

Menu Name:	K-5 Lunch Menu	Include Cost:	No
Site:	All Sites		
Use Alternate Menu Name:	No		

Monday - 08/25/2025

Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000544 Mini Corn Dogs	serving	800	240	24.00
000479 Chef Salad	Serving	50	420	41.64
001188 Yogurt/String Cheese	6 oz/1oz/1slice	50	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	900	89	22.83
000702 Green Beans, Frozen	1/2 Cup	750	19	4.00
000324 Bread & Butter	1 SLICE	500	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			293	42.03
% of Calories				57.4%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 08/26/2025

Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000670 Taco, Soft Shell	2 oz	850	402	24.35
000479 Chef Salad	Serving	25	420	41.64

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	25	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83
000587 Refried Beans	1/2 Cup	650	140	25.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			415	47.68
% of Calories				46.0%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 08/27/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000805 Pizza Stick (Cheese)	servings	800	455	43.75
000479 Chef Salad	Serving	50	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	50	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83
000704 Carrots, Frozen	1/2 cup	950	27	6.00
000324 Bread & Butter	1 SLICE	200	117	15.00

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			421	56.32
% of Calories				53.5%
Weekly Nutrient Guideline			550 - 650	

Thursday - 08/28/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
000571 Chicken Gravy & Potato	1/2 cup/1/2 cup	1000	289	29.23
000479 Chef Salad	Serving	25	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	75	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1150	89	22.83
000657 Peas, Frozen, Green	1/2 cup	900	62	11.41
001150 Dinner Roll	Roll	1100	110	20.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			463	70.97
% of Calories				61.3%
Weekly Nutrient Guideline			550 - 650	

Friday - 08/29/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001112 NO SCHOOL				
Weighted Daily Average			0	0.00
% of Calories				0%
Weekly Nutrient Guideline			550 - 650	

Monday - 09/01/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001112 NO SCHOOL				
Weighted Daily Average			0	0.00
% of Calories				0%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 09/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990101 Buffalo Chicken Nachos	Serving	1	458	40.84
000552 Goulash	1 cup	1	403	43.60
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String	4	1	300	46.00

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Portion Values

Aug 25, 2025 thru Oct 3, 2025

Cheese Prairie	oz/1oz/2slice			
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000704 Carrots, Frozen	1/2 cup	1	27	6.00
000324 Bread & Butter	1 SLICE	1	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1924	230.72
% of Calories				48.0%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 09/03/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000687 Chicken Tater Bowl	servings	1	385	37.20
000758 Mr. Rib - Hot Dog Bun	Sandwiches	1	347	44.54
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000271 CORN: frozen, yellow	1/2 CUP	1	66	15.83
001150 Dinner Roll	Roll	1	110	20.00

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1828	242.83
% of Calories				53.1%
Weekly Nutrient Guideline			550 - 650	

Thursday - 09/04/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
000299 Fiestada Pizza	slice	1	377	43.65
000807 Chicken Ranch Wrap	Wrap	1	301	26.54
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000702 Green Beans, Frozen	1/2 Cup	1	19	4.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1616	199.46
% of Calories				49.4%
Weekly Nutrient Guideline			550 - 650	

Friday - 09/05/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990102 Chicken Teriyaki Street Taco	Serving	1	256	42.52
000696 Club Wrap	Wrap	1	284	25.13
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00
990106 Asian Coleslaw	Serving	1	65	11.88
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1550	209.81
% of Calories				54.1%
Weekly Nutrient Guideline			550 - 650	

Monday - 09/08/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990103 Tostadas	Serving	1	350	24.90
000666 Chicken Sandwich, Breaded	Sandwich	1	440	46.00
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00

Base Menu Spreadsheet

Portion Values

Aug 25, 2025 thru Oct 3, 2025

000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000702 Green Beans, Frozen	1/2 Cup	1	19	4.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1729	200.18
% of Calories				46.3%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 09/09/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000570 Walking Taco	Servings	1	431	32.72
000737 Hot Ham & Cheese	Sandwiches	1	297	32.50
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000587 Refried Beans	1/2 Cup	1	140	25.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1787	215.49
% of Calories				48.2%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 09/10/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000562 Popcorn Chicken	12 piece	1	252	15.32
000608 Pizza Hot Dish	1 cup	1	312	20.20
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00
000324 Bread & Butter	1 SLICE	1	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1626	180.80
% of Calories				44.5%
Weekly Nutrient Guideline			550 - 650	

Thursday - 09/11/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000688 Chicken & Noodles ISD 518	1 Cup	1	178	17.03
000448 Meatloaf	3 OZ.	1	170	10.00
000479 Chef Salad	Serving	1	420	41.64

Portion Values

Aug 25, 2025 thru Oct 3, 2025

000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000578 Mashed Potatoes	1/2 cup	1	84	17.11
001150 Dinner Roll	Roll	1	110	20.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1461	189.42
% of Calories				51.9%
Weekly Nutrient Guideline			550 - 650	

Friday - 09/12/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000654 Cheese Quesadilla	slice	1	330	40.00
001036 Tater Tot Hot Dish	4 oz	1	244	15.12
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000704 Carrots, Frozen	1/2 cup	1	27	6.00
000324 Bread & Butter	1 SLICE	1	117	15.00

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1638	201.40
% of Calories				49.2%
Weekly Nutrient Guideline			550 - 650	

Monday - 09/15/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000517 Chicken Nuggets - Tyson	5 pieces	1	220	12.00
000676 Macaroni and Cheese	3/4 cup	1	335	28.00
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
001011 Baked Beans	1/2 CUP	1	151	24.90
000324 Bread & Butter	1 SLICE	1	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1742	205.17
% of Calories				47.1%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 09/16/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001033 Chili	3/4 Cup	1	185	15.37
000466 Ham Stacker	Sandwiches	1	285	33.66
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000704 Carrots, Frozen	1/2 cup	1	27	6.00
000465 Cinnamon Roll Lunch	1.25 oz	1	238	38.40
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1654	218.71
% of Calories				52.9%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 09/17/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990104 Bosco Stick w/Marinara	1 Each	1	355	42.12
000555 Corn Dog:turkey	each	1	250	30.00
000479 Chef Salad	Serving	1	420	41.64

Base Menu Spreadsheet

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Portion Values

Aug 25, 2025 thru Oct 3, 2025

000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1551	202.39
% of Calories				52.2%
Weekly Nutrient Guideline			550 - 650	

Thursday - 09/18/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001019 Spag/Meat Sauce	4 oz	1	276	40.89
000079 Grilled Chicken Sandwich	Sandwich	1	270	30.00
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000702 Green Beans, Frozen	1/2 Cup	1	19	4.00
000045 Bread Stick	Bread Stick	1	110	17.00

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1595	217.16
% of Calories				54.5%
Weekly Nutrient Guideline			550 - 650	

Friday - 09/19/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)
000655 Crispy Chicken Leg	Piece	1	190	5.00
000664 Turkey Sub	Sandwich	1	325	42.67
000479 Chef Salad	Serving	1	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	1	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83
000017 Mashed Potato/Country Gravy	1/2 CUP/1/4 CUP	1	132	26.08
000271 CORN: frozen, yellow	1/2 CUP	1	66	15.83
001150 Dinner Roll	Roll	1	110	20.00

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			1743	234.85
% of Calories				53.9%
Weekly Nutrient Guideline			550 - 650	

Monday - 09/22/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000149 Cheeseburger on Bun	EACH	1000	345	34.00
001066 Chili Dog	sandwich	200	401	35.76
000479 Chef Salad	Serving	25	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	75	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83
000704 Carrots, Frozen	1/2 cup	850	27	6.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			439	56.60
% of Calories				51.6%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 09/23/2025 Reimbursable Meal Total 1300

Base Menu Spreadsheet

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000166 Nachos with Beef	Servings	1150	470	32.36
000585 Turkey Wrap	wraps	50	230	23.57
000479 Chef Salad	Serving	25	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	75	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83
000702 Green Beans, Frozen	1/2 Cup	950	19	4.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			539	55.24
% of Calories				41.0%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 09/24/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001172 Chicken Strips	3 Strips	1100	190	11.00
001014 BBQ on Bun	Sandwich	100	359	35.87
000479 Chef Salad	Serving	25	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	75	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1125	89	22.83

Portion Values

Aug 25, 2025 thru Oct 3, 2025

001011 Baked Beans	1/2 CUP	750	151	24.90
000324 Bread & Butter	1 SLICE	850	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			454	59.46
% of Calories				52.4%
Weekly Nutrient Guideline			550 - 650	

Thursday - 09/25/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000528 Pizza (Smart) Cheese	4x6	1100	290	34.00
005023 Chicken Fajitas	Fajita	125	316	25.03
000479 Chef Salad	Serving	10	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	65	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	900	89	22.83
000657 Peas, Frozen, Green	1/2 cup	750	62	11.41
000324 Bread & Butter	1 SLICE	120	117	15.00

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			402	57.58
% of Calories				57.3%
Weekly Nutrient Guideline			550 - 650	

Friday - 09/26/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000852 Chicken and Waffles	Servings	1000	520	72.00
990057 Pork Sandwich	Servings	200	398	30.00
000479 Chef Salad	Serving	25	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	75	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1050	89	22.83
000701 Broccoli, Frozen	1/2 Cup	900	26	5.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			577	85.37
% of Calories				59.2%
Weekly Nutrient Guideline			550 - 650	

Monday - 09/29/2025 Reimbursable Meal Total 1300

Base Menu Spreadsheet

ISD 518

Portion Values

Aug 25, 2025 thru Oct 3, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000508 Chicken Quesadilla	Serving	900	280	38.00
001159 Taco Burger	Servings	350	486	33.27
000479 Chef Salad	Serving	15	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	35	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83
000704 Carrots, Frozen	1/2 cup	800	27	6.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			430	60.00
% of Calories				55.8%
Weekly Nutrient Guideline			550 - 650	

Tuesday - 09/30/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000922 Chicken Bacon Ranch Pizza	SLICES	800	373	37.15
001116 Club Sandwich	Sandwich	350	312	34.01
000479 Chef Salad	Serving	15	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	35	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83

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Portion Values

Aug 25, 2025 thru Oct 3, 2025

000701 Broccoli, Frozen	1/2 Cup	875	26	5.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			412	54.67
% of Calories				53.1%
Weekly Nutrient Guideline			550 - 650	

Wednesday - 10/01/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990105 Chili Cheese Crispito	1 each	1000	334	24.12
000499 Grilled Cheese Sandwich	Sandwich	250	407	34.05
000479 Chef Salad	Serving	15	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	35	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1025	89	22.83
000702 Green Beans, Frozen	1/2 Cup	825	19	4.00
000324 Bread & Butter	1 SLICE	600	117	15.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			485	54.29
% of Calories				44.8%
Weekly Nutrient Guideline			550 - 650	

Thursday - 10/02/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990055 Chicken Fried Fingers	Serving	1175	300	19.00
001017 Sub Sandwich	Sandwich	75	430	47.00
000479 Chef Salad	Serving	15	420	41.64
000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	35	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1075	89	22.83
000017 Mashed Potato/Country Gravy	1/2 CUP/1/4 CUP	950	132	26.08
001150 Dinner Roll	Roll	950	110	20.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			560	74.17
% of Calories				53.0%
Weekly Nutrient Guideline			550 - 650	

Friday - 10/03/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000614 Hot Dog on Bun	Sandwich	650	339	30.99
000865 Hamburger Pizza, Round	Slice	600	303	32.51
000479 Chef Salad	Serving	15	420	41.64

Portion Values

Aug 25, 2025 thru Oct 3, 2025

000745 Yogurt/String Cheese Prairie	4 oz/1oz/2slice	35	300	46.00
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83
000667 Baked Beans	1/2 cup	950	140	30.00
990107 Milk	1 each	1	110	14.80
Weighted Daily Average			493	71.72
% of Calories				58.2%
Weekly Nutrient Guideline			550 - 650	

		Cals ¹ (kcal)	Carb (g)
Weighted Averages		1065	135.52
% of Calories			50.9%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.