entry-level technician positions of industrial manufacturing and maintenance



FOR MORE INFORMATION OR TO APPLY CONTACT:  
IZTLACIHUATL RAMIREZ  
PHONE: 507-372-6305  
EMAIL: IZTLACIHUATL.RAMIREZVAZQUEZ@JBSSA.COM





## BETTER FUTURES PROGRAM

### DID YOU KNOW...

JBS USA and Pilgrim's are providing team members and their dependents the opportunity to pursue their higher education dreams for Associates Degrees and Trade Certificates tuition free.

### SABIAS QUE...

JBS USA y Pilgrim's están brindando a los miembros del equipo y sus dependientes la oportunidad de perseguir sus sueños de recibir educación superior para obtener títulos técnicos y diplomas profesionales sin costo de matrícula.

#### WHO'S ELIGIBLE

Team members or child dependents (under 26) of team members who:

- Are in good standing
- Have been employed by the Company for the preceding six months
- Have a base salary that does not exceed \$130,000 per year

#### QUIEN ES ELEGIBLE

Miembros del equipo o hijos dependientes (menores de 26 años) de los miembros del equipo que:

- están al día
- han sido empleados de la Compañía durante los seis meses anteriores
- Tener un salario base que no exceda los \$130,000 por año

#### CONTACT INFORMATION:

507-372-6318

[betterfutures@jbssa.com](mailto:betterfutures@jbssa.com)

#### PROCESS

- Complete the Sign-Up Form on the Better Futures website: [betterfutures.jbssa.com](http://betterfutures.jbssa.com)
- Review the list of approved schools – select a local partner school or the Rio Salado College online option
- Complete the Free Application For Federal Student Aid (FAFSA) – <http://studentaid.gov/h/apply-for-aid/fafsa>
- Apply to the college of your choice on the college's admissions website

#### PROCESO

- Complete el formulario de registro en el sitio web de Better Futures: [betterfutures.jbssa.com](http://betterfutures.jbssa.com).
- Revise la lista de escuelas aprobadas: seleccione una escuela asociada local o la opción en línea de Rio Salado College
- Complete la Solicitud Gratuita de Ayuda Federal para Estudiantes (FAFSA) - [www.fafsa.gov](http://www.fafsa.gov)
- Postúlese a la universidad de su elección en el sitio web de admisiones de la universidad

#### LEARN MORE AT:

[betterfutures.jbssa.com](http://betterfutures.jbssa.com)

*\*Better Futures information available in Arabic, Burmese, French, Somali, and Spanish*



# The Center for Active Living

WE ARE A VIBRANT COMMUNITY CENTER FOR THOSE 50+

## Pickleball



**Piano nights**



**Speakers**

*Old enough to retire,  
but young enough to enjoy it!*



**JOIN OUR COMMUNITY OF STRONG AND  
COMPETITIVE LIFELONG LEARNERS!**



## Technology sessions



**Group fitness**



**Bicycles**



211 - 11th St \* Worthington \* 376-6457

[jill@centerforactiveliving.com](mailto:jill@centerforactiveliving.com)

# COMMUNITY/ SENIOR SERVICES



## RSVP Bone Builders

Trained volunteers lead light weight training exercises that help in protecting against fractures caused by osteoporosis by increasing muscular strength and bone density. Class can help prevent and reverse bone loss, helps to improve balance, enhances energy and well-being, increases socialization, and provides health information. No reservation needed – come and join the fun!

For time and location in Reading, Adrian, Rushmore or Round Lake, please call A.C.E. of SWMN/Nobles Co. Coordinator Joanne Bartosh at 507-295-5262.

## Worthington Senior Dining

Senior Dining ph#: 507-376-9718

Dining site: Center for Active Living

211 11th Street, Worthington

Senior Dining offers a good, healthy meal!

- Meals delivered daily (weekend meals available)
- Congregate dining Monday – Friday: 11:30 a.m.

Ages 60+ \$5.00 - suggested donation per meal

Under age 60 \$8.75 suggested donation per meal

Accepts SNAP benefits.

Call to reserve your meal by noon the day before.

VOLUNTEERS NEEDED FOR MEAL DELIVERY!

## Manna Food Pantry

Mon., Wed., Fri. 11:00 a.m. - 2:00 p.m.

Volunteers needed for distributions.

Westminster Presbyterian Church, 230 Clary Street  
507-329-1951 or mannafoodpantry1@yahoo.com

## Important Information for Seniors/Boomers

Nobles County Community Services  
(Family Services and Public Health)  
507-295-5213

Nobles County Veterans Service Officer  
507-295-5292

A.C.E. of SW MN, Nobles County  
507-295-5262

## Active Older Adult Programming

Worthington Area YMCA, 1501 College Way  
507-376-6197

Silver Sneakers Exercise programming and membership...YOU may qualify for FREE membership at the Y! Come check it out.

ForeverWell Strength Circuit & Balance every Tuesday and Thursday at 10 a.m. Free to members

Aquanastics Monday, Wednesday, Friday at 8 a.m. Cost is \$25 for members, \$50 for non-members.

Group Cycling Exercise Programs for all ages and abilities... Come join the fun for the HEALTH of it! Mondays & Fridays, 5:40 a.m. Free to members.

## Mobile Meals of Worthington

Monday - Friday Meals delivered after 11:00 a.m.

If you are in need of good, healthy meals to be delivered to your home, contact Judy Alm at 372-2350. Meals are prepared for the noon meal and delivered Monday through Friday. Cost is \$5 per meal per day. Call and get on the list.

## Worthington Christian Church Food Shelf

Tuesday 3 p.m. to 6 p.m.

Thursday 1 p.m. to 5 p.m.

Friday 1 p.m. to 3 p.m.

First Sunday of each month 4 p.m. to 6 p.m.

Contact: LeAnn Thiner 507-376-5921

## 2024 March Campaign

The 2024 March Campaign will run February 26th to April 6th. Area residents can send monetary donations to local food shelves.

The March Campaign is a statewide initiative and the largest grassroots food and fund drive in the state. It brings together organizations, businesses, faith communities, and individuals to help stock and support the capacity of nearly 300 food shelves in Minnesota.

To date, GMCC's Minnestoa FoodShare has distributed over \$18.5 million dollars via the FoodFund. 100% of donations designated to Minnesota Foodshare during the March Campaign go into the FoodFund and are distributed to participating food shelves.

Senior Linkage Line®  
1-800-333-2433

MN Online Resources  
[www.minnesotahelp.info](http://www.minnesotahelp.info)

## Nobles County Senior Advisory Committee

Meets 4th Thursday of each month via Zoom at 11 a.m. Anyone is welcome to join us, and we encourage people over 55 to participate. Please contact Joanne Bartosh at 507-295-5262 to get on the notification list with further information.



# Spring 2024

## February

February 22, 2024	7:30 p.m.	HS Musical, Catch Me If You Can, Memorial Auditorium
February 23, 2024	7:30 p.m.	HS Musical, Catch Me If You Can, Memorial Auditorium
February 24, 2024	7:30 p.m.	HS Musical, Catch Me If You Can, Memorial Auditorium
February 25, 2024	2:30 p.m.	HS Musical, Catch Me If You Can, Memorial Auditorium
February 26, 2024	5:30 p.m.	Art Club, Nobles County Art Center
February 28, 2024		MS Band & Choir, Festival of Music in Brandon, SD

## March

March 1 – 29, 2024	5:30 p.m.	District 518 Student Art Show, Nobles County Art Center
March 16, 2024	7:00 p.m.	ABBA <sup>absolutely</sup> Fab: Tribute to the Music of ABBA, Memorial Auditorium
March 20, 2024		IMS Celebration Chorus & 5th Grade Band Concert, IMS
March 22, 2024	7:00 p.m.	HS/MS Jazz Night, Memorial Auditorium
March 25, 2024	5:30 p.m.	Art Club, Nobles County Art Center

## April

April 6, 2024	7:00 p.m.	Gone Country: Local Country Music Roundup, Memorial Auditorium
April 7, 2024	2:30 p.m.	Open Reception of the 64th Annual Area Art Show, Nobles County Art Center
April 8, 2024		HS Trojan Jazz 2AA Jazz Festival, Shakopee, MN
April 13, 2024	7:00 p.m.	Wild Angels & Handsome Devils: The Women of Rock, Pop & Country, Memorial Auditorium
April 19, 2024	7:00 p.m.	IMS/MS/HS Band Bash, HS Gym
April 22, 2024	5:30 p.m.	Art Club, Nobles County Art Center
April 27, 2024	7:00 p.m.	Prom, WHS

## May

May (Weekdays)	12:00 p.m.	64th Annual Area Art Show, Nobles County Art Center
May 2, 2024	7:00 p.m.	MS Choir Concert, Memorial Auditorium
May 3, 2024	7:00 p.m.	HS Spring Sing, Memorial Auditorium
May 5, 2024	3:00 p.m.	Michael Martin Murphey: An Afternoon of Stories & Songs, Memorial Auditorium
May 7, 2024	7:00 p.m.	Gr. 4 & 5 Orchestra Concert, IMS
May 10, 2024	7:00 p.m.	MS Orchestra Concert, Memorial Auditorium
May 17, 2024	7:00 p.m.	HS Orchestra Concert, HS
May 20, 2024	5:30 p.m.	Art Club, Nobles County Art Center
May 29, 2024		Baccalaureate
May 30, 2024	6:00 p.m.	LC Graduation, LC Gym
May 31, 2024	6:00 p.m.	HS Graduation, HS Gym

# STUDIO 3

WGTN-TV (Studio 3) facilitates awareness, encourages involvement and promotes student and community participation through locally originated cable television. Studio 3 works for and is governed by the City of Worthington and District 518 Schools.

We have been working towards getting ready for our future. Cable television continues to make changes, and we know that some do not have cable in their homes any longer. We have 2 YouTube Channels that will have our Worthington and District 518 events on – concerts, Trojan soccer, football, volleyball, basketball and more. We will be doing less Facebook Live events and more live YouTube events for the coming school year. This is how to find us:



Community Feature Stories  
Trojan News  
District 518 Features  
School Features  
Worthington City Council Meetings  
District 518 School Board Meetings  
Focus Forward – Chamber Highlights  
Special School Events  
Nobles Co. Historical Society  
Trojan Sports  
Worthington Music – WASO, City Band  
District 518 Music Programs  
Church Services

**Webpage: [wgtntv3.isd518.net](http://wgtntv3.isd518.net)**



**Facebook: Search for WGTN-TV3**



**Phone Number: 507.727.1158**



**Email: [Studio3@isd518.net](mailto:Studio3@isd518.net)**



**@worthingtonisd518events**

**We will be using the YouTube Channel for all live events - Homecoming, Graduation, Prom, Music Concerts, and more.**

**We will have Trojan Volleyball, Football, Soccer (b/g), Wrestling, and Basketball (b/g) games live on our YouTube channel as the game is happening. The recorded game will stay on the page for 24 - 48 hours and then deleted. Once the respective sports season has concluded, they will be re-added. We will have all archived broadcasts available after that point for your viewing.**

Trojan News  
School Features  
Prairie Elementary & Intermediate  
School Concerts  
WMS & WHS Concerts  
Special School Events  
Trojan Sports

**Webpage: [wgtntv3.isd518.net](http://wgtntv3.isd518.net)**



**Facebook: Search for WGTN-TV3**



**Phone Number: 507.727.1158**



**Email: [Studio3@isd518.net](mailto:Studio3@isd518.net)**





Our students have started the mandated testing components that will remain a focus for many of our teachers and students throughout the next few months. These tests provide important information in understanding where the student's knowledge of reading, math, language skills, and science.

The EDGE (Enrichment Directed towards Gaining and Extending knowledge) after school program for students in grades kindergarten through 8th grade has helped our students work on their math and reading skills. EDGE also helps with social and emotional skill building for students that need that additional guidance. Currently, this year Prairie Elementary (K – gr. 2) has 142 students, the Intermediate School (gr. 3 – 5) has 43 students, and 99 students at WMS. This number might increase after parent teacher conferences, testing, or a student is having frustrations in the classroom as the year progresses. EDGE is offered after school and during summer school for District 518 students.

The availability of credit recovery and night school has been beneficial to many of our high school students from WHS and the Learning Center. We currently have approximately 200 WHS/LC students taking night school at the Learning Center to earn credit recovery towards earning their high school diploma. Our VIBE (Virtual Instruction by Excellence), an online program, currently has 645 students participating in classes from home. These programs will help in working with students to keep them on track in the classroom and towards graduation.

The school year has quickly flown by this year, and we are anticipating the arrival of spring. Our construction projects continue to move along, and we are getting ready for the additional project at WMS to start this spring and summer. We will be completing the parking lot updates that were started last summer and will be working on the main front parking lot of the building. West Learning Center started the long-awaited demolition process on January 31, 2024.



District 518 staff has worked hard this year on many fronts to provide innovative teaching lessons, assignments, and projects for our students. We appreciate their efforts to adapt and be flexible in working on many levels to keep kids learning and doing well in the classroom.

- John Landgaard  
Worthington School District 518 Superintendent

## DISTRICT 518 SCHOOLS FOR THE 2023-2024 YEAR

**DISTRICT 518 COMMUNITY EDUCATION** - Preschool

**PRAIRIE ELEMENTARY SCHOOL** -

Kindergarten – Grade 2 and Early Childhood Special Education

**INTERMEDIATE SCHOOL** - Grades 3 – 5

**WORTHINGTON MIDDLE SCHOOL** - Grades 6 – 8

**WORTHINGTON HIGH SCHOOL** - Grades 9 – 12

**LEARNING CENTER**- Grades 7 – 12

**VIBE** - Virtual Instruction by Excellence – Online

**EDUCATIONAL EXCELLENCE FOR ALL LEARNERS TO BE  
SUCCESSFUL CITIZENS IN THE FUTURE**

We are a growing school district with many different options for each student enrolled to access. Accepting registrations and enrollments throughout the year for students interested in receiving their education with District 518. For more information [www.isd518.net](http://www.isd518.net).





### DISTRICT OFFICE

Phone: 507-372-2172  
Fax: 507-372-2174  
[www.isd518.net](http://www.isd518.net)

### PRAIRIE ELEMENTARY

Phone: 507-727-1250  
Fax: 507-727-1255  
[www.isd518.net/pe](http://www.isd518.net/pe)

### INTERMEDIATE SCHOOL

Phone: 507.727.1275  
Fax: 507.727.1176  
[www.isd518.net/schools/is](http://www.isd518.net/schools/is)

### WORTHINGTON MIDDLE SCHOOL

Phone: 507-376-4174  
Fax: 507-372-1424  
[www.isd518.net/ms](http://www.isd518.net/ms)

### WORTHINGTON HIGH SCHOOL

Phone: 507-376-6121  
Fax: 507-372-4304  
[www.isd518.net/hs](http://www.isd518.net/hs)

### LEARNING CENTER

Phone: 507-372-1322  
Fax: 507-372-1361  
[www.isd518.net/lc](http://www.isd518.net/lc)

### COMMUNITY EDUCATION

Phone: 507-376-6105  
Fax: 507-376-6703  
[www.isd518.net/commed](http://www.isd518.net/commed)

### SPECIAL EDUCATION

Phone: 507-372-2983  
Fax: 507-372-2980

### DEPT. OF TEACHING & LEARNING

Phone: 507-727-1247

### ISD 518 SOCIAL MEDIA



[www.facebook.com/ISD518](http://www.facebook.com/ISD518)



[www.instagram.com/worthingtonisd518](http://www.instagram.com/worthingtonisd518)

## K-12 REGISTRATIONS

### Community Education 827 N Crailsheim Rd

Documents needed to register a new student:

- Birth certificate
- Immunization records
- Power of attorney (if applicable)
- Information from previous school (if transferring)

For more information or to schedule an appointment, please call 507-376-6105. You can text or email Adry at 507-370-3682 or [adry.stafford@isd518.net](mailto:adry.stafford@isd518.net)



**WORTHINGTON**  
DISTRICT 518

## INSCRIPCIONES Kinder a 12°

### Community Education 827 N Crailsheim Rd

Documentos necesarios:

- Acta de nacimiento
- Registro de vacunas
- Carta de poder legal (si aplica)
- Información de la escuela anterior (si vienen de otra escuela)

Si necesitan más información o agendar una cita, pueden llamar al 507-376-6105. Mensaje de texto o correo electrónico a Adry al 507-370-3682 o [adry.stafford@isd518.net](mailto:adry.stafford@isd518.net)



**WORTHINGTON**  
DISTRICT 518



THE WORTHINGTON PROM  
COMMITTEE INVITES YOU TO A

# *A Night Under the Stars*

**SATURDAY,  
APRIL 27TH  
7:00 P.M.**

**HIGH SCHOOL GYM**

## **WMS Choirs Spring Concert**

Thursday, May 2nd  
7:00 pm  
Memorial Auditorium

## **WMS Grade 6-8 Orchestra Concert**

Friday, May 10th  
7:00 pm  
Memorial Auditorium



INTERMEDIATE, WMS & WHS  
BAND BASH

FRIDAY, APRIL 19TH  
7:00 P.M. • WHS

WHS SPRING SING CONCERT  
FRIDAY, MAY 3RD  
7:00 P.M. • MEMORIAL AUDITORIUM

WHS ORCHESTRA CONCERT  
FRIDAY, MAY 17TH  
7:00 P.M. • WHS



# **CLASS OF 2024 GRADUATION**

**WORTHINGTON LEARNING CENTER**  
Thursday, May 30th • 6:00 PM

**WORTHINGTON HIGH SCHOOL**  
Friday, May 31st • 6:00 PM

## KINDERGARTEN REGISTRATION IS NOW OPEN AT PRAIRIE ELEMENTARY

Forms were mailed to families  
in early February.  
If you didn't receive a registration form,  
please call the school at  
(507)727-1250 and we will get one to you!

Students must be 5 by September 1  
to be able to enroll in Kindergarten

Drop off your completed forms  
at the Prairie Office,  
or mail forms to:  
Prairie Elementary School  
1700 1st Ave. SW  
Worthington MN 56187



**WORTHINGTON**  
PRAIRIE ELEMENTARY

Inviting all  
incoming kindergarteners  
and parents to:

## KINDERGARTEN ROUND-UP

**Monday, March 18, 2024**

Choose an Open House session to attend:

11:00 a.m. - 12:30 p.m.

5:30 p.m. - 7:00 p.m.

\*Please bring your registration forms  
with you to round-up

**Prairie Elementary School**  
1700 1st Ave SW \* Worthington



**WORTHINGTON**  
PRAIRIE ELEMENTARY

## YA ESTÁN ABIERTAS LAS INSCRIPCIONES PARA EL KINDERGARTEN EN LA ESCUELA PRAIRIE

A principios de Febrero se  
enviaron los formularios a las familias.  
Si no recibieron los formularios para  
inscripción, por favor llamen  
a la escuela al (507)727-1250,  
y se los enviaremos!

Los estudiantes deben haber cumplido  
los 5 años antes del 1 de Septiembre  
para poder inscribirse en Kindergarten

Entreguen sus formularios llenos  
en la oficina de la escuela Prairie  
o envíenlos por correo a la dirección:  
Prairie Elementary School  
1700 1st Ave. SW  
Worthington MN 56187



**WORTHINGTON**  
PRAIRIE ELEMENTARY

Invitando a los  
próximos estudiantes  
de Kindergarten  
y sus padres:

## VISITA INFORMATIVA DE KINDERGARTEN

**Lunes 18 de Marzo, 2024**

"Puertas abiertas"

Escojan una sesión para asistir:

11:00 a.m. - 12:30 p.m.

5:30 p.m. - 7:00 p.m.

\*Por favor traigan los formularios  
de inscripción a la visita

**Prairie Elementary School**  
1700 1st Ave SW \* Worthington



**WORTHINGTON**  
PRAIRIE ELEMENTARY



# BREAKING LANGUAGE BARRIERS:

## HOW TALKINGPOINTS STRENGTHENS FAMILY-SCHOOL COMMUNICATION

Written by Sue Hagen, Multilingual Learner Coordinator, and Ashley Haken, Technology Integrationist

While classroom instruction is vital, effective communication with parents and guardians can significantly contribute to student success. Within District 518, thirty-seven different languages are spoken in our students' homes. District 518 strives to keep families involved and informed regarding their child's education. To successfully navigate multilingual communication, district staff began using TalkingPoints this past September. This is a program designed to specifically enhance the communication between educators and families.

Talking Points is a two-way, multilingual family engagement platform. Teachers send messages to parents in English. The message is received as a text message on the parent's phone in their home language. The parent can respond back to the teacher in their home language and the message is translated seamlessly into English for the teacher. Messages can be translated into 140+ languages using a combination of artificial intelligence and human translation. Short videos, photos, and documents can also be sent through these messages.

Parents have the option to download the TalkingPoints for Families app from their phone's app store or wait to receive a text message from District 518 staff. Parents who choose to use the app to receive messages will not receive text messages. Using the app to receive messages has a few advantages including: the ability to read-aloud the message in the parent's home language and to organize their family's messages.

Staff and families in ISD 518 have welcomed the program. To date, there have been 49,964 messages sent between staff and parents/guardians. Research shows that parent engagement with schools is closely linked to better student behavior and attendance, higher academic achievement, and enhanced social skills. The more parents and teachers share relevant information with each other about a student, the better equipped both will be to help that student achieve academically.

## Using Talking Points to Communicate with Families



Educators message families with Talking Points web or mobile app.



Families receive text message in their home languages.



Communicate with families in 20+ languages.

# ROMPIENDO LAS BARRERAS LINGÜÍSTICAS:

## CÓMO TALKINGPOINTS FORTALECE LA COMUNICACIÓN ENTRE LA FAMILIA Y LA ESCUELA

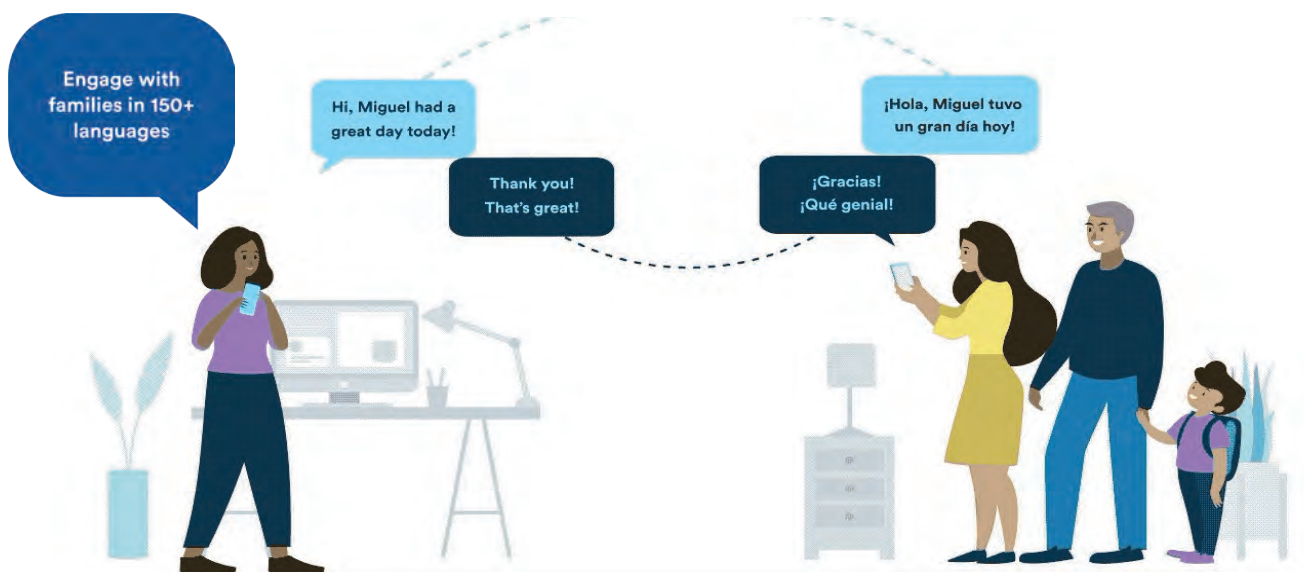
Escrito por Sue Hagen, coordinadora de estudiantes multilingües, y Ashley Haken, integracionista tecnológica

Si bien la instrucción en el aula es vital, la comunicación efectiva con los padres y tutores puede contribuir significativamente al éxito de los estudiantes. Dentro del Distrito 518, se hablan treinta y siete (37) idiomas diferentes en los hogares de nuestros estudiantes. El Distrito 518 se esfuerza por mantener a las familias activas e informadas con respecto a la educación de sus hijos. Para navegar la comunicación multilingüe con éxito, el pasado mes de septiembre el personal del distrito comenzó a utilizar TalkingPoints. Este es un programa diseñado específicamente para mejorar la comunicación entre los educadores y las familias.

TalkingPoints es una plataforma de participación familiar bidireccional y multilingüe. Los maestros envían mensajes a los padres en inglés. El mensaje se recibe como un mensaje de texto en el teléfono de los padres en su idioma natal. El padre puede responder al maestro en su idioma natal y el mensaje se traduce al inglés, sin interrupción para el maestro. Los mensajes se pueden traducir a 140+ idiomas utilizando una combinación de inteligencia artificial y traducción humana. También se pueden enviar videos cortos, fotos y documentos a través de estos mensajes.

Los padres tienen la opción de descargar la aplicación TalkingPoints for Families desde la tienda de aplicaciones de su teléfono o esperar recibir un mensaje de texto del personal del Distrito 518. Los padres que elijan usar la aplicación para recibir mensajes no recibirán mensajes de texto. El uso de la aplicación para recibir mensajes tiene algunas ventajas, entre ellas: la capacidad de leer en voz alta el mensaje en el idioma de los padres y organizar los mensajes de su familia.

El personal y las familias de ISD 518 han recibido con gusto el programa. Hasta la fecha, se han enviado 49,964 mensajes entre el personal, padres y tutores. Las investigaciones muestran que la participación de los padres con las escuelas está estrechamente relacionado con un mejor comportamiento y mejor asistencia, un mayor rendimiento académico y mejores habilidades sociales de los estudiantes. Cuantos más padres y maestros compartan información relevante entre sí sobre un estudiante, mejor equipados estarán ambos para ayudar a ese estudiante a tener éxito académico.





*"Excellence in Action"*

# COME & JOIN

## THE DISTRICT 518 STAFF!

# WORTHINGTON

## DISTRICT 518

### DISTRICT 518

#### COMMUNITY EDUCATION

ABE, Daytime in Worthington (Part Time)

Cultural Liaison

#### PRAIRIE ELEMENTARY

Elementary Music Teacher

#### INTERMEDIATE SCHOOL

Upper Elementary Special Education Teacher

#### WORTHINGTON MIDDLE SCHOOL

Coach, MS Softball

Coach, MS Volleyball

Coach, MS Baseball

Paraprofessional Class II

Special Education Teacher

Spanish Interpreter/Translator

Targeted Services/EDGE WMS Educational Asst.

Teacher Interventionist

### WORTHINGTON HIGH SCHOOL

Coach, Asst. Varsity Football

Coach, Asst. Boys Golf

Paraprofessional Class II (2 positions)

Teacher Math (Grades 9 - 12)

Teacher High School Science (2 positions)

### DISTRICT 518

School Psychologist

Speech Language Pathologists (2 positions)

Special Education Assessment Team

On-Call Interpreters for Tigrinya, Anuak,

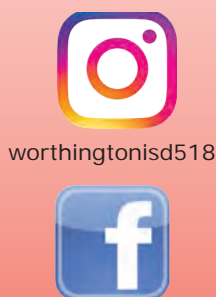
Mam, Karen and Burmese



Potential for additional job openings.

Please check our webpage for updates as they are received.

[WWW.ISD518.NET/DISTRICT/EMPLOYMENT](http://WWW.ISD518.NET/DISTRICT/EMPLOYMENT)



# 4 Easy Ways To Register

## 1. MAIL-IN:



Checks payable to  
District 518 Community Education  
827 N. Crailsheim Road  
Worthington, MN 56187  
Send registration form & payment.

## 2. PHONE-IN:



Have a catalog handy!  
Call (507) 376-6105  
Monday - Thursday, 8:00 a.m. - 5:00 p.m.  
Friday, 8:00 a.m. - 4:30 p.m.  
You may use your credit, debit card or  
e-check to pay.

## 3. DROP-OFF:



District 518 Community Education Office  
827 N. Crailsheim Road  
Monday - Thursday, 8:00 a.m. to 5:00 p.m.  
Friday, 8:00 a.m. - 4:30 p.m.

## 4. ONLINE:



You may register & pay via our website:  
[www.isd518.net/enrichment](http://www.isd518.net/enrichment)

## REGISTER ON TIME TO SAVE MONEY

Persons interested in enrolling in a Community Education class may register by these four easy methods. Most programs have limited enrollment and are filled on a first-paid, first-served basis. Registrants may miss the first session of a class, but must be registered before the second session is held in order to participate in the class. *Payment Policy: Payment must accompany registration to ensure enrollment in a class. Registrations without payment will be put on hold until payment is received. Registrations/ payments received the date the class begins will be charged an additional \$5 processing fee. All walk-ins and late registrations will be charged the \$5 processing fee. Participants are strongly encouraged to register early. If you have questions, please contact the Community Education office.*

Each class has a minimum required enrollment. If this minimum is not met one week prior to a class starting, the class will be canceled and enrollment fees returned.

## CONFIRMATION

Once your fee is paid you are officially registered. Plan to attend the first session as scheduled. You will be notified only if the class is canceled.

## ENROLLMENT CANCELLATION

Please notify the Community Education office during office hours at 376-6105 prior to the start of a class to cancel from a class and request a refund.

## INCLEMENT WEATHER

Weather related changes will be announced on 730 AM and US95 by 4:00 p.m. on the day of the class.

## UCARE DISCOUNTS

A UCare discount of \$15 per class is available. Please ask about this program!

### District 518 Community Education

827 N. Crailsheim Road  
Worthington, MN 56187  
(507) 376-6105



#### REGISTRATION FORM

Class Name \_\_\_\_\_ Class # \_\_\_\_\_

Fee \_\_\_\_\_ Start Date \_\_\_\_\_ Level \_\_\_\_\_

Class Name \_\_\_\_\_ Class # \_\_\_\_\_

Fee \_\_\_\_\_ Start Date \_\_\_\_\_ Level \_\_\_\_\_

UCare ID # \_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

E-mail: \_\_\_\_\_

Check(s) Enclosed ☐ Mastercard ☐ Visa ☐ Discover ☐

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

FOR YOUTH Classes ONLY

Parent's Name \_\_\_\_\_

Student's Grade \_\_\_\_\_

### District 518 Community Education

827 N. Crailsheim Road  
Worthington, MN 56187  
(507) 376-6105



#### REGISTRATION FORM

Class Name \_\_\_\_\_ Class # \_\_\_\_\_

Fee \_\_\_\_\_ Start Date \_\_\_\_\_ Level \_\_\_\_\_

Class Name \_\_\_\_\_ Class # \_\_\_\_\_

Fee \_\_\_\_\_ Start Date \_\_\_\_\_ Level \_\_\_\_\_

UCare ID # \_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

E-mail: \_\_\_\_\_

Check(s) Enclosed ☐ Mastercard ☐ Visa ☐ Discover ☐

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

FOR YOUTH Classes ONLY

Parent's Name \_\_\_\_\_

Student's Grade \_\_\_\_\_





# Classics & Pops

**in Collaboration with CANTUS**  
**TUESDAY, MAY 21, 2024 • 7:30 P.M.**



## Memorial Auditorium

714 13TH STREET WORTHINGTON, MN 507-376-9101

**ADULTS - \$15 • STUDENTS - \$5**



This activity is made possible by the voters of Minnesota through a grant from the SW MN Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

---

# Helping Hand Pregnancy Center

**FREE PREGNANCY TESTING & OPTIONS COUNSELING**

## Pregnancy & Parenting Topics

- Healthy and complicated pregnancy
- Childbirth education
- Infant growth, development and concerns
- Healthy relationships and boundaries
- Management of anger, time and money
- Discipline Training for parents of infants
  - Love & Logic
  - 1-2-3 Magic
- Emotional Support
  - Incentives for your efforts (diapers, baby clothes & items)



**910 3rd Avenue • Worthington, MN**  
**507-372-2111**

# Community Education

827 N. Crailsheim Road • Worthington, MN • 507-376-6105

Adult Basic Education • Family & Community Liaisons  
Early Childhood Family Education • Enrichment Programs  
Nobles County Integration Collaborative



## Office Hours

Monday - Thursday 8:00 a.m. - 5:00 p.m.

Friday 8:00 a.m. - 4:30 p.m.

FIND US ONLINE

[www.isd518.net/community/community-education](http://www.isd518.net/community/community-education) • [www.facebook.com/wgtnce](https://www.facebook.com/wgtnce)