

# Base Menu Spreadsheet

ISD 518

## Portion Values

Apr 27, 2026 thru May 29, 2026

**Menu Name:** District Breakfast **Include Cost:** No  
**Site:**  
**Use Alternate Menu Name:** No

**Monday - 04/27/2026** **Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000712 Pancakes	Pancake	150	140	26.00
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000064 Apple	APPLE	150	95	25.10
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			357	68.03
% of Calories				76.2%
Weekly Nutrient Guideline			450 - 500	

**Tuesday - 04/28/2026** **Reimbursable Meal Total 300**

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## Portion Values

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Breakfast Pizza	slices	175	223	26.07
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000871 Orange	Orange	150	69	18.00
000830 Toast	Slice	195	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	75	110	19.00
Weighted Daily Average			387	63.60
% of Calories				65.7%
Weekly Nutrient Guideline			450 - 500	

**Wednesday - 04/29/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000847 Breakfast Bowl	Bowls	140	300	20.00
000709 Cereal	Servings	110	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00

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000844 Banana	Banana	175	89	22.80
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			428	64.63
% of Calories				60.4%
Weekly Nutrient Guideline			450 - 500	

Thursday - 04/30/2026

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000665 Yogurt Parfait	serving	175	380	81.27
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00
000351 Fruit Juice	1/2 Cup	225	60	15.00
000422 Grapes	1/2 CUP	250	31	7.89
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			485	96.46
% of Calories				79.6%
Weekly Nutrient Guideline			450 - 500	

**Friday - 05/01/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990095 Fruity French Toast	1 each	150	242	42.11
000709 Cereal	Servings	125	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000637 Kiwi	Serving	200	84	20.20
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			419	77.66
% of Calories				74.1%
Weekly Nutrient Guideline			450 - 500	

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**Monday - 05/04/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990097 Chicken and Biscuit	Serving	100	330	33.00
000709 Cereal	Servings	150	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000064 Apple	APPLE	175	95	25.10
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			424	71.94
% of Calories				67.9%
Weekly Nutrient Guideline			450 - 500	

**Tuesday - 05/05/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Breakfast Pizza	slices	175	223	26.07
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00

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000351 Fruit Juice	1/2 Cup	200	60	15.00
000871 Orange	Orange	150	69	18.00
000830 Toast	Slice	195	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	75	110	19.00
Weighted Daily Average			387	63.60
% of Calories				65.7%
Weekly Nutrient Guideline			450 - 500	

**Wednesday - 05/06/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000923 Overnight Oats	Serving	175	228	43.58
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000844 Banana	Banana	175	89	22.80
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			418	79.95
% of Calories				76.5%
Weekly Nutrient Guideline			450 - 500	

**Thursday - 05/07/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000457 French Toast Sticks	3 Sticks	200	255	33.00
000709 Cereal	Servings	75	113	22.93
000463 Yogurt Light 6 oz	6 oz	25	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000422 Grapes	1/2 CUP	200	31	7.89
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			414	66.58
% of Calories				64.3%
Weekly Nutrient Guideline			450 - 500	

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**Friday - 05/08/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000925 Cheesy Breakfast Bake	Servings	150	212	11.69
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000637 Kiwi	Serving	175	84	20.20
000830 Toast	Slice	200	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	125	110	19.00
Weighted Daily Average			404	61.69
% of Calories				61.1%
Weekly Nutrient Guideline			450 - 500	

**Monday - 05/11/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000926 Egg, Sausage & Hashbrown	Servings	175	240	15.00
000709 Cereal	Servings	75	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00

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000351 Fruit Juice	1/2 Cup	200	60	15.00
000064 Apple	APPLE	175	95	25.10
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			419	62.71
% of Calories				59.9%
Weekly Nutrient Guideline			450 - 500	

**Tuesday - 05/12/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Breakfast Pizza	slices	170	223	26.07
000709 Cereal	Servings	100	113	22.93
000463 Yogurt Light 6 oz	6 oz	30	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000871 Orange	Orange	200	69	18.00
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00

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## Portion Values

Apr 27, 2026 thru May 29, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			400	67.00
% of Calories				67.0%
Weekly Nutrient Guideline			450 - 500	

**Wednesday - 05/13/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000607 Breakfast Bites	3 Pieces	175	190	19.00
000709 Cereal	Servings	50	113	22.93
000463 Yogurt Light 6 oz	6 oz	75	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000844 Banana	Banana	200	89	22.80
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			391	64.94
% of Calories				66.4%
Weekly Nutrient Guideline			450 - 500	

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**Thursday - 05/14/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000854 Breakfast Nachos	Servings	140	248	25.17
000709 Cereal	Servings	110	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00
000351 Fruit Juice	1/2 Cup	200	60	15.00
000422 Grapes	1/2 CUP	200	31	7.89
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			373	59.00
% of Calories				63.3%
Weekly Nutrient Guideline			450 - 500	

**Friday - 05/15/2026**

**Reimbursable Meal Total 300**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000675 Banana Bread	Slice	125	280	44.00
000709 Cereal	Servings	125	113	22.93
000463 Yogurt Light 6 oz	6 oz	50	80	15.00

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000351 Fruit Juice	1/2 Cup	200	60	15.00
000637 Kiwi	Serving	175	84	20.20
000830 Toast	Slice	175	86	15.00
990041 Milk, White 1% Low Fat	8 oz	150	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	100	110	19.00
Weighted Daily Average			408	73.26
% of Calories				71.8%
Weekly Nutrient Guideline			450 - 500	

**Monday - 05/18/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000457 French Toast Sticks	3 Sticks	800	255	33.00
000709 Cereal	Servings	300	113	22.93
000463 Yogurt Light 6 oz	6 oz	300	80	15.00
000351 Fruit Juice	1/2 Cup	1325	60	15.00
000064 Apple	APPLE	1000	95	25.10
000830 Toast	Slice	1250	86	15.00
990041 Milk, White 1% Low Fat	8 oz	500	110	12.00

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## Portion Values

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Milk, Chocolate Fat Free	8 oz	800	110	19.00
Weighted Daily Average			490	87.65
% of Calories				71.6%
Weekly Nutrient Guideline			450 - 500	

**Tuesday - 05/19/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Breakfast Pizza	slices	1000	223	26.07
000709 Cereal	Servings	200	113	22.93
000463 Yogurt Light 6 oz	6 oz	200	80	15.00
000351 Fruit Juice	1/2 Cup	1000	60	15.00
000871 Orange	Orange	950	69	18.00
000830 Toast	Slice	1250	86	15.00
990041 Milk, White 1% Low Fat	8 oz	400	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	800	110	19.00
Weighted Daily Average			448	74.65
% of Calories				66.7%
Weekly Nutrient Guideline			450 - 500	

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Portion Values

Apr 27, 2026 thru May 29, 2026

**Wednesday - 05/20/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000359 Waffles	2 Waffles	800	250	36.00
000709 Cereal	Servings	300	113	22.93
000463 Yogurt Light 6 oz	6 oz	300	80	15.00
000351 Fruit Juice	1/2 Cup	1250	60	15.00
000844 Banana	Banana	1175	89	22.80
000830 Toast	Slice	1225	86	15.00
990041 Milk, White 1% Low Fat	8 oz	500	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	700	110	19.00
Weighted Daily Average			482	88.14
% of Calories				73.1%
Weekly Nutrient Guideline			450 - 500	

**Thursday - 05/21/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000879 Scrambled Eggs/Pancakes	Servings	700	160	15.00
000709 Cereal	Servings	350	113	22.93
000463 Yogurt Light 6 oz	6 oz	350	80	15.00

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000351 Fruit Juice	1/2 Cup	1250	60	15.00
000422 Grapes	1/2 CUP	1200	31	7.89
000830 Toast	Slice	1225	86	15.00
990041 Milk, White 1% Low Fat	8 oz	500	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	700	110	19.00
Weighted Daily Average			377	64.05
% of Calories				68.0%
Weekly Nutrient Guideline			450 - 500	

**Friday - 05/22/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000659 Donut	Donut	800	280	30.00
000709 Cereal	Servings	250	113	22.93
000463 Yogurt Light 6 oz	6 oz	350	80	15.00
000351 Fruit Juice	1/2 Cup	1250	60	15.00
000637 Kiwi	Serving	1000	84	20.20
000830 Toast	Slice	1225	86	15.00
990041 Milk, White 1% Low Fat	8 oz	600	110	12.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990042 Milk, Chocolate Fat Free	8 oz	600	110	19.00
Weighted Daily Average			483	79.22
% of Calories				65.6%
Weekly Nutrient Guideline			450 - 500	

**Monday - 05/25/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
001112 NO SCHOOL				
Weighted Daily Average			0	0.00
% of Calories				0%
Weekly Nutrient Guideline			450 - 500	

**Tuesday - 05/26/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Breakfast Pizza	slices	750	223	26.07
000709 Cereal	Servings	300	113	22.93
000463 Yogurt Light 6 oz	6 oz	350	80	15.00
000351 Fruit Juice	1/2 Cup	1250	60	15.00

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000871 Orange	Orange	1000	69	18.00
000830 Toast	Slice	1100	86	15.00
990041 Milk, White 1% Low Fat	8 oz	550	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	550	110	19.00
Weighted Daily Average			420	72.84
% of Calories				69.4%
Weekly Nutrient Guideline			450 - 500	

**Wednesday - 05/27/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990115 Banana Split Parfait	1 Each	1	364	75.77
000709 Cereal	Servings	300	113	22.93
000463 Yogurt Light 6 oz	6 oz	300	80	15.00
000351 Fruit Juice	1/2 Cup	1275	60	15.00
000830 Toast	Slice	1100	86	15.00
000844 Banana	Banana	800	89	22.80
990042 Milk, Chocolate Fat Free	8 oz	600	110	19.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
990041 Milk, White 1% Low Fat	8 oz	600	110	12.00
Weighted Daily Average			309	59.94
% of Calories				77.6%
Weekly Nutrient Guideline			450 - 500	

**Thursday - 05/28/2026**

**Reimbursable Meal Total 1400**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000579 Omelet	Omelet	750	110	1.00
000709 Cereal	Servings	300	113	22.93
000463 Yogurt Light 6 oz	6 oz	350	80	15.00
000351 Fruit Juice	1/2 Cup	1275	60	15.00
000422 Grapes	1/2 CUP	1100	31	7.89
000830 Toast	Slice	1100	86	15.00
990041 Milk, White 1% Low Fat	8 oz	700	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	500	110	19.00
Weighted Daily Average			344	53.63
% of Calories				62.4%
Weekly Nutrient Guideline			450 - 500	

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Friday - 05/29/2026

Reimbursable Meal Total 1400

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000857 Ham, Egg, Cheese Biscuit	Sandwich	500	368	33.50
000709 Cereal	Servings	450	113	22.93
000463 Yogurt Light 6 oz	6 oz	450	80	15.00
000351 Fruit Juice	1/2 Cup	1275	60	15.00
000637 Kiwi	Serving	1000	84	20.20
000830 Toast	Slice	1000	86	15.00
990041 Milk, White 1% Low Fat	8 oz	700	110	12.00
990042 Milk, Chocolate Fat Free	8 oz	500	110	19.00
Weighted Daily Average			464	75.75
% of Calories				65.3%
Weekly Nutrient Guideline			450 - 500	

	Cals <sup>1</sup> (kcal)	Carb (g)
Weighted Averages	414	70.70
% of Calories		68.3%

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*Added Sugars target is informational only, with an effective date of July 1, 2027.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**