

Menu Name:	K-5 Lunch Menu	Include Cost:	Yes
Site:	All Sites		
Use Alternate Menu Name:	No		

Monday - 11/03/2025

Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000149 Cheeseburger on Bun	EACH	900	345	34.00	\$0.000
001066 Chili Dog	sandwich	400	401	35.76	\$0.506
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1050	89	22.83	\$0.000
000704 Carrots, Frozen	1/2 cup	950	27	6.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			569	75.54	\$0.156
% of Calories				53.1%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 11/04/2025

Reimbursable Meal Total 1300

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000166 Nachos with Beef	Servings	1200	470	32.36	\$0.170
000585 Turkey Wrap	wraps	100	230	23.57	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83	\$0.000
000702 Green Beans, Frozen	1/2 Cup	975	19	4.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			656	72.18	\$0.157
% of Calories				44.0%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 11/05/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
001172 Chicken Strips	3 Strips	1100	190	11.00	\$0.000
001014 BBQ on Bun	Sandwich	150	359	35.87	\$0.037
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000927 Fruit & Veggie Bar	1.25 cup	1125	89	22.83	\$0.000
001011 Baked Beans	1/2 CUP	900	151	24.90	\$0.000
000324 Bread & Butter	1 SLICE	1000	117	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			588	80.16	\$0.004
% of Calories				54.5%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 11/06/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000528 Pizza (Smart) Cheese	4x6	1050	290	34.00	\$0.000
005023 Chicken Fajitas	Fajita	200	316	25.03	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1150	89	22.83	\$0.000
000657 Peas, Frozen, Green	1/2 cup	1000	62	11.41	\$0.000
000324 Bread & Butter	1 SLICE	300	117	15.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			551	81.93	\$0.000
% of Calories				59.5%	
Weekly Nutrient Guideline			550 - 650		

Friday - 11/07/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000852 Chicken and Waffles	Servings	1150	520	72.00	\$0.407
990057 Pork Sandwich	Servings	200	398	30.00	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1075	89	22.83	\$0.000
000701 Broccoli, Frozen	1/2 Cup	1000	26	5.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00	\$0.000
Weighted Daily Average			653	96.06	\$0.360
% of Calories				58.8%	
Weekly Nutrient Guideline			550 - 650		

Monday - 11/10/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000508 Chicken Quesadilla	Serving	850	280	38.00	\$0.000
001159 Taco Burger	Servings	400	486	33.27	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83	\$0.000
000704 Carrots, Frozen	1/2 cup	950	27	6.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			543	76.97	\$0.000
% of Calories				56.7%	
Weekly Nutrient Guideline			550 - 650		

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

Tuesday - 11/11/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000922 Chicken Bacon Ranch Pizza	SLICES	1050	373	37.15	\$0.000
001116 Club Sandwich	Sandwich	150	312	34.01	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83	\$0.000
000701 Broccoli, Frozen	1/2 Cup	975	26	5.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			540	73.42	\$0.000
% of Calories				54.4%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 11/12/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990105 Chili Cheese Crispito	1 each	1100	378	26.18	\$1.161
000499 Grilled Cheese Sandwich	Sandwich	250	407	34.05	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1075	89	22.83	\$0.000
000702 Green Beans, Frozen	1/2 Cup	900	19	4.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			600	68.53	\$0.982
% of Calories				45.7%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 11/13/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990055 Chicken Fried Fingers	Serving	1150	300	19.00	\$0.977
001017 Sub Sandwich	Sandwich	100	430	47.00	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83	\$0.000
000017 Mashed Potato/Country Gravy	1/2 CUP/1/4 CUP	1025	132	26.08	\$0.000

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
001150 Dinner Roll	Roll	1000	110	20.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			678	93.87	\$0.864
% of Calories				55.4%	
Weekly Nutrient Guideline			550 - 650		

Friday - 11/14/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000614 Hot Dog on Bun	Sandwich	500	339	30.99	\$0.000
000865 Hamburger Pizza, Round	Slice	750	303	32.51	\$0.079
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1100	89	22.83	\$0.000
001011 Baked Beans	1/2 CUP	800	151	24.90	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000

Base Menu Spreadsheet

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Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			588	83.50	\$0.046
% of Calories				56.8%	
Weekly Nutrient Guideline			550 - 650		

Monday - 11/17/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000544 Mini Corn Dogs	serving	750	240	24.00	\$0.000
001037 Lasagna	4 oz	500	634	52.19	\$0.000
000479 Chef Salad	Serving	30	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	20	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1050	89	22.83	\$0.000
000702 Green Beans, Frozen	1/2 Cup	750	19	4.00	\$0.000
000324 Bread & Butter	1 SLICE	350	117	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			613	76.84	\$0.000
% of Calories				50.1%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 11/18/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000670 Taco, Soft Shell	2 oz	850	402	24.35	\$0.000
000589 BBQ Chicken Pizza	SLICES	400	339	41.45	\$0.028
000479 Chef Salad	Serving	10	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	40	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1050	89	22.83	\$0.000
000587 Refried Beans	1/2 Cup	875	140	25.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			647	82.14	\$0.009
% of Calories				50.8%	
Weekly Nutrient Guideline			550 - 650		

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

Wednesday - 11/19/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000805 Pizza Stick (Cheese)	servings	1050	455	43.75	\$0.000
000691 Beef Enchilada	Enchilada	200	398	34.01	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1200	89	22.83	\$0.000
000704 Carrots, Frozen	1/2 cup	900	27	6.00	\$0.000
000324 Bread & Butter	1 SLICE	850	117	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	250	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	950	110	19.00	\$0.000
Weighted Daily Average			721	93.52	\$0.000
% of Calories				51.9%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 11/20/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001187 Turkey Gravy	1/2 cup	1000	249	9.12	\$0.000

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000479 Chef Salad	Serving	35	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	15	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	900	89	22.83	\$0.000
000578 Mashed Potatoes	1/2 cup	1	84	17.11	\$0.000
000271 CORN: frozen, yellow	1/2 CUP	1	66	15.83	\$0.000
000746 Dinner Roll - HS	2 Rolls	1000	220	40.00	\$0.000
001064 Pumpkin Pie	Serving	1	117	22.77	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			539	71.75	\$0.000
% of Calories				53.2%	
Weekly Nutrient Guideline			550 - 650		

Friday - 11/21/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000848 Pizza, Stuffed Crust Pepperoni	Slice	950	336	29.00	\$0.000
001111 Meatball Sub. Prairie	Sandwich	250	416	42.29	\$0.000
000479 Chef Salad	Serving	25	420	41.64	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001188 Yogurt/String Cheese	6 oz/1oz/1slice	75	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1150	89	22.83	\$0.000
000701 Broccoli, Frozen	1/2 Cup	850	26	5.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	300	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	900	110	19.00	\$0.000
000915 No School Intermediate	serving	1	*N/A*	*N/A*	\$0.000
Weighted Daily Average			549	72.17	\$0.000
% of Calories				52.6%	
Weekly Nutrient Guideline			550 - 650		

Monday - 11/24/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990096 Totchos	1 Serving	950	297	17.29	\$0.000
000668 Hot Hawaiian Sandwich	Sandwich	200	312	34.48	\$0.000
000479 Chef Salad	Serving	15	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	35	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1050	89	22.83	\$0.000
000667 Baked Beans	1/2 cup	1175	140	30.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			578	81.68	\$0.000
% of Calories				56.5%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 11/25/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
990101 Buffalo Chicken Nachos	Serving	1000	478	40.84	\$0.000
000552 Goulash	1 cup	250	403	43.60	\$0.000
000479 Chef Salad	Serving	10	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	15	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1000	89	22.83	\$0.000
000704 Carrots, Frozen	1/2 cup	975	27	6.00	\$0.000
000324 Bread & Butter	1 SLICE	650	117	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	200	110	12.00	\$0.000

Base Menu Spreadsheet

ISD 518

Portion Values

Nov 1, 2025 thru Nov 28, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
990042 Milk, Chocolate Fat Free	8 oz	1000	110	19.00	\$0.000
Weighted Daily Average			701	86.68	\$0.000
% of Calories				49.5%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 11/26/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals¹ (kcal)	Carb (g)	Cost
000614 Hot Dog on Bun	Sandwich	1	339	30.99	\$0.000
000479 Chef Salad	Serving	1	420	41.64	\$0.000
001188 Yogurt/String Cheese	6 oz/1oz/1slice	1	300	46.00	\$0.000
000927 Fruit & Veggie Bar	1.25 cup	1	89	22.83	\$0.000
000271 CORN: frozen, yellow	1/2 CUP	1	66	15.83	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
990042 Milk, Chocolate Fat Free	8 oz	1	110	19.00	\$0.000
Weighted Daily Average			1	0.14	\$0.000
% of Calories				56.0%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 11/27/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

Friday - 11/28/2025 Reimbursable Meal Total 1300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

		Cals ¹ (kcal)	Carb (g)	Cost
Weighted Averages		573	75.95	\$0.143
% of Calories			53.0%	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.